



IDENTIFY - IGNITE - INNOVATE



IPSA

MANTHAN

2022

## About the Cover Page

"As  
the soul ignites  
with passion, the mind  
innovates, and thus we strive to find our  
identity" These were the initial thoughts that  
inspired to conceptualize this cover art.

What is "ignition" if not "the fire that dwells within"  
our core that gives us a reason to chase for a better  
tomorrow.

When our "innovative" minds meet the "technological  
hands" of today, they together open up portals of  
possibilities.

The portals of possibilities to different  
"identities", identities that will give us a  
sense of  
purpose.

# Vision IPSA

## IPS

Academy aims to be a world-class global university, dedicated to creation, application, dissemination of knowledge, skills, spirit of competitive excellence, building up a generation of global citizens & value driven professionals for the corporate world.

मुझे

गर्व है कि

ईश्वर ने मुझे एक अध्यापक का जीवन दिया । मुझे जीवन भर ज्ञान एवं सादगी में भरोसा रहा । प्रयास करता रहा कि अपने समाज एवं संस्था से जुड़े बच्चों में संस्कार, सरलता, सादगी एवं वैज्ञानिक ढंग से सोच विचार की जिज्ञासा जागृत हो । अपने से मेरी मान्यता है कि अच्छे मानसिक विकास के लिए शारीरिक स्वस्थता सबसे आवश्यक पहलू है । बच्चों का सर्वांगीण विकास करें, तन्मयता से । अगर संभव हो तो शैक्षणिक संस्थायें प्रमुख त्यौहारों को छोड़ अवकाश की प्रथा समाप्त करने का प्रयास करें ।

: स्वर्गीय :

प्रोफेसर **तेजसिंह चौधरी**

## Journey of IPSA At A Glance

IPS group of institutions is proud to complete 30 years of its successful existence. A tiny sapling planted in 1987 in the form of a small school with a handful of teachers and a few hundred students has now grown into a huge banyan tree spread over 4 towns & cities with 6 schools, 16 colleges, 600+ faculty members, 71 courses & 11000+ students; boasts of a unique marvelous infrastructure, spread over 60 acres of lush green terrain. IPS Academy has made an indelible mark on the present education scenario becoming a pioneer & trendsetter. It has become a celebrated brand name in professional education & carved a unique identity as a center of excellence in the entire country.

Under the visionary leadership of its President Ar. Achal Choudhary, an alumnus of IIT Kharagpur, the Academy has grown leaps and bounds. The various institutes, housed in separate aesthetically designed buildings, have state of art infrastructure with well designed classrooms, laboratories, libraries and qualified, skilled and experienced faculty members. Other facilities include transportation through a fleet of 30 buses, a huge mess where nutritious and delicious food is served to 1000 students at a time, well equipped dispensary with resident doctors and nurses, modern cafeteria and above all excellent sports facilities which include all indoor and outdoor games swimming, rifle shooting, horse riding etc. At IPS Academy it has become an endeavor to provide education to students, which leads to multifaceted development of their innate talent, intellectual and physical capabilities and overall personality and imbibe cultural and national spirit, to make students responsible global citizens and conscientious human beings. Theory sessions are suitably supplemented with practical and field experience so that the students can adapt themselves to face the challenges of globalized competition and raise up to the expectations of the corporate world. Continuous and rigorous training and development regime hone the communication, leadership and entrepreneurship skills of the students, ensuring creation of quality job offers as well as promising entrepreneurs. The presence of IPS Alumni in every nook and corner of the globe bears testimony to our triumph. Our next step is to establish a global university where Indian spirituality, ethics and values meet western science and technology and usher into a new dawn for humanity.

1. IPS IES (Institute of Engineering And Science), is the only autonomous private engineering college of Central India that has been accredited by NBA (National Board Of Accreditation).
2. IPS IBMR (Institute of Business Management and Research), is the only private college of M.P. to be placed amongst top 100 Business Schools of the country by MHRD (Ministry Of Human Resources And Development) and has been awarded A++ by NAAC.
3. IPS ISR, Department of Physics is authorized by Bhabha Atomic Research Center for the preparation of laboratory grade radioactive sources.
4. A 14" Celestron telescope enabled with computerized and automatic tracking facilities is mounted at the top of the Institute's building to study about the Space.
5. IPS IES, Department of Fire And Safety Engineering is one of the rarest engineering colleges in the country to offer a 4 years degree course and students have been placed for a package of 40 lakh+.
6. Edusat – a RGPV – ISRO satellite education facility is available at IPS Academy.
7. Foucault Pendulum designed and fabricated in the workshop is fully functional at the institute.
8. Our sports persons Chess Grandmaster Mr. Akshat Khamparia and shooter Mr. Amit Pilonia have won laurels at international level.
9. IPS, Departments of Architecture, Commerce, Fine Arts, Physics and others have not only given 100% results but produced university toppers consistently.
10. The Institute's weather forecast center is widely known for its accurate and informative forecast of weather.
11. The Engineering College has a facility for liquefaction of air and nitrogen for cryogenic purposes.

The Academy has been providing career guidance and counseling to the students so as to enable them to choose the right course since its inception. For this purpose a team of highly qualified and experienced career counselors is engaged throughout the year in career related activities which include visits to major cities and towns of the country for on the spot counseling, career fairs, contests etc.





Late. Shri Tej Singh Choudhary



Late. Shri Rajmal Porwal



Ar. Achal K. Choudhary  
President



Mrs. K. Choudhary  
Secretary



Mr. Yogendra Jain  
Vice President



Mrs. Urmila Jain  
Joint Secretary



IPSA  
Management  
Committee



Mr. Rajesh Chaudhary



Mrs. Sangita Chaudhary



Ms. Shikha Chaudhary



Ms. Neer Chaudhary



Ms. Nidhi Jain



Mr. Nishit Jain



Ar. Shaan Chaudhary

# Manthan Advisory Team

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**Dr. Rupali Chaturvedi**

### CO-ADVISOR

**Dr. Barkha Agarwal**

### CO-ADVISOR

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**Ms. Sheetal Sharma**  
IFT

# Students' Editorial Board



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GRESIKA



SIMRAN SANDHU



AMISHA TEGE



SUBRATO MUKHERJEE



From Editorial Desk

**“TAMSOMA JYOTIRGAMAY”**

*‘From darkness , lead me to the light’*

***Brihardaranyaka Upnishad***

Life is a continuous journey from darkness towards light, from ignorance to knowledge. In this Journey we pass through several stages from Ignorance to Awareness and then to Learning and Mastery .This completes one cycle of learning. In the first stage an individual remains ignorant about all those things, s/he is not competent in. In the second stage of awareness s/he becomes aware of this ignorance and makes a move to learn and gradually with consistent efforts gains mastery over those skills set. This is the most important point in the journey of everyone. Life is not to be complacent of one's achievements at this stage but to enter into a new cycle of learning. With these words, we are so happy to present this issue of College magazine 'MANTHAN 2022' to all the readers.

*Happy Reading  
& Best Wishes*



## President's Message



**Ar. Achal K Choudhary**  
President - IPS Group of Institutions

Present age is an age of information explosion. The required information about anything is just a few searches away; Copy pasting this easily accessed information, many a time gives a pseudo sense of achievement. But in my opinion, real achievement is to sieve through the available information, identify the spark that this available information ignite in you and then invest your time in related research and resultant innovation. This should be the real purpose and essence of education.

Education needs inspiration, not just information. Only inspired human being can transform their own lives and lives around them.

My best wishes to Students, Faculty Members and Team Manthan.

Be Happy & Spread Happiness

**“BE AN INNOVATOR, NOT AN IMITATOR.” - AUDREY CARBALLO**

# IPSA Wisdom Uvaach

Our vision is to become the leading and the most elite professional Hotel Management Institute of Central India and we are well on our way.



**Mr. Jitendra Kumar Gupta**  
Director - IOHM

JITENDRA KUMAR GUPTA  
Director, IOHM  
INSTITUTE OF HOTEL MANAGEMENT  
AND CATERING  
11, MANAKOTA, BHOPAL-462002  
www.iohm.org

"Knowledge, skill, learning and behaviour represents real education."

IPS Academy imparts all these qualities in the young minds.


**Dr. Suresh Chand**  
Professor & Adviser

Success Mantra

By :- Dr Vishal B Soni

"In life everything happens twice  
1<sup>st</sup> in the mindset and then  
in reality."

**Dr. Vishal B. Soni**  
Director - Sanwer



"Ideas with great accuracy makes all differences"  
Education is not preparation for life Education is life itself and teachers training is a vital part of it.  
B.Ed programme : Inculcates the necessary Professional Skills and competencies in prospective teachers.  
The teachers are the architect of the future of the Nation

My Best Wishes

**Dr. Sunita Sharma**  
Principal - Education



Dr. Sunita Sharma

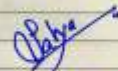
Dear Students

Thanks for giving me an opportunity to be associated with you.  
Your efforts & contribution plays an important role in shaping the future of the country.  
I wish you all the best.  
Prove yourself and lead the society.



**Dr. Archana Keerti Chowdhary**  
Principal - IES

Everyone has a unique vision of real success and that notion changes over time. Focus on enduring success by targeting achievements that are significant for the society at large and create happiness and a legacy for the future.



**Dr. Satyakam Dube**  
Director - Admissions

The twentyfirst century is marked by knowledge based and technology driven economics during globalisation, it also has become essential to make the students globally competitive and locally adaptive. The global changes in higher education scenario will continue to remain inevitable. In such an environment, knowledge sharing for students is important and has become imperative for creating a new dimensions and innovations.

*P Gupta*  
(Purnlata Gupta)

**Dr. Purnlata Gupta**  
Principal - IPSA

SUCCESS MANTRA.

Setting goals can be a great way to challenge and push yourself forward, it is important to remember that once you set a goal, you need to give it your absolute efforts and approach it with a positive mindset.

*Manita Saxena*  
Dr. (Dr.) Manita Saxena

**Dr. Manita Saxena**  
Principal - SOA

संसार में प्रथम मनुष्य किसी न किसी  
ईश्वर उदत्त प्रतिमा से सम्बन्ध होता है,  
जो वह प्रतिमा के प्रति समर्पित होने से ही  
हमें आनंद की अनुभूति होती है।  
जीवन की सबसे सुखमय निधि  
आनंद ही है।

*Amit Ganjoo*

**Sculptor Amit Ganjoo**  
Director - SOFA

Ladder of success is never  
ending, always keep on  
trying.

**Dr. Rupali Sharma**  
Principal - Law

In our wonderful journey of life ,  
we spend our most valuable years  
in our academic institution to  
develop ourself into a complete  
human.  
Complete as -  
- a good human being,  
- a knowledgeable person,  
- an honest person,  
- a successful person who can face and  
win the challenges of life.

If we sincerely follow the values given  
to us and grasp the best out of all,  
our life will give the best to us.

*Poonam Vohra*

**Mrs. Poonam Vohra**  
Director - IFT

Success Mantra for Students  
"Change your Mindset" - Your Mindset  
towards Success Wins you the day, Week,  
Month, Year and Whole Life.  
A Winning Mindset will always  
nurture positive thoughts, helps you  
plan for success and deliver your  
Sought after Result

*Rajeev Shukla*  
[RAJEEV SHUKLA]  
Director CMG

**Mr. Rajeev Shukla**  
Director - CMG



# IPSA Moulders



**Dr. A. G. Kothari**  
Advisor



**Mr. Anoop Singh**  
Dean



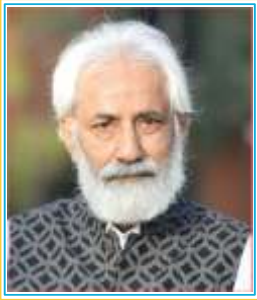
**Dr. Sanjay Nagar**  
Registrar, IPSA



**Dr. Suresh Chand**  
Advisor



**Dr. D. K. Jain**  
Director, IPSA, College of Pharmacy



**Amit Gunjoo** (Sculptor)  
Director, IPSA, SOFA



**Dr. Premlata Gupta**  
Principal, Indore Professional Studies



**Dr. V. S. Khushwaha**  
Director, IPSA, IBMR



**Dr. Archana Keerti Chowdhary,**  
Principal, IPSA Institute of Engineering



**Prof. J. K. Gupta** (Academy)  
Director, IPSA, IHM



**Dr. Manita Saxena**  
Principal, IPSA School of Architecture



**Mr. Rajeev Shukla**  
Director, IPSA, CMG



**Dr. Satyakam Dube**  
Director, IPSA, Admissions



**Ms. Poonam Vohra**  
Director, IPSA, IFT



**Dr. Nishant Dusre**  
Director, IPSA, R&D



**Dr. Sunita Sharma**  
Principal, IPSA, School of Education



**Dr. Rupali Sharma**  
Principal, IPSA, College of Law



**Dr. Nitin Dubey**  
Principal, IPSA, College of Pharmacy



**Ms. Preity Surva**  
Principal, IPSA, IFT



**Dr. V. K. Singh**  
Principal, IPSA, IHM



**Dr. S. L. Kale**  
Advisor, IPSA Sanwer



**Dr. Vishal Soni**  
Director, IPSA, IBMR, Sanwer



**Dr. Amit Saxena**  
Principal, IPSA, Jhabua



# IPSA Moulders



**Dr. Manish Pundalik**  
HOD, IPSA, School of Computers



**Dr. Vaishali Sharma**  
HOD, IPSA, College of Commerce



**Dr. C. K. Goyal**  
HOD, IPSA, BBA



**Dr. Pradeep Joshi**  
HOD, IPSA, Mathematics



**Dr. Jitendra Tripathi**  
HOD, IPSA, Physics



**Ms. Ruchi Shrivastav**  
HOD, IPSA, Chemistry



**Dr. Shalini Mathur**  
HOD, IPSA, Humanities



**Ms. Naveena Ganjoo**  
HOD, IPSA, SOFA



**Mr. Hemant Bandhav**  
HOD, IPSA, IFT



**Mr. Amin Quareshi**  
HOD, IPSA, Masscom



**Dr. Praveen Patel**  
HOD, IPSA IES, Fire & Safety



**Dr. Rajesh Kaushal**  
HOD, IPSA IES, Chemical



**Prof. Rupesh Dubey**  
HOD, IPSA IES, E&C



**Dr. Manish Sahajwani**  
HOD, IPSA IES, Elex



**Dr. Amit Chandak**  
HOD, IPSA IES, Mechanical



**Dr. Neeraj Shrivastav**  
HOD, IPSA IES, CSE



**Dr. Amit Tulsiram Sharma**  
HOD, IPSA IES, CIVIL



**Dr. Manoj Dubey**  
HOD, IPSA IES, Maths



**Dr. Rekha Dhoot**  
HOD, IPSA IES, Humanities



**Mr. H. R. Patidar**  
HOD, IPSA, BA - Travel & Tourism



**Mr. Sarang Lasurkar**  
HOD, IPSA, School of performing Arts



**Ms. Rupali Dame**  
HOD, IOHM, House Keeping



**Dr. Vijay Temley**  
HOD, IOHM, Computers



**Ms. Sapna Jojare**  
HOD, IPSA Lib. Sc.



**Dr. Gagan Prakash**  
HOD, IBMR, Sanwer

# IPSA Moulders



**Dr. Arun Mogre**  
Director, HR, IPSA



**Mr. Arvind Prowal**  
Director, IT Unit, IPSA



**Mr. Vijay Bajj**  
Manager, IPSSSL



**Mr. A. L. Hanfee**  
Dy. Registrar, IPSA



**Mr. Sundeep Gupta**  
Director, IPSA, E-Learning Cell



**Mr. Dilip Awasthi**  
CEO, IPSA, Radio



**Ms. Neha Sharma**  
HOD, IPSA, NSS/IPSSR



**Dr. Tapti Roy Yadav**  
HOD, IPSA, Wellness Center



**Ms. Sushmita Barle**  
HOD, IPSA, NCC (Girls)



**Mr. Yagnesh Pathak**  
Sports Officer, IPSA



**Mr. Daljeet Walia**  
Media Manager, IPSA



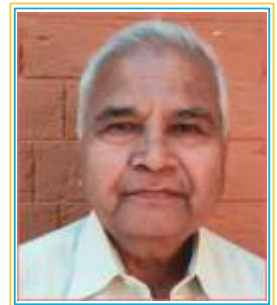
**Mr. Shailendra Porwal**  
Account Officer, IPSA



**Mr. Balwinder Singh**  
Transport In Charge, IPSA



**Mr. Vikas Saxena**  
Administrator, IPSA Jhabua



**Mr. Salil Mohan Kanungo**  
Purchase In charge, IPSA



**Mr. Hitendra Singh Rana**  
Chief Security Officer, IPSA



**Mr. Pushpdant Jain**  
Electronic System In charge



**Mr. Sharad Dubey**  
Store In charge



**Ms. Preeti Matkar**  
Receptionist





Criteria	Weightage (%)	Composite Weighted Score (0-100)	Composite Weighted Score (0-100) / 100
I. Curriculum Review	10%	84	8.4
II. Teaching Learning and Evaluation	30%	114	3.8
III. Research, Innovation and Extension	10%	52	5.2
IV. Infrastructure and Learning Resources	10%	60	6.0
V. Student Support and Progression	10%	60	6.0
VI. Governance, Leadership & Management	10%	54	5.4
VII. International Values and Best Practices	10%	50	5.0
<b>Total</b>	<b>84.00</b>	<b>84.00</b>	<b>84.00</b>

श्रीमान् सचिव  
**Dr. Surender Singh**  
 Joint Secretary

श्रीमान् सचिव  
**Dr. Surender Singh**  
 Joint Secretary

No.F. 22-1(2022)AG  
 Sep. 2022  
 27 SEP 2022

The Registrar,  
 Devi Ahilya Vishwavidyalaya  
 Tagore Marg, Indore-452 001  
 Madhya Pradesh

Sub:- Conferment of Autonomous Status to IPS Academy, Institute of Business Management and Research, Knowledge Village, Rajendra Nagar, A.B. Road, Indore-452 012 Madhya Pradesh affiliated to Devi Ahilya Vishwavidyalaya, Indore

Sr/Matam:

This is with reference to the proposal submitted by IPS Academy, Institute of Business Management and Research, Knowledge Village, Rajendra Nagar, A.B. Road, Indore-452 012 Madhya Pradesh affiliated to Devi Ahilya Vishwavidyalaya, Indore under the UGC Scheme for Autonomous Colleges.

As per the decision of the Standing Committee constituted by University Grants Commission, in its meeting held on 20.09.2022, the Competent Authority has decided to grant autonomous status to IPS Academy, Institute of Business Management and Research, Knowledge Village, Rajendra Nagar, A.B. Road, Indore-452 012 Madhya Pradesh affiliated to Devi Ahilya Vishwavidyalaya, Indore for a period of Ten (10) years from the session 2022-2032 as per provisions of Clause 5.4 (ii) of UGC Regulations dated 12.02.2018.

The University is requested to issue necessary notification/order regarding the grant of autonomous status to the college as per UGC (Conferment of Autonomous Status Upon Colleges and Measures for Maintenance of Standards in Autonomous Colleges) Regulations, 2018 for Autonomous Colleges. The college, if applicable, shall apply for autonomy grant as per the terms laid down in the Regulations.

The autonomous college is required to abide by all the provisions of the UGC Regulations for Autonomous Colleges. The Regulations are available on the UGC website, www.ugc.ac.in. Non-compliance of the requirements and conditions in the said Regulations shall attract action as per Clause -14 of the UGC Regulations - 2018. The college shall also apply in the prescribed format to University Grants Commission for extension of autonomous status six months prior to the expiry of the autonomous cycle.

Yours faithfully,  
 Surender Singh  
 (Surender Singh)

Cont.

CONGRATULATIONS  
 IPSA

CONGRATULATIONS  
 IPSA





# Kudos moments for IPSA



HUDCO TROPHY WON BY SCHOOL OF ARCHITECTURE



WINNER IN WORLD ROBOTICS CHAMPIONSHIP



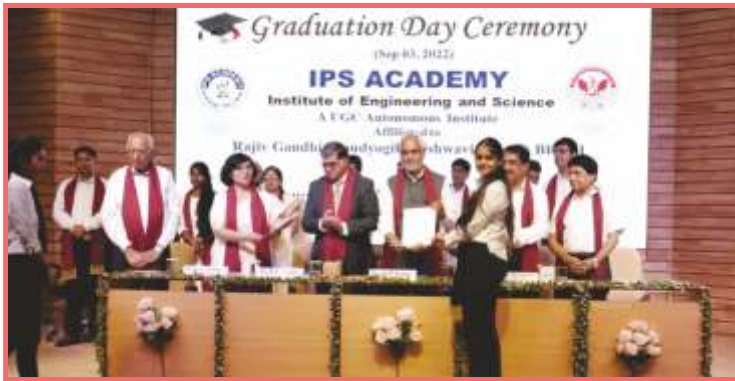
IPS IBMR GOT A++ RANKING BY NAAC  
NAAC VISIT AT IBMR, IPS ACADEMY

TEAM OF IPS ACADEMY INSTITUTE OF ENGINEERING & SCIENCE  
SECURED FIRST RUNNERS UP POSITION IN GRAND FINALE ROUND  
OF SIH SMART INDIA HACKATHON-2022





IPS Academy Institute of Engineering & Science (A UGC Autonomous Institute Affiliated to RGPV) Organized "Graduation Day Ceremony" on 3rd September 2022 in the presence of Dr Sunil Kumar Vice-Chancellor RGPV Bhopal as a Chief Guest and Prof. DR. B B Ahuja, Director COEP Pune as a Guest of Honour.



HR CONCLAVE on the theme of "Re-BORN: Re-Building Opportunities & Re-Defining Notions". was successfully organized physically & virtually by Central Placement Cell, IPS Academy on 17 June, 2022.





## Ar. Shri Achal K. Choudhary Sir

**President, IPS Group of Institutions**

on receiving the prestigious Dainik Bhaskar 'Eminence Award' for the year 2022 and 2021.

The honor was conferred by Cabinet Minister

**Hon. Shri Nitin Gadkari Ji**

in a ceremonious manner in

New Delhi on 21 July 2022.

Congratulations to Respected President

Ar. Achal K. Choudhary Sir and

the entire IPS group of Institutions !



Awarded IIA Certificate of merit 2021-2022 for significant contribution to The Indian Institute of Architect in IIA National Convention (NATCON) Hyderabad on 16 May, 2022.

IPS, IES is recognized in the "BAND PERFORMER" under the category 'College /Institute Finance/self finance' (Technical) in Atal Ranking of Institution on Innovation Achievements (ARIIA) 2021.



Under the Ministry of Education, Govt. of India student Exchange under AKAM-EBSB: Madhya Pradesh is paired with Manipur and Nagaland. In this case, the receiver institute appointed by AICTE is IPS Academy, Institute of Engineering and Science, Indore, and the sender institute is Manipur Institute of Technology, Imphal, Manipur. A group of faculty members and students from Manipur Institute of Technology, Imphal, and Schools of Manipur visited the campus of IPS Academy Institute of Engineering and Science Indore for a week.

**IPS ACADEMY**  
**INSTITUTE OF ENGINEERING & SCIENCE**  
(A UGC Autonomous Institute, Affiliated to RGPV)

**Honored with two Utkrisht Sansthan Vishwakarma Awards (USVA) 2020**

IPS Academy, Institute of Engineering & Science, Indore is the only institute in MP who secured two awards both ranking First

Utkrisht Sansthan Vishwakarma Awards (USVA) 2020





# Students' Achievements

**SUTRADHAR COMPETITION ( Bhagwatajjudham Drama) got Second Prize**



**IPS ACADEMY COLLEGE OF PHARMACY,  
INDORE.**

*Congratulations!*



**Ms. Divya Choudhary**  
CAT-2020  
IIM Rohtak



**Mr. Sundaram Swami**  
CAT-2021  
IIM Lucknow



**Ms. Harshita Dubey**  
CAT-2021  
IIM Ranchi



**Ms. Kamal Preet Kaur**

First Position In DAVV Merit List - 2022



**Anjali Saluja**

RJ - Red FM



**Ruchira Dekate, Ankit Hardia  
and Nayna Shenvi**

From Sofa Winner Of University  
Gold Medal



**Ankit Tiwari**

Consultant Journalist  
News Network 18



**Winners of 'Abhikalpan' Khadi'**



**Pragti Singh (1st Position)**  
Merit Position (M.Sc. Math)-2022



**Suyash and Dhananjay**

Won Silver Medal in DAVV Comp.



**Mohd. Dilshad**

Won Gold Medal in DAVV Comp.



**IPSA**

Winning Cricket Team



**Ms. Kanupriya Soni** - Student B  
Design (Fashion) "Won State Level  
Competition of World Skills Competition  
2022" held at Bhopal. She received the  
Winner Trophy, Certificate and Cash Prize.



**Inter collegiate Singing Competition**

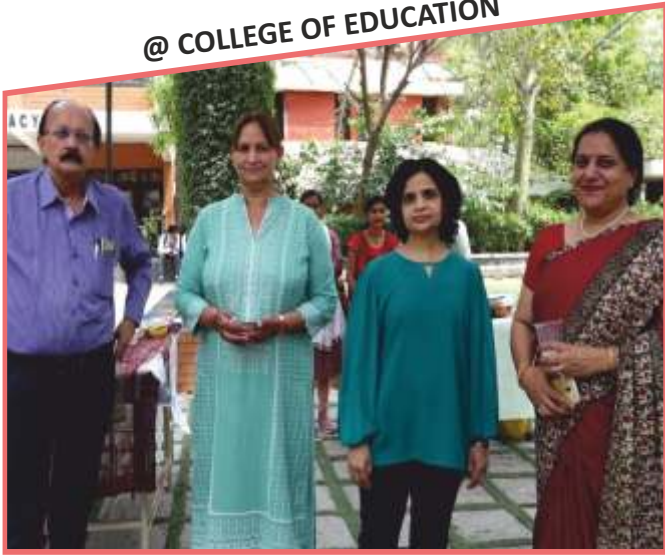


**Winning Team at DAVV in Swimming.**

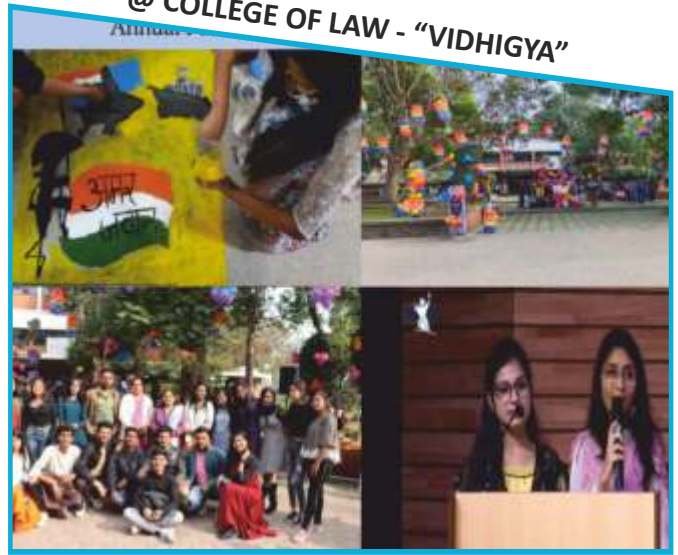


# Annual Festivity

@ COLLEGE OF EDUCATION



@ COLLEGE OF LAW - "VIDHIGYA"



@ S O F A



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# Annual Festivity

## SWARANJALI



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## BLOSSOMS & FLAMES



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# Annual Festivity



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# Activities : Co - Curricular



IPSA Dept of Humanities, organizes a 100 hours Communicative English Certificate Course in Blended Mode (Online & Offline) for the learners in association with ELTIF Resource person Dr. P. Bhaskaren Nair interacting with the students



# Activities : Co - Curricular



One Week INTERNATIONAL WEBINAR ON MATERIALS CHARACTERIZATION AND THE ANALYSIS (IWMCA)



International Conference on Futuristic dimensions and innovative techniques in chemical sciences (FDITCS-6-7 Nov. 2020)



National Business Plan Competition 2022

Workshop on Early Diagnosis of Oral Cancer





# ACTIVITIES



Two days online Workshop for teaching faculty on Inhale Peace: Exhale Stress organized by Adineelyog Yoga Studio, Indore (M.P.) in association with IPS Academy College of Pharmacy, Indore (M.P.) Activities: Yoga, Pranayam, Meditation



**EK BHARAT SHRASTHA BHARAT CAMP**



**FASHION SHOW**



**TRADITIONAL DAY  
FAREWELL DAY**



**MULTIPLE ARTS & ACTIVITIES**



**POLICE STATION VISIT (APRIL 5, 2022)**





# CELEBRATIONS @ IPSA

Saraswati Puja  
On The Occasion Of  
Basant Panchmi



Gudi  
Padwa  
Celebrations  
at IPSA



New  
Year  
Celebrations



Halloween  
&  
Freshers



Cake  
Mixing  
Ceremony





# CELEBRATIONS @ IPSA

**Holi  
Celebration  
@ IPSA**



**Celebrates  
World Pharmacist  
Day 2022**



**Tiranga  
Rally  
on the occasion of  
Azaadi Ka Amrit Mahotsav**



**Teachers' Day  
Celebration**



**Women's Day  
Celebration**





# CELEBRATIONS @ IPSA

**Vaad  
Vivaad  
Pratiyogita**  
on the occasion of Hindi Divas



**Ganesh  
Chaturthi  
Celebration**



**Celebrating  
75 Years of India's  
Independence**



**"Engineers Day"  
on September 15, 2022**



**Eminent  
Artist  
Mrs. Meera Gupta  
with President Ar. Achal .K.Choudhary**





# CELEBRATIONS @ IPSA

**Makar Sankranti  
Kite Festival 2022**



**Inter College  
Garba Competition  
Organized by : IPSA Cultural Committee**



**National  
Law Day Celebration  
November 26, 2021**



**Celebration of  
Republic Day**



**Celebration of  
Independence Day**





# CELEBRATIONS @ IPSA

## RAWAN DAHAN & DIWALI CELEBRATION



Drama Performance by NSD  
and SOPA on Great Warrior  
Raja Bakhtawar Singh



# CAMPUS HULCHUL

## 1ST EVER TORCH RELAY FOR CHESS OLYMPIAD



A grand ceremony was organized in the school premises which was graced by the galaxy of intellectuals - **Shri Tulsi Silawat Ji** -Minister of Water Resources, Madhya Pradesh Government, **Dr. Renu Jain** - Vice Chancellor, DAVV University, Grandmaster **Mr. Anurag Mahamal**, **Mr. Akshat Khampriya** - First International Master from MP, **Dr. Sunil Somani** - Vice Chancellor of Oriental University, **Mr. Rishabh Gupta** - CEO Smart City, Indore and **Shri Om Soni**-Vice President, Madhya Pradesh Olympic Federation.

★ *Movie Stars* ★  
★ *Stars* ★  
★ *In* ★  
★ *Campus* ★



*Glamorand* ★  
★ *Models* ★  
★ *In* ★  
**IPSA**







# Sketch Art By IPSA Students



ENGLISH  
SECTION



## IMAGINATION IS EVOLUTION

In the traces of life, Human beings forget,  
What Has Driven Them So Far, In the cycle Evolution.

They forget the one, That Sets Them Apart,  
The One is none other than Unadulterated Imagination.

Human Beings derive all their success from this art,  
Which has enabled us from caveman to this piece of art.  
This creative powers ever expansive,  
Growing its power ever to last in the imaginative world ours.

This force reck'd or unreck'd is soul of our race,  
Making us derive all the formulas there were there,  
Having us rely on the fruits of the acceptance,  
How can we survive without its perpetuance?

Remember you have been warned To Never Leave Its Side,  
Till The Universe Calls Its Nightfall.

Imagination is a boon, When we unraveled it is a moor,  
Waiting To Be Tread Upon, Consisting Of All That Exists.  
This field is already to be cultivated by thee,  
Ruminate on the thought for second  
But never turn them back from what it reveals  
Because The Fields Everything, Everything Imagination,  
And Imagination is the wheel of Evolution.

**ALIFA BAIG - BHM**

## AND THE NIGHT CHANGED

Filled with grief and sorrow...  
With tides in her eyes...  
With a lost hope of a peaceful tomorrow...  
She slept,  
And the night changed...  
Gazing at the moon and stars...  
In search of love...  
Giving herself the time to cure her scars...  
She slept,  
And the night changed...  
Losing herself in the arms of the universe...  
Feeling the warmth...  
In search of a plot for her next verse...  
She slept,  
And the night changed...  
Finally she was in love...  
She gave twice of what she received...  
Her heart was on cloud nine or probably above...  
But again  
She slept,  
And the night changed  
**URJA JAIN - B Tech.**

## ROLE OF NCC IN NATION BUILDING

The NCC came into existence on 16th July, 1948 under the NCC Act XXXVI of 1948 under the Ministry of Defence (MOD).

A Committee under Pandit HN Kunzru was set up in 1946 at the behest of our first Prime Minister, Pandit Jawaharlal Nehru.

The NCC is founded on very idealistic and patriotic principles. Its motto is UNITY AND DISCIPLINE, and this great pledge each cadet takes. It is one of the greatest cohesive forces of our nation, bringing together the youth hailing from different parts of our country and moulding them into united, secular and disciplined citizens of our nation. We resolve to be disciplined and responsible citizens of our nation. We shall undertake positive community service in the spirit of selflessness and concern for our fellow being. It is one of the foremost organisations which groom the youth, the students to be worthy citizens and future leaders of our nations and further it instils in students discipline, courage and patriotism. The NCC is one of the premier youth organisations in our country. Its curriculum incorporates military training in small arms, social subjects, subjects related to adventure activities and those promoting national integration. It also undertakes such activities as organising Blood Donation camps, literacy programmes, and cleanliness drives. It also cultivates qualities like fitness, team spirit, confidence, courage and leadership. Youth exchange programmes among cadets instils a broad mindedness that is an asset for a citizen of any country. The contribution of the National Cadet Corps in the process of nation building and national integration has been commendable and worthy of the nation's full support and encouragement.

**SHATAKSHI SHARMA - B. Tech.**



# BEST FUTURE CAREERS OPTIONS IN INDIA

You want to pursue a career that you're passionate about, but you also need to find a path that will allow you to earn a high-paying job in the long term. This is not just a matter of choosing a field that offers in-demand jobs right now, but it's also about choosing a path that will allow you to earn money for years to come. Below are the best future career options in India :

## **1. Data Scientist**

Due to the increasing amount of data that organizations collect, the field of data science is becoming more popular. This is because the specialized skills that data scientists have are needed to effectively use that data. Data science is a field that is expected to provide the most in-demand jobs for the next decade. India is regarded as one of the most promising countries in terms of hiring data scientists.

## **2. Data Analyst**

Data Analysts need to be able to make the data understandable to everyone. This is very important as they often use it to develop solutions. Data analysts are responsible for making the most of the complex data that they collect. They are also responsible for making it easy for the general public to understand.

If you are good at statistics and math, then this job is for you. Aside from these, you also need to have the necessary skills to work in various programming languages such as SQL and Python. As a data analyst, you'll need to use the data collected to identify potential solutions for various business problems.

## **3. Blockchain Developer**

Bitcoin has been in a lot of headlines recently due to its impressive returns. Many believe that blockchain technology will transform various industries. Due to the increasing number of people interested in blockchain technology, the demand for developers has become incredibly strong. Blockchain Developers are now being paid significantly higher salaries than traditional roles.

## **4. Digital Marketer**

If you are a business owner, then you probably wonder how you can get customers online. The digital marketing industry is expected to grow at a rate of around 30 per cent annually in India. One of the main advantages of this field is that it doesn't require a tech-savvy individual to be successful. This allows people with little or no experience to enter this industry. This is one of the highly rewarded careers in demand.

## **5. Cloud Computing Professional**

Cloud technology allows companies to reduce their operating costs and increase their productivity. It also facilitates collaboration and allows them to manage their resources more efficiently. This is a great career option for people who are passionate about technology.

An increasing number of organizations in India that are implementing cloud computing is expected to drive the demand for software.

## **6. AI and ML Engineer**

AI and ML are commonly used in various industries, such as finance, healthcare, and education. Despite the high demand for these professionals, there are still a huge number of people who are not skilled enough to handle the tasks and applications of AI and ML.

## **7. MBA Manager**

Due to the increasing number of companies and the need for more managers, the demand for experienced individuals has never been greater. Getting an MBA is a great way to start a career in management. Through an MBA, you'll gain a deeper understanding of various aspects of business, including leadership, entrepreneurship, and business.

## **8. Software Developer**

Due to the increasing number of digital platforms and the need for software developers, the demand for software has been growing in India. Developers are responsible for creating software products that are designed to run on various platforms. They need to have strong problem-solving skills to resolve issues during the development process. Software development is one of the top skills in demand.

## **9. Big Data Engineer**

Big data engineers are in high demand as the amount of data generated by humans each day is becoming more massive. With so much data being generated, we need to analyze it and use it efficiently. Big data engineers are experts in handling the various requirements of an organization.

They are responsible for analyzing and storing the data generated by an organization. They also build and manage the data tools and infrastructure of the organization. You should have the necessary skills to be successful in this role, such as strong problem-solving abilities and a passion for mathematics and statistics.

## **10. Cyber Security Analyst**

The number of cyber crimes in India has increased by over 60% in the last year. As a cybersecurity expert, you'll help organizations identify potential threats and develop effective strategies to prevent them from becoming victims of cybercrimes. You'll also help them strengthen their existing security measures. Due to the increasing number of cyber crimes and the need for skilled cybersecurity professionals, the demand for these individuals has increased.

## **Conclusion**

We hope you can now take a wise decision regarding most in-demand jobs for the future. Deciding on the right career is a crucial decision that many people make. In the past few years, various industry trends have changed, making some jobs obsolete while others have become more valuable. This is why it's important that you learn about the various career options that are available in the future.

**DR. NIHIT JAISWAL**

**CMG**

## CHHOTE LOG !!!

'How much are these grapes?', asked Sumati to the lady seller.

'It's 60 rupee kg.'

'Ohh it's expensive, make it 50 rupee/kg.'

'Okay, how much do you want?' asked that long-faced fruit seller.

'I will take one kg', Sumati said and started selecting bunches, putting in this one and taking out the other. Meanwhile her friend Avika also came there. Sumati gave a one hundred rupee note and moved ahead without taking the remaining fifty rupee.

Both Avika and Sumati on their way back, were discussing and calculating their purchases.

'Coconuts were actually quite reasonable,' said Sumati.

'All the fruits are quite cheap and good in quality in this fruit market,' responded Avika.

All of a sudden they realized that they forgot to take the remaining money back from that fruit seller.

Avika suggested that we would once again go there the next day and ask the lady. Whereas Sumati was in a dilemma, she thought it was her mistake and had that lady been willing to return extra money, she should have called them at that time only. These chhote logs are like this.

Anyway, they discussed, argued, counter argued and finally thought of giving it a try. To their utter surprise that lady returned the money immediately. At this point, they recalled an event, where they got some extra money by mistake and they had stopped going in that area.

**DR.SHALINI MATHUR**

**Dept.of Humanities**



## BEAUTY OF KNOWLEDGE

Knowledge is a very powerful tool for a human being. The correct knowledge can lead one to a correct path but on the other hand, the wrong knowledge can lead one to the wrong path. Knowledge is a wide range of information, facts, and statements about something. It is a big ocean of information; some people use this information in the right way so that they can swim to another level and some people use them in the wrong way and helplessly drown. Acquiring knowledge involves cognitive processes, communication, perception, and logic. Knowledge can create and destroy at the same time.

Knowledge can last for a lifetime and impacts our growth, influencing everything in our life from relationships to work. Knowledge is important for personal growth and development. We can gain knowledge on everything that we find interesting. It makes us wise enough to independently make our decisions in life. A positive mindset to become a constant learner helps us progress and achieve our goals. A strong base of knowledge helps brains function more smoothly and effectively. We become smarter with the power of knowledge and solve problems more easily.

Gaining knowledge is a constant process and is useful every single day. We must always be open to accepting knowledge or information from anywhere we get. It may be from books, virtual media, friends, etc. The more knowledge we have the more power we possess. It is important for our personal and professional development and leads us to achieve success in life. Knowledge helps us in several ways but the best part is that it helps us understand ourselves as well as those around us better. It also helps us act wisely in different situations. Knowledge helps a person to bloom and become a beautiful human being but it can also make them harmful to others and themselves too if not used correctly.

**MS. VAIDEHI MISHRA - BAMC**



## **DO YOU BELIEVE IN MIRACLES ?**

Do you believe in miracles? miracle is something you don't expect to be way much beautiful, universal and significant. Something unexpected that positively surprises you. Something that one would have assumed would never happen.

You should think that something like this never happens, but I think it does happen. The mystery and history they carry alongside their paces. Unfortunately, we usually only perceive a miracle. What about many little miracles we encounter every day?

What about the fact that it suddenly starts to rain, although two minutes before the sun had laughed from the sky and the sky turned into pretty colours. it's a twist of reality they create.

Like most people will probably be annoyed that it's raining, and they are now getting wet and because of heavy rainfall so many tragedies happen, and they find a mess in these beliefs, but I found this mess pretty.

Isn't it fantastic that it's raining? Without rain, our earth would look completely different than it does today.

What about the flower that grows from a tiny seed and yet becomes so beautiful? Isn't that also a miracle? And what about the many little things that sweeten our lives without us really taking notice of them? The chestnuts that have just fallen from the tree and are just waiting to be picked up, the sunbeams shining through the leaves, clouds in the sky which look like cotton candies, the moon, and stars in the evening.

These are some secret moments which create enchanting memories. No set of beautiful words can completely ever define this sentiment because this is something very deep. Euphoric yet melancholic.

Aren't all these miracles?

Aren't we supposed to find miracles in little yet meaningful things around us?

**KRATI MAKARJARIYA**  
**SOFA**



## **ENGINEERS FOR SELF-RELIANT INDIA**

In ancient times travelling, building homes, making useful equipment for daily works and exploration laid the foundation of today's most vast and diversified sectors of India which is working on its road towards self-reliance. For a self-reliant country, a nation's objective must be to upskill their working engineers, motivate them to be a part of this competitive world, accept their concrete ideas and help them work on them, create enough job opportunities followed by giving them a stress-free work environment with incentives thus, unleashing their full potential to develop the country.

Our Nation's engineering industry accounts for 27% of the total factories in the industrial sector and represents 63% of the overall foreign collaborations. It has emerged as the largest contributor to the country's total exports and imports; before the pandemic struck us. Post COVID, India is still developing and the world is taking a turn towards Artificial Intelligence and Virtual Reality which is creating job opportunities in IT sector which does not balance the number of employees with the other sectors of engineering, this calls for a change in the curriculum that should encourage the youth for opting the different streams in engineering such as-Electronics and Communication, Automobile, Biomedical and Pharmaceutical engineering, Aeronautical engineering etc.

If the government and educational institutions want to work to minimise unemployment, they need to focus more on core engineering topics and the skill set of an individual, which in the long run would lead us to have qualified technical manpower in all sectors of engineering.

On the other hand, the pandemic gave us a chance to get back on our roots of being self-reliant after eliminating foreign trades from China and few other countries. With China being no longer a prominent part of the supply chain, India took the golden opportunity to transform the engineering industry during the pandemic. With the help of the vast and diversified sectors of engineers that had the country's back, helped to strengthen our economy and to become self-reliant.

For the development of the nation, it does not mean to involve only one stream or sector, it should involve each community with the support of the government to become self-reliant.

Engineers do need to work towards a fusion of their positive achievements so that they can lead to the advancement of the economy. Since India has the resources, the institutions and the mindset, the country will surely emerge as an independent global superpower.

**ASTITVA DESHPANDE**  
**B.Tech**

## COLLEGE LIFE

College life is known as one of the most memorable years of one's life. It is entirely different from school life. College life exposes us to new experiences and things that we were not familiar with earlier. For some people, college life means enjoying life to the fullest and partying hard. While for others, it is time to get serious about their career and study thoroughly for a brighter future.

Nonetheless, college life remains a memorable time for all of us. Not everyone is lucky enough to experience college life. People do not get the chance to go to college due to various reasons. Sometimes they do not have a strong financial background to do so while other times they have other responsibilities to fulfill. The ones who have had a college life always wish to turn back time to live it all once again.

### **The Transition from School Life to College Life**

College life is a big transition from school life. We go through a lot of changes when we enter college. Our schools were a safe place where we had grown up and spent half our lives. The transition to college is so sudden that you're no longer protected by your teachers and friends of your school time.

College life poses a lot of challenges in front of you. You are now in a place full of unfamiliar faces where you need to mingle in. It teaches us to socialize and form opinions of our own. In college, students learn their free will and they go on to become more confident and composed.

In school life, we were always dependant on our friends or teachers. College life teaches us to be independent. It makes us stronger and teaches us to fight our own battles. It also makes us serious about our careers. We make decisions that will affect our future all by ourselves, as in school life our parents did it for us.

Additionally, in schools, we viewed our teachers as our mentors and sometimes even parents. We respected them and kept a distance. However, in college life, the teacher-student relationship becomes a bit informal. They become more or less like our friends and we share our troubles and happiness with them as we did with our friends.

### **College Life Experience**

College life experience is truly one of a kind. The most common memories people have of college life are definitely goofing around with friends. They remember how the group of friends walked around the college in style and playing silly pranks on each other.

Moreover, people always look back at the times spent in the college canteen. It was considered the hub of every student where they enjoyed eating and chatting away with their friends.

Another college life experience I have seen people cherish the most is the annual fest. The annual fest created so much excitement and buzz amongst the students. Everyone welcomed other colleges with open arms and also made friends there. All the competitions were carried out in a good spirit and the students dressed their best to represent their college well.

**FARIDA HUSAIN  
B A M C**

### EVER WONDERED ?

Ever wondered ?!

How did you meet someone in the first place? And now, when you look back, you feel blessed to have met some people and for some you regret!!!

But!

Have you thought of meeting some people at the wrong point of time because of which they turn out to be a bad decision!

When you met at the first place Maybe the situations weren't under control

Maybe the other person was going through some unwanted state of mind

Maybe your mind wasn't under control Maybe it's a matter of destiny!

Think about it! Don't miss out on them!

Some people are meant to be with you Identify those gems!

Stop messing up! Stop being misunderstood by them

And stop misunderstanding them Think with your mind and heart open!

Create healthy conversations!

And they'll turn out to be one of the best people

in your good list!

**PARNIKA BODAS**

**B.F.A**

### I AM A GIRL

I am a girl, not just a pretty face.

I am a girl, not an emotional wreck.

I wasn't born to get destroyed.

I wasn't born just for your joy.

I am a girl, not your competition.

I have a heart with love for everyone.

I Got eyes with tears for everyone.

I am a girl and I deserve respect.

I don't just want to live.

I want to enjoy.

I am a girl not your stereotype.

I want to die now.

Because I am a girl

Not one of your toys.

Should I fight for my rights?

Should I face all this and live my life?

But will they ever learn?

I am a girl not your toy.

**ASTHA JAIN  
BCA**



# HAPPINESS HAS A FACE

All of us remember our loved one with a smile on their face. If you try to visualize your own face you would recall it either as a reflection on mirror or a picture clicked in some event. That image coincidentally would wear an astonishing smile. So, happiness has a face; it could be you, a friend, family member, stranger, flowers, even a child from the street whom you treat with candies occasionally. That also denotes that everybody in this universe is born with skill and right to smile and be happy.

What stops us from being happy? Reply to this question are many muffled voices, however loud and clear answer are two words "Uncertainty and Fear". As human we fear lot many things. We have evolved out of fear and survived with determination to overcome all odds. First feed to last breath we struggle. Roaming around in jungle in open, seeking shelter in caves, ploughing the fields, and creating communities, establishing schools, passing exams, cherishing career, everything is outcome of the zeal to embrace life.

The thrill to conquer risks and the quest to know life has made mankind stronger. Past 2 years are example of vigorous mindset that wins all odds and can get back to life. None of these happens abruptly and hence during covid-19 pandemic nothing happened suddenly. Life follows a pattern, so does fear and happiness. Life is uncertain, so are the momentous joy and sorrow. Relations are born, built, and savored with little pinch of salt and sugar; the taste stays longer when perceived threat seems indomitable.

As Developmental Therapist and practicing psychologist I worked in proximity with people who were directly affected by pandemic and suffered great losses, both in terms of money and relation. As bereavement counsellor I learned few things about people that I believe everybody should know and practice today, tomorrow, and forever irrespective of the fact that society has bounced back to normal routine.

Here are few anecdotes and learning that is as simple and as precious as life. These are words of wisdom came from observation, and surprisingly were found deeply rooted at the back of mind on reflection.

## 1. **Everything is possible in this world to happen from worst to best. Never take life for granted.**

At the beginning, even before Covid -19 hit India, I had few opportunities to interact with international travelers. Many of them were concerned about Wuhan- place of origin of Covid -19. The interaction always ended with a sigh "it's not going to be in India." whenever I showed concern about their wellbeing and our fellow citizen. This took place mostly around Jan-Feb 2020; March 2020 Covid -19 cry was everywhere, the uncertainty and far gripped the whole city and nation. **The worst days taught us the best thing- practice hygiene, help and hope.**

## 2. **"Know your neighbor" is age old wisdom; but current generation tested it only during pandemic.**

Many of urban residents did not bother to maintain relationship with next door neighbor. Most of them were content being part of some clubs and gathering over weekends. Starved old people and neglected children were of utmost concern where immediate neighborhood played significant role. Proximity cannot be taken as measure of presence of strong emotional bond any further. Some of the eye watering incidences were people asking each other's name for the first time in years.

**The fear of being left alone taught us, "living beside also means living inside somebody's heart."**

## 3. **Money is essential not luxury and extravaganza will never be counted as essential.**

The amount of success got being judged by amount of earning, somewhere in decades of 1970s. Though money earned was mark of success people still believed in earning love, respect and people is also important. Somewhere in the run the people, the passion and compassion all lost its value, only money remained valuable. During pandemic money took utmost importance and then got replaced by kindness, generosity, compassion, togetherness etc. at such rapid rate that people started counting upon faith and lost element of friendship all over again. Fatal rate of people and in countries who were considered rich, and poor people who escaped simply because they were exposed to sun and had better immunity taught us that you cannot save everything, nor does disasters destroy everything. **It taught us the importance of things that were free Sun, Water, Yoga, Meditation, Relations and Faith."**

## 4. **Humans live well as herd; undistinguished and random.**

The strings of attachment develop somehow. It was observed during pandemic that people got closer to the ones who were living far away. Efforts were made to reunite and stay connected anyhow. Friends and families stayed glued to computers and zoom calls. Professionals winged their career to limits unknown; And Somewhere on the other extreme people fought, families broke. Some cried over a lost co-worker and at the other end someone was filing divorce. Some of my clients grieved for not being able to save a family member, some were impatient to break the tie; and there were children who lost parents either to Covid- 19 or broken marriage. A whole generation learned to gather pieces of their own, of their specific significance, and to glue them together to their own preferences. **Pandemic taught us that similarity of pain and distinct healing patterns.**

## 5. **Rituals in families, all rituals for that matter, birthdays, marriage, housewarming, thread ceremony, including last rituals after death holds significance.**

Two years back we heard every now and then that young generation is losing faith on rituals and ceremonies. It is either being organized as huge show case event or in few families never being organized. The Pandemic happened. Losing a dear one suddenly caused unexplainable pain and emptiness. The wise man is not scared of death, it is acknowledged as unavoidable incidence whereas life continues in different form. During pandemic people could not bade farewell to loved one; that troubled them more.

**The helplessness taught us that Closure is important.**

**Dr. Tapti Roy Yadav**  
Wellness Coach

## HOUSEKEEPING-BACKBONE OF THE SERVICE INDUSTRY

Housekeeping forms one of the four core departments of any hotel or service organization along with Food & Beverage service, Front Office and Food Production. It is often considered to be a thankless job in the service industry given the nature of work. Most of the time the word HOUSEKEEPING brings to mind scenes of brooms, mops and anything and everything related to cleaning. But in reality, it is so much more than that. Housekeeping is often also known as the backbone of the service industry in the sense that without it the organization might just collapse.

Let's just start with what exactly is Housekeeping?

Housekeeping may be defined as 'provision of a clean, comfortable, safe and aesthetically appealing environment'.

The term Housekeeping outside the hospitality, refers to the management of daily duties and chores involved in the running of a household, such as cleaning, cooking, home maintenance, shopping, and bill payment etc.

Housekeeping department in the hotel ensures the cleanliness, maintenance, and aesthetic appeal of all rooms and public areas. The housekeeping department not only turnarounds (prepares and clean guestrooms) on a timely manner it also cleans and maintains everything in the hotel so that the property is as fresh and attractive similar to the day when it opened the doors for the business. The effort that the housekeeping makes in giving a guest a desirable room has a direct bearing on the guest's experience in a hotel.

The career scope in the hospitality industry is quite larger than one can imagine and the graph shows upward movement, ensuring the deployment of a large number of candidates in near future. One might think that it is one of the most glamorous industries, a common conception formed by watching various TV shows like MasterChef India, Hell's Kitchen, etc. But the truth is that a person has to be on his/her toes anticipating the needs of one's guests. He/she keeps on trying to sail smoothly even through the most difficult of situations. The scope of the hospitality industry comprises a range of businesses that provide services and facilities such as accommodation, food and beverage, entertainment, gaming and related products. The term "hospitality" has become accepted over the years as a generic word, which describes the well being of services and facilities related to tourists and travellers. The hospitality industry is a several billion dollar industry that mostly depends on the availability of leisure time and disposable income. A hospitality unit such as a restaurant, hotel, or even an amusement park consists of multiple groups such as facility maintenance, direct operations (servers, housekeepers, porters, kitchen workers, bartenders, etc.), management, marketing, and human resources. With so many options and fields available in this industry, candidates can make a career in leisure and tourism, bartending, aviation, etc. In conclusion it can be said that anyone with a passion for communication, interaction and service attitude definitely has bright prospects in this industry.

**MS.NEHA KHEDKAR**  
**BHM**

### I GREW UP

Somewhere between Slam book to notebook I grew up.  
somewhere between glitters to filters I grew up.

somewhere between school bag to cool #tag I grew.  
somewhere between subtraction to attraction I grew up.

somewhere between encyclopaedia to social media, yes.  
I grew up. somewhere between AC, DC to SD, TC I grew up.

Somewhere between friends and family I grew up.  
Somewhere between tussle and hustle I grew up.

Somewhere between homework and assignments I grew Up.  
Somewhere between school and college, yes, I grew up.  
But what remains constant is that there is no shortcut in life.  
Growth really demands arduous work  
and consistency whether it is your juvenile or life.

**FARIDA JAMALI**  
**BFA**

### I MISS THE COMPANY OF.....

The sunrise who woke up with me,  
conceiving a new benchmark.

The afternoon which made me realise,  
obstacles can be resolved,  
by seeing your loved one's blessing for you.

The evening which made me believe,  
every day may be not your day,  
it boosts you up to make your day.

And the nights.  
giving me the gratitude,  
to have a day without being afraid of tragedy  
and tomorrow may be the day to live your life  
ever after.

I miss the company of a serene world!!

**PARUL DOSI**  
**MBA**



## WHEN I FOUGHT FOR MY COUNTRY

"I fought for my country day and night  
This made me reach to such a height  
The dead weight I carried,  
made me stronger,  
No longer will it drag me down,  
Dropping pounds of past passivity,  
I walk much taller now  
I am no longer afraid of anything  
Not even death,  
I will keep the honour of my country,  
On my chest, till my last breath"

**SUDHANSHI MALVIYA**  
**BFA**

## "INDIAN SOLDIER"

There he lay bleeding profusely.  
Tying a cloth around his wound loosely.  
Telling the world his last goodbye  
Waiting to live, waiting to die  
Missing his darling wife and child  
Suffering the pain which had turned extreme from mild  
Lying in pain he could remember his daughter's smile  
But couldn't get up and save himself as help was away a mile  
He still had the same respect for his uniform in olive green  
But cringed just a little because of the rupturing spleen  
The war killed the other soldiers as well  
Ones who didn't die were suffering pain from hell  
But he still wasn't thinking of his half-cut leg  
His last breath said 'Jai Hind' for the 'Indian national flag'

**MS. KETKEE DAUR**  
**B. PHARM**

## ILLUSIONAL DEAD-ENDS

In today's highly competitive society one is expected to excel in every possible field be it sports, academics, profession. These expectations create a notion of winning in every single phase of life...could be buying a new car, promotion or clearing entrance exams and so on. This all leads to an attitude of achieving everything as planned but sometimes things don't go according to what one plans, and it's totally fine. Does this mean failure are the dead ends? No, failure is never the end of the road. It is simply an indicator that there are some parts in ourselves and our lives that we need to put more effort into in order to get the results that we desire. Failures are basically rejection that one faces once or twice or maybe more but this isn't the end. It is a journey which should be welcomed with open hands. Everyone has a journey of ups and downs, success and failures but not many have the heart to accept the reality of rejection or failure. These people tend to surround themselves in a bubble of negativity and sooner or later they start feeling dejected and unwanted in the society. Invariably, those with diffident understanding, start trusting society's opinion about themselves which somehow fades their own identity. This triggers extreme situation of depression and sometimes even worse thoughts regarding self-destruction. As the time passes by, failure disrupts the mind-set of the person to realise that they lose their confidence and start believing in the fact they are worthless. But this should be kept in mind that if at all there is failure one shouldn't be disheartened, in fact view failure as the learning experience, steppingstone to help ourselves grow into a better person and to get a different perspective towards life. Mistakes happen. Look for nuance and context and then create and test hypotheses about why the failure happened, to prevent it from happening again. One reason why some people find failure devastating is that their identity is linked up in succeeding. In Other words, when they fail, they see themselves as a failure, rather than perceiving that they have experienced a setback. Try not to see failure or success as personal: instead, it is something that you experience. It does not change the real 'you'. Trying to minimise your feelings or distract yourself can be productive in the longer term. Take a few days for the pain to lessen, and then start to move on. When a piece of land is not able to cultivate rice after all the effort and sweat but the very same land cultivates wheat, this doesn't mean the land is infertile instead it happens to cultivate few seeds. Albeit, if failures keep knocking your door at intervals, it's an indication to open a different chapter in the book of our life! Remember it doesn't mean that they are worthless or undeserving but always believe that there is always a possibility of walking towards another direction choosing another path and exploring our talents in different areas. What are failures? These are nothing but just illusions formed in the minds of people. One should always get up, face the problem and pick oneself every time in order to succeed. Remember! Failures don't define us, instead these failures are to be cherished and accepted to keep going in life, redefining our strengths and believing that something better is round the corner. People like Albert Einstein, Abraham Lincoln, Charles Darwin also failed on their way to success. As it is rightly and wisely said: "When life knocks you down, try to land on your back. Because if you can look up, you can get up." – Les Brown.

**KAVERI YEOLEKAR**  
**BFA**

## IMPACT OF POSITIVE THINKING

***"POSITIVE: The positive thinker sees the invisible, feels the intangible, and achieves the impossible." – Winston Churchill***

Positive thinking means having positive outlook towards each and every adverse situation. Positive thinking can help us get over any difficult event in our lives. We can call it a boost to help us cope with the challenges we face in life. When you take a positive attitude toward an issue, there is always hope of solving it. In the dark, hope is like sunlight. It aids in the reduction of stress levels, which is helpful to our health in the long run. Positive thinking will release good hormones in your body, and it makes you feel happier on the inside, as well as more energized and enthusiastic. Whenever you are in unpleasant situation and it appears that all the doors are closed, just have a positive attitude that this time will pass by. This door of optimism will help you to tackle the situation smartly in a relax manner.

***"The greatest discovery of all time is that a person can change his future by merely changing his attitude." – Oprah Winfrey***

It's crucial to learn how to think positively. The first step is to try to see the good side of whatever difficulty you're dealing with. Assume that a person's leg has been fractured. Rather than pondering why this is happening to me or how I will handle the situation, we can say to ourselves, "Thanks a lot; I'll be able to walk again after few months." This straightforward approach will assist you in dealing with the matter without becoming stressed. The second step is to practice positive self-talk. Consider the following scenario: Negative self-talk Positive self-talk It's tough deal. I cannot do it. It's an opportunity to learn. No facility available to do some particular work Will help to show my creativity. Will try to do some innovation My boss used me am the only able person to do the flawless work The above statements are few examples to always motivate you.

***"Follow your bliss and the universes will open doors where there were only walls" by Joseph Campbell***

The third stage is to always believe that GOD is on my side and that nothing bad can happen to me. You won't believe it, but this tiny notion is one of the most effective stress vaccinations. Also, don't forget about the law of attraction. The law of attraction is always in effect and plays a significant impact. If you take a good attitude, positive will flow back to you, and vice versa. Fourth step is believe in yourself, listen your inner voice and you can rock it. Always be optimistic. "Believe in yourself. You are braver than you think, more talented than you know, and capable of more than you imagine. Believe in your heart that you're meant to live a life full of passion, purpose, magic and miracles." — Roy T. Bennett

Last but not the least failures are experiences which make you learn life lessons. Take failure as a next lesson for success.

***"Success is not how high you have climbed, but how you make a positive difference to the world." – Roy T. Bennett***

**DR. USHA SINGH  
DEPARTMENT OF PHYSICS, ISR**



## IMPACT OF MOVIES ON YOUTH

We live in a box of space and time. movies are windows in its walls they allow us to enter other minds not simply in the sense of identifying with the characters, although that is an important part of it but by seeing the word as another person sees it - Roger Ebert Have you seen that movie trailer ! ? That web series is so cool dude!! It's worth watching. I binge-watch my favorite series. What about you !? As a part of Genz, I can assure you that you have just heard at least one of these lines from your peers' group, and with keenness, you become anxious about your "image" in front of your friends. Often, we spend a lot watching new movies and series which is not only worth our money but it also costs our time. Though movies are a great way to escape reality for some time and help us to relax. They also encourage ideas and help us to know what's happening around the world. Sometimes, movies aren't just for entertainment as there are so many movies with messages too. Some films are based on social illnesses, these films not only show social problems but also make people aware of painful experiences.

Films are a source of knowledge. They can help us learn what's in the trend, find out more about ancient times, or fill out some knowledge gaps. Being a zoomer we should not forget about our role towards society. What I want to say is that filmmakers have sufficient power to impact the minds of our age group.

And they know the exact trigger point of our society. We may play it cool but deep down we all know how much influence a single movie can make on our lives. Youngsters try to imitate everything that appears on the so-called perfect "screen" which is reflected in their outfits, ideas, opinions, perceptions, and even the way they speak. When a movie character is working well we become that character, that's what the movies offer: Escapism into lives other than our own. We must not leave this fascinating opportunity when it comes to the autobiography of famous public figures. So, watching a movie is not a problem, we need to limit what we see, and the time we spend watching movies you should also make sure that movies do not negatively influence us and that we forget our values. Movies are a fantastic source of entertainment, they add some spice to our life and are kind of antidepressants provided we can afford leisure time and have our priorities well managed

**ZAINA ALI, SOC**



## IMPORTANCE OF FAILURE IN OUR LIFE

### How failure happens?

FAILURE is defined as an inability to meet our expectations. Or one that we have created in our own head. Sometimes our goals are very big but we do not have enough resources to fulfill them. In this case also we will face a failure but all these things will give us a lesson as well as experience so that we cannot do the same mistake in future.

### Never regret to face failure because it teaches us a lot.

Success is always very sweet but failure teaches us about our weakness, people, money etc through failure we will get to know ourselves better and we can learn from our mistakes rather than others. Failure makes us strong for facing many upcoming unexpected things in our life. Failure builds our creativity, means if we were failed to achieve our goals then only we will start to put more efforts, tricks and many different ways to achieve our goals in this way failure will build up our creativity with experience. Failure builds our compassion as well as resilience.

### Let's face failure once

- Failure is a part of success; through many small failures we can achieve a great success. Failure is not always a bad thing as it creates great learning experiences in reality. Stay open to all that happens to you, and do not worry about falling. Because failure is not a big deal in our life but how we will handle it is more important. We should remember 3 Ds in our life first D for dedication towards our dream, second D is for determination and third D represents the discipline so that chances of failure become very less in our life. Because sometimes people take failure as stress and stress will ultimately affect our health so we should not take stress of our failure, we must learn from them and get back to our dreams with full energy. We should never give up on our dreams.

SUPRIYA GUPTA  
ISR



## INDIA into "VISHVAGURU BHARAT."

Franklin D Roosevelt quoted:

"We always cannot build future for our youth, but we can build our youth for the future."

This long-forgotten saying occurred to me when I realized that NCC is far beyond those regular drill and theory classes. Our policymakers realized that investing on youths of a youth nation and channelizing their energy in appropriate direction to serve national interests is need of the hour. This led to the establishment of NCC.

Unity and discipline are the traits of a responsible youth. Performing drills with fellow cadets religiously in spick and span uniform serves the purpose. Greeting seniors and ranked officers with an enthusiastic "JAI HIND" reflects the sense of national pride within the cadet.

Theory classes not only introduce cadets with military lifestyle and functionality but also inspire them to join the forces. NCC is widely acknowledged for conducting successful awareness programs. These awareness programs help cadets to socialize and empathize with their fellow citizens and prepare them to be excellent stakeholders of our nation.

NCC frequently organizes cultural and sporting activities that help the youth in exploring their hidden talents and eventually transforming them into their better selves.

Youth is the metaphor of adventure. NCC regularly organizes adventure camps to stimulate the flame burning within them and imbibe sportsmen spirit.

The prestigious Republic Day Camp and Parade proudly declares the eagerness of future to welcome its new superpower nation.

Youth exchange program is found to be one of the strongest weapons in strengthening diplomatic relations with various countries. It also provides a wider perspective and multidimensional approach to cadets while tackling any issue.

Yes! I confess that my decision to join NCC was highly influenced by my own military obsession. But now, when I compare past with my present self; I find a more disciplined, resolute and future ready youth within me.

To conclude, NCC is one of those powerful cornerstones of nation building that will soon transform INDIA into "VISHVAGURU BHARAT".

Jai Hind !! Jai Bharat !!

CDT. SAUMYA NAIR,  
B. Tech

## INDIAN GIN

Just five years ago India's Gin scene was practically non-existent. But thanks to the hard work of some serious tipplers. Nowadays Gin is getting more popular in India, Indian botanicals are getting involved in it which gives gin an Indian touch. Indian gin is also getting famous in foreign countries, people are loving it.

Most of the distillers are making their gin by using only Indian botanicals plus they are using the Himalayan juniper berries which is the most important part to make a gin, most of the distillery use Himalayan spring water also. Distilleries like Greater than, Stranger and Sons, Hapusa, Terai, Samara, etc are using the Indian botanicals which gives the gin a Indian touch.



The pandemic aside, 2020 has to be the year of the ginpreneur in India. With berries to gin-making at least in small batches which is incredibly low , many young gin sippers who grew to love the globally-trendy spirit while studying or working abroad. Most of the gin distilleries are settled in Goa because the spirited laws are friendliest and distilleries are hiring.

Entrepreneurs in their 20s are pushing the Indian gin story with six craft gins hitting the market this year. Experts weigh in on quality spirits, botanicals and new experiments.

There are 20+ gin distilleries there in India and still on count .

**NIPUN SRIVASTAVA  
BHM**

## INHUMANITY AND ANIMAL ABUSE

We Indians are very kind-hearted, and our religions also teach us much about non-violence. Yet, we are prone to showing no kindness to stray animals and cattle because we believe we have power over them. We are cruel even to draft animals like donkeys, which are used for drawing heavy loads. Fortunately, there are ways in which we can be kind to homeless animals. We can begin by adopting street cats and dogs instead of buying expensive foreign breeds from pet stores. As they find it hard to adjust to the climatic conditions, but also to their surroundings as well. Adopting street animals provides them with a loving home and keeps a check on their growing population.

Also, animal cruelty is carried out in many organizations under the veil of research and experimentation. It has been found that certain zoos and wildlife nature reserves have poor living conditions for the animals. This has led to the endangerment and extinction of many animals. Animal cruelty is a punishable offence. However, the smallest steps and actions are taken to ensure the safety of animals. Every day, cruelty to animals is being done, and I consider that human beings are the main reason for it. It's sad to hear the news related to animal cruelty on television or in the newspaper. We do not care about the animals, their pain, and their suffering. It is completely unnoticed in today's fast-moving world. People who engage in animal cruelty are monsters. We are the upcoming generation of this world, at least now we must know about it and follow different ways to protect animals. As per the current situation, I think in the next 100-year there will be no animals left on this planet. Nowadays, the situation of animals is getting worse day by day, nobody cares about animals nowadays. For a while, imagine yourselves in the place of animals, and when everyone keeps on beating you for no reason, then you are going to realise the pain and suffering of these animals who are killed for no reason. Once, I was standing at the bus stop in the evening when I saw a drunk driver who killed an innocent street dog by rash driving. , is this the mistake of that dog? Is being an animal a curse?

In our society, animal cruelty has existed for a long time, but now is the time to stop it. We must take some steps to protect animals. We must become advocates for our animals. Because animals cannot speak for themselves, it's up to the public to speak for them and report animal abuse. Law enforcement must bring these criminals to our court to punish them for breaking the rules.

Government policies regarding animal welfare must be strictly enforced and adhered to so that innocent animals don't become victims of illegal export/import. I would like to quote Mahatma Gandhi here, he said, "The greatness of a nation and its moral progress can be judged by the way its animals are treated." Being humans, we must be kind to animals because they too have the right to live an honourable life.

**STOP ANIMAL ABUSE! SAVE ANIMALS!**

**SHIVANSHU DWEVEDI  
B.COM**



## JUST ANOTHER STRANGER

Those were the days, blooming and blossoms everywhere.

Rhythms around, no-one with despair.  
I was buzzing around too, until my search ended.  
Filled with hopes, looking forward to changes, ranges.

Thinking of it as destiny, serving around my emotions  
But I played my role till the end.

You missed yours; maybe you were looking for 'The End'.  
But no more sorrows because now here we are,  
suffered through emotions and lies,  
It is okay because not everyone is good at goodbyes.

Life is too long; we are young and agile,  
Next time, I will just look at you and smile.

You are miles away...too far,  
that's good because I'm looking for love not war.  
Ask what we are? Just another stranger.

**PALASH JAIN**  
B.Tech

## MARK AND SPARK

In the wilderness of life,  
One must never be in fright,  
Coz this one is your remarkable flight,  
Which would give you a boon appetite.

Every phase is a race to conquer,  
Welcome it and say bonjour,  
Even if you drown and drain,  
You will be merry enough for the shortened frain.

Every victory has its history,  
Blended with mystery and a pinch of chemistry,  
With the prim and interim,  
You earned freedom with sensible wisdom.

Elevate your standards of progress,  
Be a vintage player in your voyage,  
Get the leverage of the knowledge,  
So that once in life you earn your dream privilege.

When you are in dark never be afraid,  
Mark a spark, for you are born comrade,  
And that will be a mist with a tryst,  
A blooming satisfactory clinch in your arm wrist.

**MERLIN JACOB, MBA**

## MADHYA PRADESH

### THE HEART OF INCREDIBLE INDIA

How beautifully has this tagline portrayed the colours of cultural, spiritual and wildlife heritage on the canvas of tourism.

The diverse nature of the state's destinations truly mesmerises travel freaks. The plateau state, in coalition with mighty mountain ranges, thundering rivers and dense forest covers will surely awaken the hidden poet within you.

Tiger roars echoing in the national parks of Kanha ,Bandhavgarh and Pench thrills its visitors. Cheerful deers, antelopes and bison personify biodiversity.

Madhya Pradesh has been an adobe for deity for centuries. The cultural heritage and lavish architectural designs of temples have attracted tourists for several years. Moreover, the gravity of spiritual vibes in the temples of Khajuraho, Ujjain, Omkareshwar and Indore empower self-realisation. The geographical soundness of Mahakaleshwar Jyotirlinga has been a mystery for centuries.

The magical city of Mandu is full of heritage sites; like Rani Roopmati Pavilion, Hoshang Shah's Tomb, Baz Bahadur's Palace, floating Jahaz Mahal and the Dinosaur Museum. The Afghan Architecture in the forts of Mandu combines beauty and purpose with water conservation.

The marvellous forts of Gwalior, Orchha, Bandhavgarh, Madan Mahal, Maheshwar and Dhar will engage you in a never-ending voyage of the past.

The Sarafa and Chappan Market of Indore is a one stop destination to all hungry souls. UNESCO sites namely Sanchi, Bhimbetka and Khajuraho add feather to the state's cap. The State is home to numerous educational institutions. Indore being the only city to have both IIT and IIM Institution. Madhya Pradesh ,with its amazing handicrafts and textiles bewilders its visitors. Handicrafts like Dhokra, art ichol, Batik print ,patangarh etc add fuel to artistic flame. The beautiful Maheshwari and Chanderi textiles leave no room for window shopping. I can bet on it; the hospitality and affinity of Madhya Pradesh's residents will conquer your heart; and then your heart will crave to visit again --"THE HEART OF INCREDIBLE INDIA".

**SAUMYA NAIR, B.TECH**

# FOM

The origin and development of the hospitality industry is a direct outcome of travel and tourism. There are many reasons for which a person may travel: Business, pleasure, further studies, medical treatment, pilgrimage or any other reason. When a person travels for a few days or more days, he may carry his clothes with him, but it's not possible for him to carry his food and home. Thus, two of his three basic needs- food and shelter are not taken care of when he is traveling. This is where the hospitality industry steps in. A hotel is defined as A home away from home, in other words, Hotels are commercial establishments that provides accommodation, meals and other guest services. In the hotel industry, the front office specifically refers to the area where customers first arrive at the hotel. This area is also called the reception area. Before discussing the career growth or opportunity to grow in the Front Office Department, let us discuss the hierarchy of the Front office department, with that we may get an idea of the career growth opportunities in the Front Office.



As we can see in the above flowchart that there are so many posts available in the front Office Department, as we all start our career in front Office as a trainee and then we grow till **FOM** i.e. **Front Office Manager**. A Front Office Manager is a person who is responsible for making supervisory decisions regarding the front desk / reception of a hotel or hospitality establishment. Front Office Managers ensure that guests have a pleasant experience while checking into a hotel. They are responsible for providing instructions to the front desk staff, making sure that a proper account is being maintained of the reservations and taking care of any problems faced by a guest. Since the first interaction of a guest in a hotel is at the front office, the job of Front Office Manager becomes vital in establishing a cordial relationship and making a good first impression on the guest.

**YUVIKA PURANI**  
**BBA HM**

## MINDSET OR PERCEPTION

In today's Era more than 264 million people are suffering from depression and surprisingly the depression rate is higher in females than in male, the cause of which is mainly the social norms which we support that women are born with.

Recently I saw a video of Delhi which was made to highlight the thinking of men after 8 years of Nirbhaya case in which a boy projected his mind set without any shame that girls invite a boy to do something wrong with her.

So, I would like to ask, does an infant baby also invite someone the same age to do something wrong with her? Women are not allowed to go outside after 10pm. Is this a valid point because of which girls are being raped not every day but every hour. This is as per the recorded cases, there are many unreported cases just because of fear. I agree that you should not go out late night but what about those girls who are being raped by their family members? So, can't we leave our room after 10pm as well? Seriously? Just imagine the condition we are in. I can only say, Dear Boys, please learn how to respect women before learning how and which acid to throw on a girl's face.

**AASTHA WADHWA**  
**B.TECH**



## MODERN SOCIETY HAS BECOME TOO MATERIALISTIC

*"The best things in life are not things."*

There is a great deal to be said about this simple but very true statement. We all live in a materialistic society where most people are more concerned with what it has than who we are. Today, more emphasis is given towards the brand of clothes you are wearing, which car you are driving and what you have in general. Some people look at others who live in luxury and think that they are living a happier life than theirs. This is the impression that society embeds in our heads that leads to many of us spending their lives chasing money rather than happiness. Avarice – this is the main flaw of the society we live in. Many people instead of saving their money for future keep spending it just to satisfy their materialistic needs. It's a vicious cycle. Our society is constantly bombarding us to buy more of that and more of the other, because we live in a society that only functions if people continue to spend. I think this is the time to reanalyze and rethink upon our priorities. Society wants people to work to get richer when, in reality, equality in terms of wealth is more extreme than people realise. I am not saying that it is bad to have nice things, but if having them is your priority, it may be time to reassess. The mindset of our society is to value people having many materialistic things rather on achievements. Our achievements are assessed according to what we have. Why is this? Imagine if all this energy were focused on making the world a better place what a peaceful world we would be! Unfortunately, people will always chase money and power, and those who have will do anything to hang on to them. People were born to love. Things were created to be used. The reason our society is mired in chaos and confusion is because we love things we can consume and use people. Lastly, it's my opinion that things are replaceable people aren't. Hence, people are wise enough to decide what's best for them.

SANIYA JUNEJA  
SOFA

## PLIGHT OF THE MIGRANT WORKERS

The Covid-19 pandemic first reported in December 2019 has put the whole world into an unprecedented situation. When the first and second waves of Covid hit India, the most vulnerable section became the migrant workers. They lost their jobs and the means of their livelihood. Due to the unavoidable lockdown and the resultant loss of jobs and financial crisis, the migrant workers were forced to rush to their homes despite travel restrictions. Did the government succeed in protecting this working class? Has the government brought justice to the migrant workers? Reports have shown that the poor quality of relief camps with meagre rations and poor sanitation facilities, psychologically impacted the workers, especially women and children. They also faced harassment and adverse reactions from the local community due to fear of spreading infections. Many cases of suicide and suicidal attempts were reported as the people were not able to cope up with problems resulting from the loss of jobs and income. More than 35% of the working population in India are migrants, many of them died due to starvation, suicide, road and rail accidents, police brutality or denial of timely medical care. Most of the workers were not covered under the numerous schemes of the government due to a lack of database and registration of workers. Even the Mahatma Gandhi National Rural Employment Guarantee Scheme, which guarantees 100 days of employment, failed to provide jobs to the migrant workers. Tussles between the already registered laborers working in the villages under various schemes and migrant laborers returning home due to Covid-induced lockdown were also reported during this time. The government of India implemented the lockdown at a very short notice of four hours. The government was trying to control the spread of coronavirus in the country through a number of other ways and announced a lockdown as it took the form of an epidemic. Once the lockdown was announced, the workers rushed in trains and buses to reach their home place. To their surprise, the Indian railways suspended all the trains on March 21-22, 2020 (right after the lockdown was announced), without giving any prior notice, leaving the migrant workers stuck. Since all the public transports were suspended, they headed back to their home state on foot, bicycle, or auto rickshaw. Though the Central and state governments issued advisories to the employers to pay full wages to their employees during the lockdown, a survey conducted with 11,000 migrant workers across India revealed that 96% of them didn't receive any ration from the government, 70% didn't receive any cooked food items, and as many as 89% didn't receive any payment from their employers during the lockdown. India has numerous laws and constitutional provisions for the protection of workers and labourers. However, the problem lies in the effective implementation of these laws. Even after having so many laws in place, people from vulnerable sections continue being subjected to exploitation and at the mercy of employers.

HARSH BHUSARI  
B.COM.

## WOMEN SHARES IDENTICAL MANAGEMENT

Women can only drive their responsibilities if they know how to manage them. For this, women need to be educated properly, education helps her to accelerate her knowledge to manage the financial disaster. Women can manage their household responsibilities along with their economic life. Education accelerates the smartness of a human being, and this helps women appropriately schedule their work to get good results. A skilled woman assist's her husband and her family in managing the household accounts. Education gives her the ability to make good decisions and prove herself identical to a male of her house, also women is the earliest educator of children, "if we educate a man, we educate a man only but if we educate a woman, we educate the whole empire. The above lines themselves depict the importance of educating a girl/woman in the present era. A mother is the first or the primary teacher of a child. A mother plays an important role in molding her child's character, or making them a well "human being". A mother encourages her child to face the obstacles and help to reach or acquire his destiny. Women with good analysing capacities are able to secure their child's future and motivate him in the crucial stage. In order to have good citizens, female education is a must without the uplift of women. The nation's progress is not at all possible.

SIMRAN JEET SANDHU  
IOHM

# TEXTILE INDUSTRY FOR GEOGRAPHICAL INDICATION IN INDIA

India is known for its rich cultural heritage of textile industry. It is the ancient industrial and trade activity of India. Indian Textile Industry is one of the leading textile industries in the world. Despite the unorganized nature of industry, it plays a significant role in the economy. Handloom sector dominates the indigenous art and crafts. An era of LPG (Liberalization, Privatization and Globalization) has changed the economic structure across the world. The international trade laws like GATT, WTO, IPRs, TRIPS (Trade Related Aspects of intellectual Property Rights) and Geographical Indications (GI) has changed the facets of international trade. The textile trade has also seen the challenges and evolved in the new trading procedures. Geographical Indications has proved to be a very significant aspect for the textile industry of the developing country like India.

Handloom sector being one of the important parts of Indian Textile industry and Indian Textile export, GI registration has been proved to be an important tool of competitiveness in domestic and international market

## **GEOGRAPHICAL INDICATIONS**

The Geographical Indication means an indication which define goods originating in a certain territory and having a given quality reputation or other characteristics essentially attributable to their geographical origin. The Act called Geographical Indications of Goods (Registration and Prohibition) was passed in the year 1999.

## **PROTECTION**

The protection is granted to geographical indications through registration. The registering authority is the Registrar of Geographical Indications. The registration of geographical indications is not granted to any individual. It is a national property.

## **PROCEDURE FOR REGISTRATION**

The Registrar is the appropriate authority of the Geographical Indication Registry. Every application for registration of a G.I. shall state the principal place of business in India and follow the procedure stated by 'Geographical Indication Registry'.

## **PERIOD OF VALIDITY**

The Registration of geographical indication is valid for a period of ten years to begin with. It is renewable for further periods of ten years successively.

## **RIGHTS AND OBLIGATIONS**

GIs are collective rights owned by the concerned communities. The geographical indication can be used by the registered users by printing it on packages and containers. It may be embossed or woven into or affixed to the goods, it may be used in letter heads and in all advertising material including the electronic media and display. The geographical indication may be used in labels and in water marks.

\*The rights to geographical indication are not transferable in any manner as licensing, pledge, mortgage or sale. The rights are however, heritable. They cannot be transferred through a will.\*

## **GI ADMINISTRATION IN INDIA**

The Geographical Indications Registry is a statutory organization, its office is set up at Chennai for administration of the GI Act with the objective of providing registration and protection of geographical indications (GI) relating to goods. The 'Controller General of Patents, Designs and Trademarks', who is also the 'Registrar of Geographical Indication' of India, is responsible for administering the GI Act.

## **ROLE OF TEXTILES COMMITTEE OF INDIA FOR GI INDEX**

The Textiles Committee of India has been spearheading a nationwide campaign in India by creating awareness among various stakeholders of Textile and Clothing sector on the benefits of GI. The Committee identifies potential products and facilitates GI registration of the products.

## **CONCLUSION:**

The registration of the textile art and craft will retain the identity and sustainability of the product with its origin and geographic area. Further step to protect the product with GI would be to bring awareness among the consumer.

**Mrs Poonam Vohra**  
Director IFT



## RENDEZVOUS WITH MY SOUL

Sipping coffee under the blue,  
Thought to have a self-rendezvous,  
Always tried to win hearts  
All my life

Making people happy,  
Was the priority on my charts,  
Competing in this hustle,  
The chaotic world  
Forgetting my 'self'  
Self-bother was a wrestle.

So,

Sipping coffee under the blue,  
Thought to have a self-rendezvous,  
Savouring the mellow yellow,  
I called out to my 'self',  
In a polished voice  
'Anyone there, hello?'

A silence, heavy and reflective,  
Is anyone there?

My hesitant words  
Still being affective  
A soft soothing tone

Into my senses  
Swiftly to my ears

Transported me to a different zone  
A voice in amazed way

Who is it?

Oh! Is it you?

How did you forget your path today?

Masses lost my senses

Upon hearing this

To cry or to shout

Confused between the responses

Sipping coffee under the blue,  
Thought to have a self-rendezvous,

With heart sombre and heavy

I asked my 'self'

How are you?

Are you upset with me

My inner self, with a serene smile

So beautiful

Retorted me

'Where were you all this while?'

'You cannot perturb me, upset me,

You are the reason I breathe,

You are my own

I cannot be sullen with thee'

Receiving this affinity

I could not hold

Quick sentimental tears

Rolled out without vanity

So, I decided and promised,

My new soul mates

My new best friend

I will never make you feel alone and missed.

With busy schedules and routines,

Steal some time

For my 'self'

Go back to my sixteens

Sipping coffee under the blue,  
Thought to have a self-rendezvous,

Under the blue, now I see,

Clear daylight

Making me realize

Within this small world of mine there is ME

**AR. KAMINI BADNORE , SOA**

## "MY COLLEGE"

I want to stay here forever,

Enveloped in the warmth and care

Its crazy how these past few years flew by,

How we made memories while being unaware.

We were only stealing lunch boxes,

Or worrying about our next assignment submission.

Laughing our hearts out with friends,

On how the topper just finished his 4th revision.

But of course, it's time to bid adieu,

And to leave with a heavy heart.

It's time to step in a real world like adults,

A new life is just about to start.

I will cherish the memories of my teachers

I will always hold it close to my heart.

This college loved and nourished me,

How can we ever be apart!

To all my teachers I am so thankful

You all truly are the best.

No matter how far I fly,

I'll always be a child from your nest.

**MS. DEVYNEE PANDIT**

**B. PHARM.**

## THE POWER OF THE TONGUE

I have seen what words can do,  
As I deal with people everywhere.  
The tongue is powerful, it's true!  
Something to tame and use with care.

I've seen spiteful words ruin a life  
And gentle words heal and bless.  
I've seen careless words stir up strife  
And tender words ease distress.

I've watched silence speak out loud  
And idle chatter brings mischief.  
Seen timely words persuade a crowd  
And hasty words end in grief.

I've seen people eat their words  
Who can't seem to hold their tongue.  
Watched them take the shame it affords  
When they are later proved wrong.

My tongue, too, can go astray,  
So, dear Lord, help me watch with care  
To whom I'd speak and what I'd say,  
How I'd speak and when and where.

**BHUMI BAJPAI**

**B.Tech**

## POLICY GOVERNANCE- AFTERMATH OF PANDEMIC

- Data Privacy and Protection-

There has been a lot of discussion going on based on the privacy policy regarding data and the digitalization of almost everything because of the pandemic. On one hand, the IT and social media companies are developing more advanced facilities for their customers and heading to IT Act in case any issue arises. On the other hand, citizens are challenging such policies framed by various social intermediaries like WhatsApp, Instagram, Twitter, Google, etc. Apart from all these controversies, there should be a strong policy to be implemented in favor of citizens because they will be the first ones to get affected at any cost. The concern is serious because the information of consumers on social media platforms includes personal data like phone numbers, addresses, e-mails, locations, and political beliefs, religious beliefs which must be included under sensitive personal data under Personal Data Protection Bill, 2019(PDA). Moreover, the constitution itself guarantees the Right to Privacy under fundamental rights is somewhere still not availed by the government to its citizens just because of the lack of awareness related to privacy protection.

### Access to Justice-

There have been various instances during the second wave in the month of April-May'21 where the High Courts of a few States and the Supreme Court of India have taken Suo moto cognizance of COVID-related matters. The Supreme Court directed the Central Government to open the oxygen manufacturing plants which were earlier shut down due to unfamiliar reasons. The Court also ordered Government to supply medicines and injections to both government and private hospitals. It also ensured the availability of beds and proper treatments to be given to the poor and needy. Where on the other side Delhi High Court, Allahabad High Court, Kerala High Court, and Madras High Court bashed government officials for their irresponsible behavior and how they neglected the situation getting worse. Post-COVID also such opportunities must be available to citizens whenever they find there is some injustice happening to them because courts are the only hope people have to achieve justice and fairness. Because all they need is the protection of human life.

- Labour Law Reforms-

As we can note that right from the beginning of the very first lockdown in March 2020 till today the labor and daily wage workers were finding it really difficult to migrate to their home towns, it is very important to look at this aspect because labor comprises of skilled and unskilled individuals who in search of work keep moving from one place to the other and they are also not certain about their earnings. There must be some policies to be framed where these laborers feel secure and safe in their lives and families. Though there are some statutes like Factories Act, 1948; Wages Act, 1936; Trade union Act, 1926; Equal Remuneration Act, 1956 have been formulated but they must be modified with keeping in mind the uncertainties that can arise taking this pandemic into account. Some changes can be seen about the type of work laborers are getting post the first and second wave many it be construction work or any other labor activities are kind of limited. As a result, they are adopting some other way of earning as their source of income. Government must formulate provisions regarding their interests and safety that can provide employment opportunities to laborers so that even if the pandemic situation arises in the future, they at least have enough monetary help to carry out the basic needs of their daily life.

- Financial Law-

There is the worst effect of this pandemic on the economy of India because all the industries, factories, and companies were shut down leading to a decrease in national income. Furthermore, no trade took place for almost three months in 2020 and for two months in 2021. Though the economy was improving a little but being hit by the second wave of COVID-19 economic situation again has lost its track. The effects are mostly seen in the National Income of the year 2020-21, and the Gross Domestic Product of 2020, 2021, Fiscal Policy Index. The Ministry of Finance must formulate such kind of financial policies where the economy becomes stable, well being stable it means the income should be more than expenditure.

The loan schemes are the major issue of discussion post-COVID. Institutions like the Reserve bank of India and SEBI have introduced several relief measures such as imposing a moratorium and deferment of three months on payment of loan installments and interests on facilities and exemption from several compliance and disclosure requirements. There were a few amendments made to Insolvency and Bankruptcy Code Act, 2020.

- Inclusivity in Digital Education-

The most accepted digital education nowadays was widely accepted after the educational institutions were shut down after the first lockdown. Digital Education made it a little more convenient to carry out education without any obstacles and it made sure to students and to teachers to remain connected with each other for continuous education without causing any hindrance. Though there were many students in the parts of rural India where children remained untouched by the digital era, so for them, the Ministry of Education must cover such policies where every education institution should make it possible for every student to afford and learn about Digital Education. It cannot be replaced for physical classes but enables children to have greater autonomy to decide on topics they want to work on and collaborate with peers, empowering them with learning skills

- Conclusion-

Governance arrangements have played a critical role in India's immediate responses to the COVID-19 situation from March 2020 till the present-day condition and most probably it will continue to be crucial both to the recovery and to building a new and generality of the given situation once the crises have passed. The governance was implemented using various policies such as public trust, digital government and data, public sector innovation open government and public communication, public integrity, budgeting, public management, infrastructural management, policy coherence, and coordination.

This pandemic has transformed the way we work, making us accept it in a general yet most accessible manner. It has affected trade, increased demands for medicines also demanded a cashless economy, and various other forms that no more imagined it could come at this time. Therefore, the government must initiate those governance policies and structural reforms to ensure that the preventive measures and decisions government takes improve India's future and achieve its national objective.

**GEETANJALI NIGAM**  
**B.A.L.L.B**



## PSYCHICE GESUNDHEIT

Hey!! Since the title caught your attention, I hope you will read it till the end and between the lines too. Psychice Gesundheit is nothing but mental health in German, one of the most important topics which we all ignore effortlessly. Can you imagine boxing with broken knuckles? That's what gas lighters do to themselves every day. They put themselves in a hypothetical situation which may never occur and if you think about why they are doing so, then probably you have no idea about good and bad mental health. Speaking of that, have you ever imagined telling an asthma patient to breathe more air just because it's in the surroundings? Exactly, similarly when we tell people with anxiety to think positively, they get anxious because thinking is not the same for everyone. Some people overthink everything with consequences which resultantly sometimes show on their physical health. Have you ever found yourself in a situation of numbness where all you do is investigate the void and think endlessly? Some small signs of disturbed mental health can be not eating properly i.e., overeating, or putting yourself through starvation sometimes. It's also reflected in our sleeping schedule, and in the way we organise our room, clean our surroundings etc. You might see someone with the happiest and brightest smile with a cheerful yellow personality but deep down they are going through blues which they don't talk about. A little squeaky voice carving marks on the soul with its hurtful words and thoughts and the scars remain forever. Getting overwhelmed easily, anxiety creeps inside makes it hard to breathe, words come over and it feels like you're somebody else. Nobody gets it to say you are too sensitive. Many of you may not relate to it and trust me I'm happy for those who don't find my article relatable. But even if you are in a perfect state of mental health right now you might know someone who is not and is showing clear signs of needing help, but they won't ever admit that cause they are afraid of being judged and don't want to feel like a burden on anyone. I know this might seem a little bit depressing but think of those who must take anti-depressants and anti-stress pills just to feel okay. We all take others' emotions for granted but when it comes to us, we start to feel lonely, and a sense of guilt starts to build in but the truth is that everybody goes through something in their life whether it may be the childhood trauma caused by the toxic home environment or due to getting bullied by their fellow mates for something they are not even responsible for. Yes, I am talking about the racist jokes that you find cool or body shaming puns... ohm! and not to forget about patriarchy and community-based prejudices. Well, well I am not going too far, it's something that everybody has to go through in his/her life at some point. Fortunately, or unfortunately "they" say that all this builds your character and helps you get mature but sometimes in truth it is bitter as it can break someone from the inside. I have only sprinkled some magic sand on the glass of sand art, I have got a lot more to say and convey but it's your responsibility to think about this more deeply, and if you find this article relatable in any way my friend you are not alone. In case you have not been adequately informed, please consider this official notification that you are awesome. You are worthy, you are the only version of "you" to ever exist in the universe. Let them judge you, let them misunderstand you and let them gossip about you. Their opinions reflect their own perceptions, those aren't your problem. Don't let anyone invalidate or minimise how you feel. You stay kind, committed to your goals and free in your authenticity. No matter what they do or say, don't you dare doubt your worth or the beauty of your existence. Just keep on shining like you do.

ZAINA ALI, IMCA



## SUSTAINABILITY AND ARTISTS

Today in these testing times worldwide we often come across a word "Sustainability". One can observe this concept being embedded in almost any and every sector. This makes me wonder what we are doing as artists. Is this not our responsibility to make conscious efforts and present creativity as a sustainable art? There are many artists around the world such as Alexis Rockman, Mel Chin, and Erin Jane Nelson who are contributing and addressing the climate change and its effects through their art field. According to Mel Chin, New York City climate-change scenarios project that by 2100 water levels will rise by up to six feet. While this possibility is a long way off, what we do in the present will affect the future and determine the outcome of rising oceans. She has studied many research points and developed an application "Unmoored" which lets user to experience the effects of climate change in near future. This work is no less than an artist trying to engage general public with rapidly changing and altering climate patterns and enable them to pause and think about the negative contribution that we all make towards environmental pollution and global warming. "Unmoored" is a work designed to incorporate a moment of awe, one that offers a glimpse into the future, witnessed through the technology of the present. Many more artists are obtaining data based research works from scientists and translate them into audio-visual creative forms to connect common man with indispensable climate change. I as a fine arts student look forward to contribute to sustainability and propagate awareness to general public through paintings and sculptures. While the present situation looks gloomy with rising global temperature, carbon emissions, pollution, water levels, etc., I believe artists can create a hope—a hope to a better future with aggregated efforts by nations and individuals.

RADHARANI MAHAJAN, BFA

# RETHINKING URBAN: THROUGH THE LENS OF LIVABILITY, RURAL DEVELOPMENT AND POPULATION REDISTRIBUTION

Monu, Ten year old, was ecstatic on his way back home from village Primary school. He was thrilled and frenzy with delight as his uncle Ramesh was going to come from a big urban city to meet him. As this year his father's crops spoiled, so due to lack of money, they have to restrict their wishes to basic necessities. But now uncle Ramesh was his hope to get a new toy, clothes and sweets. In their Society, Uncle Ramesh, was considered rich and smart as he resided in an urban city. No one would really imagine that he was a vada pav vendor and lived in an unauthorized Slum area. Even if he fulfills some small wishes of Monu, what about his wishes and progress? Is this the true Urban? Are there some solutions to paint a new better image of Urban? Is there a need to Rethink it? Urban development patterns are highly challenging in developing countries. It is important to manage unprecedented growth in an effective and efficient manner. Urban Livability, Rural Development and redirection of migration flow to peri-urban areas and satellite towns are approaches that can be established in major metropolitan cities across the globe to rethink urbanization.

*"It is always easy to create an ordinary city; what is difficult is to create an extraordinary one, peaceful and restful one, smart and tidy, artful and cultivated one, in short, a livable one!" — Mehmet Murat ildan*

**Urban Livability**-in small story stated earlier, **imagine the first condition**, if uncle Ramesh lived in an urban livable city. He had a small residential unit with proper service like sanitation, clean drinking water,electricity,wi-fi,good quality of roads, parking spaces,parks.he enjoyed all amenities like Health, safety, mass transit, mixed use development, children friendly spaces, bike lanes pathways, vivid transportation options, affordability of housing, economic growth, recycling strategies, investment possibilities, air, water and land pollutions, plants present in locality,walkable environment He lived life of fulfillments physically, emotionally and mentally. He could be called a true urbanite.

**Livability** is a system of being livable. It is governed by the desire of residents to live in a particular place. Livability has three basic components as Normative, Objective and Subjective. Normative includes ideal quality of life induced by philosophers and experts. Objective includes quality of life based on incomes, productions, prices in housing sectors, Crime rates. Subjective includes abstract feelings like Happiness, priorities, needs, safety, feelings; Livability depends on these components and overlapping between them.

*"The future of India lies in its villages"-Mahatma Gandhi*

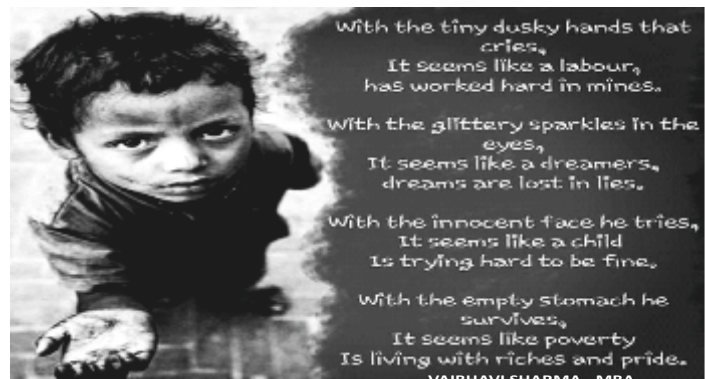
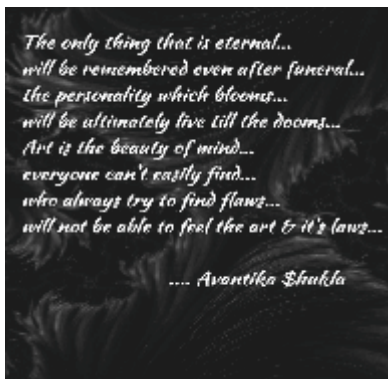
**Rural development**-in **second condition** let's imagine if he is resident in the same village, he had all the resources, he was trained in proper skills with agriculture pursuits, enrolled in government upliftment policies, investors have invested on him, his wife with other ladies could have started some handwork art and craft startup. He could have online trade products to urban markets. He could have fulfilled all his dreams by remaining with his family. Improvement of village products using new technology, Preservation and promotion of local culture, Making of economically feasible new technology products, Facilitation for government schemes, Health and nutrition advice through video conferencing for Women, Employability Excellence generated through skills, developing recreational and sports facilities for enjoyment of people.

*"Almost half of the population of the world lives in rural regions and mostly in a state of poverty. Such inequalities in human development have been one of the primary reasons for unrest and, in some parts of the world, even violence"-A.P.J.Abdul Kalam*

**Redirection into peri-urban and satellite towns**-in **third condition** that he resided in a satellite industrial area of an urban city. It could have become easier for him to arrange a better low cost shelter, transportation charges could be reduced, he could enroll in training programs of industry and lead a progressive life. All the services that in urban areas were out of reach could be comparatively cheaper and easily available. Less crowded sub-towns could help him get more opportunities with fewer people. In all these above mentioned three conditions, Uncle Ramesh can seek a progressive life.

**Peri-urban areas** are explained as the areas that surround our metropolitan areas and cities. They are neither urban nor rural in the conventional sense. They are the fastest growing regions, globally. Peri-urban is the intermediary zone between the 'rural' and the 'urban', that is, a geographical space where the rural meets the urban. **Satellite towns** are smaller towns or municipalities that are in close proximity to major cities .Conceptually, satellite cities could be self-sufficient communities outside of their larger metropolitan areas. The success of the satellite towns lies with the connectivity aspects with the urban core. Thus conditions should be created so that the overburden of urban areas could be lessened and livability should be practiced for maintaining quality of life. Human centric approach should be again formulated when rethinking urban areas.

AR.NEELAM KUSHWAH, SOA





## THE ART OF SILENCE

The urge to express is natural. No matter what the medium is, just the emotion has to be conveyed. The yearning of a human to express has seen a sky limit of evolution. But on the contrary in the present scenario expressing has been standardized to blabbering. The significance of silence has left the arena, everyone is speaking without cause. Words are no lesser than weapons, if not handled with care, it has the power to kill a situation. Humans have narrowed down life to noises, where other voices stand feeble to be opinionated, one is voicing out to be heard regardless of what sense their opinion makes. Blabbering on any standard topic does not make one great, as a proverb says a sharp tongue can cut your own throat. Silence is always superior to the unknown. The predominance of silence in this restless world is to heal the scars of life. Often silence is regarded as the grave, it seems dark to the masses. Silence is the unprecedented creativity that lights the dingy streams of life. No one admires the fact that silence is a source of strength, the strength of the wise. It lets one hear what is never heard. Silence speaks but it is ever unheard, it is the language of the soul. Those utterances can be worthless and fail to ignite even a spark in others while silencing ablaze a fire of purity. Silence can frame moments that matter.

RIYA VARGHESE

BFA

## COLLEGE!!!!

### **THE BEST 3 YEARS OF MY LIFE:**

College life is known as one of the most memorable years of one's life. For some, college means enjoying life to the fullest and partying hard, while for others, it is time to get serious about their studies. But mine was the combination of both. We are the batch of covid so for almost two years we were attending online classes but after college got reopened we were like gosh we got heaven. Oh Gosh, I can only wish I was able to give you a single answer why I love my IPS Academy, yes you read it correct my IPS Academy, but I can't. My college with friends has been so epic that it's literally impossible to choose single moments because IPS has given so much to me. Oh my goodness I was so dumb when I attended college the first time, so I have a lot of "omg never again!" moments. So many changes take place when you shift from your hometown to a completely different city, where you are all alone. But I got some extremely good friends and most supportive professors who have given their best to make us feel a part of a college family. Our HOD Mam, she is a sweetheart, what a great personality she is! She is so soft spoken that I have never felt like some other person. All the professors have some importance in my life. I can't say my college life is the best every time. Yeah it got complicated sometimes. But every second of college life has taught me something and has made me stronger mentally, emotionally. And that's the beauty of our college IPS Academy.

POOJA GUPTA

B.COM

## YOGA AND MIND HEALING

Yoga is essentially a spiritual discipline which is basically based on science, which heals our mind and body from within; it gives extreme amount of peace and relief to the body. The word 'yoga' is derived from the Sanskrit root 'yuj', which means 'to join' or 'to yoke/unite'; it also improves strength, balance and flexibility. Yoga is suitable for all age groups.

Some advantages of yoga are as follows:-

- 1) yoga helps us to get rid of anxiety issues. As, anxiety is a common problem of all the around us.
- 2) It also helps us to decrease stress, in a day to day life hustle yoga helps us to keep our mind calm and relief from stress.
- 3) Yoga can help with depression as well, depression is mood disorders, which is faced by many people around, we cannot see depressed person they usually look normal, happy and healthy but they are depressed, which also leads to suicide.

Yoga is best medicine for depression, yoga therapy act as a treatment for the same.

So, in conclusion I would like to say that yoga has so many benefits in overall, 5 minutes to daily morning yoga will definitely make your day, which also leads to stress relief, flexibility in body, calmness of mind, spirituality of body and mind, helps in better sleep, helps in back pain, knees pain and many more.

Yoga is important for a healthy long life.

Your life is precious so take care of it, and start doing something productive for it.

SIDDHI SIYAR, BAMC

## WHEN LIFE GIVES YOU LEMONS...MAKE LEMONADE...!!

Covid-19 has been a boon in disguise. Everyone needed a break. the world needed a break. It's like God had pressed the reboot button for all of us. Global warming, pollution of all kinds and the stress we had been imparting on mother earth needed to stop. The birds and animals and all the living creatures were crying out to consider them while chopping off forests and intervening with the ecosystem. We never listened! So then. God made us. He gave us an opportunity to contemplate and to get our priorities right. We as individuals had almost forgotten how it is like to live a simple life. A life with limited resources. Only a few days back the whole world was functioning depending on someone or the other. The lock down gave us a chance to learn and relearn things that we had long forgotten.

As an academician, I see it is an opportunity to reach out to many more people than I could have physically. The virtual media has given us a platform to initiate a novel way of teaching and learning at the same time. Things which were obscure and not very gettable are at an arm's reach now or rather a webinar away. Interacting with the greatest architects in the whole world, attending seminars that were only accessible to a lucky few and doing various courses that each one of us craved for... all have become a reality through various online platforms.

As a mother I could see this as an opportunity again, to connect with my children for a longer duration and see them grow right in front of my eyes. It's been a tricky journey with everyone going through teething troubles. The basic nature of man being a social animal got disrupted by social distancing, but the e-media has given ample windows to reconnect with family, relatives, and old friends. We learn to appreciate small things in life when we don't have enough. The happiness of eating 'dal chawal' and to make that one dish with Ma's recipe was something each one of us cherished.

As far as resuming work is concerned, the workplace is never going to be the same. As a teacher the emptiness of the studios is deafening. The hustle bustle, the chit chats of students, the queries, the naughtiness, and pranks are being terribly missed. The Design Juries and Practical Viva-voce don't have the same feel to it. 'Teachers Day' had no meaning this year without the students and their performances. We miss all the young and lively faces every single day, that used to be the lifeline of the whole Institute.

Confinement for survival sounds ruthless but that is going to be the truth of our lives at least for the time being. Making the most of it at all fronts will make us come out victorious. Rather than fighting it we should accept it and convert it as an opportunity to reiterate and to emphasise the values that we have inherited.

AR. HARSHIKASAHAY KEMKAR ,

SOA

## THE TYRANNY OF RAPE CULTURE

“While a murderer destroys the physical frame of the victim, a rapist degrades and defiles the soul of a helpless female”-Justice Arjit Pasayat  
Rape is one of the India's most common crime committed against women. The report states that every 20 minutes a woman is raped in India. Most of these cases go unreported because the victims do fear retaliation and humiliation.

Something that really strikes my mind is why do people feel shameful to speak up or even to raise their voices against such ill practices happening just around us? Do we really give a second thought about it unless and until it happens to our own family or friend circle?

The result stays constant, a mere perfect silence, proving up the pathetic, lethargic working of the Indian judiciary in serving justice to the people living in India. Moreover, the family, relatives give up so soon.

“Waqt ke sath sab kuch thik ho jayega” you see the typical ironic pathetic statement that we use to console victims. Down the lane the person who suffers it knows it all. It is just the massacre that she would never forget throughout her life and the wounds would never heal.

The parents of the deceased give the topmost priority to the societal norms, their perception and their reactions too and boom you'll hear another disappointing line “log kya kahenge”and I guess the probable answer to this is “Kuch toh log kahenge, logo ka kaam hai kehna”. You pretty much think of society's comments,your relatives' reactions as well. Why don't you really think of the person who really needs your care, support and love to face such a terrible situation?

The usual blame that comes upon is about the western wears. People do claim that the girl in western wear attracts men and thus leads to such nasty crime. Putting the blame on clothing doesn't really make sense, does it? Majority of the women being raped were found to be wearing traditional outfit. Irrespective of what women wear, men do have a baseless political statement to defend their terrible act. Imagine a new-born entering this world and getting victimised by such acts. It is probably the wrong thought process that dwells on such a horrible act.

People do take out huge rallies to protest for fuel prices hike, for political promotions etc. It's high time that we really prioritise the realistic major issues that we the people of India face and take required measures to stop such evil to take control over the country. It's essential that we raise our voice for the justice of victims facing such menace. As said unity is strength, when all the races come together to wipe off this evil, the world would be a happier and better place to live in.

MERLIN JACOB, MBA



## AVANI CHATURVEDI - INDIA'S PRIDE

Women can do anything, they can pursue their dreams. Women have a robust spirit which makes them excel in their fields. They contribute massively to the lives of their family members and the country. Women are the epitome of wealth and power. From the time being one of the major hindrances in the success path of women is gender inequality. People always recognize women are suitable only for household chores. But in today's world women are walking side by side with men, even in some fields they are proving themselves more productive, creative and successful than men. But there are some fields in which people still believe it's not a women's cup of tea, one such post was of "FIGHTER PILOT" which was believed to be male dominated establishment. However, breaking the glass ceiling three women Avani Chaturvedi, Mohana Singh and Bhawana Kanth got the honor of being fighter pilots.

The Trio has reached the open sky at the tender age and their fighter jet the MIG-21 Bison aircraft validates it. It will be an inspiration to all women and also payback to our misogynist society. There are many other powerful ladies of our country that reflect that women are not less, weak to anyone. Last but not the least, let me remind people of the thirteen women in IAF services, as we need to remind our patriarchal society that we exist and can fare well in any field. Some of the names are - Punita Arora, Ganeve Lalji, Gunjan Saxena.

Currently it's the need of the time to put aside the ego and to encourage women as much as one can in each and every field as without the support of women's the world can't reach at top and if the world wants to touch the sky with glory then the participation of women is must.

Contrary to the belief that this is a male dominated world, Women provide the foundation of power, grace, wisdom, justice, creativity. Encourage women as much as one can in each and every field as without the support of women's the world can't reach at top and if the world wants to touch the sky with glory then the participation of women is must.



## WRITING CAN CHANGE THE WORLD

Kunal was an eight year old boy who was always busy in counting stars, smelling different flowers and solving puzzles. He was not studious but he was intelligent. His parents were not happy with him, as his teachers always complained about not scoring good in school. His parents and teachers often shouted on him, but there were no change, he was still in his world of stars and flowers. It was Kunal's ninth birthday when one of his friend's gifted him a pen, a beautiful, shiny golden colour fountain pen. Kunal kept the pen very close to his heart in his shirt's pocket, it was his daily routine to wake up and keep the pen in his pocket.

One day he was sitting in his school ground and he started writing whatever was happening in the ground, it was the first time he wrote something so deep and wonderful. Writing was now his new hobby, he started writing about flowers, stars and everything he loved.

He grew up and became an award winning writer, his novels were published as the bestselling novels in the year 2018. He wrote so many good poems, stories, novels and much more. He also wrote so many motivational stories for students which changed their lives.

His stories are now taught in schools and colleges. He was well known for his work and it was all just because of the pen gifted by his friend when he was a child. So, there is nothing better than a pen to gift. If you want to change the world, pick up your pen and write.

**SAMLI JAIN**

**BA TTM**

# Sketch Art By IPSA Students



हिन्दी  
खण्ड





## “अब भी मैं आपकी छोटी सी बच्ची हूँ, मां पापा”

आप मेरे लिए क्या हो मैं यह जता नहीं सकती,  
दिल का प्यार मेरे मैं बता नहीं सकती।  
छोटी सी थी मैं जब मां ने हाथ पकड़ कर ए फॉर एप्पल, बी फॉर बॉल लिखना सिखाया,  
आराम की टाइम से थोड़ा वक्त चुरा कर, ऑफिस में ओवरटाइम कर के, पापा ने मेरे लिए थोड़ा एक्स्ट्रा पैसा कमाया।  
बाहर जाते थे जब तो कभी मेरे लिए चॉकलेट, कभी चिप्स ले आया करते थे,  
मुझे हंसता हुआ देखकर वो सुकून की सांस भरते थे।  
मेरे ढंग से खाना ना खाने पर वह परेशान हो जाया करती थी,  
कभी उड़ती हुई चिड़िया, तो कभी चांद तारे दिखा कर वह मुझे खाना जबरदस्ती खिलाया करती थी।  
थोड़ी बड़ी हुई मैं तो मुझे भी एक अपनी साइकिल मिली,  
मेरी हंसी ठिठोली की गूंज आंगन भर में देख कर उन दोनों के चेहरे की मुस्कान खिली।  
स्कूल जाने लगी जब मैं, तो मुझसे ज्यादा मेरी मां की परीक्षा होती थी,  
मेरा पूरा होमवर्क करवा कर ही वह खुद चैन की नींद सोती थी।  
मेरी स्कूल की फीस टाइम से भरने से लेकर मेरी हर जरूरत की चीज जैसे की  
बैग, टिफिन, बॉटल, बुक्स; वक्त पे लाकर उन्होंने अपनी सारी जिम्मेदारियां निभाई,  
पर जब मैं स्कूल में अच्छे मार्क्स से पास होती, मेहनत उनकी होने के बावजूद भी देते थे वह मुझे बधाई।  
स्कूल का वक्त बीता, उनकी छोटी सी बिटिया बड़ी होने लगी,  
वक्त आ गया था जब उन्हें अपनी फूल सी बेटे को दुनिया के कांटों के बीच भेजना था,  
दिल पर पत्थर रख के, आंखों के आंसू छुपा के, अब बस उन 18 सालों के यादों को सहेजना था।  
जब भी मैं पढ़ने बाहर जाती, मैं और मां गले लग कर फूट कर रो लिया करते थे,  
पर बेटे को कहीं उनके आंख के आंसू न दिख जाए, यह सोचकर पापा यूं ही खुश हो लिया करते थे।  
दूर तो आप दोनों से बेशक हूँ मैं,  
लेकिन यह दूरियां दिल की नहीं बस किलोमीटर की हैं।  
मानती हूँ अपना प्यार दिखाने में हूँ मैं कमजोर,  
पर यकीन करना, घर के कामों के लिए नहीं हूँ मैं कामचोर।  
हो सकता है कभी मैं कुछ बोलूँ ज्यादा  
लेकिन अब भी मैं आपकी छोटी सी बच्ची हूँ, मां पापा!  
आप की सलामती की दुआ हमेशा करती हूँ  
अपने हिस्से की सारी खुशियां मैं आपके झोली में भरती हूँ।

श्रेया त्रिपाठी  
एमबीए

## सफलता

सफलता उसी को प्राप्त होती है जिसमें सफल होने की उर्जा होती है जुनून होता है और उस जुनून को प्राप्त करने के लिए व्यक्ति का एक बार टूटना जरूरी है, एक टूटा हुआ व्यक्ति बहुत शक्तिशाली होता है और जब तक आप एक बार टूटोगे नहीं तब तक आप स्वयं को फिर से समेट कर खड़ा नहीं कर पाओगे वो कहते हैं ना कि जिसने अपने जीवन में गलती नहीं की उसने जीवन में कुछ नहीं किया, उसी प्रकार जिसका कभी दिल ना टूटा हो या वह व्यक्ति स्वयं ना टूटा हो वह व्यक्ति स्वयं को अपनी सफलता के प्रति ऊर्जावान नहीं बना सकता या उसमें जुनून का अभाव हो सकता है और किसी भी कार्य को सिद्ध करने के लिए उसके प्रति जुनून होना जरूरी है एक शायर ने कहा है कि “इश्क जब ना कर चुके रुसवा आदमी काम का नहीं होता”

अगर आप विज्ञान के छात्र हे तो आप मेरी बात को सरलता से समझ पाओगे विज्ञान में कुछ परमाणु होते हैं जिसमें न्यूट्रोन प्रोटान जब टूटते हैं तो एक उर्जा उत्पन्न होती है उसी प्रकार जब दिल टूटता है तो भी एक ऊर्जा उत्पन्न होती है अब वह आपके ऊपर हैं कि आप उस उर्जा को किस तरफ लेकर जाते हो कुछ लोग दिल टूटने पर उदास हो जाते हैं और शराब जैसी नशीली लत का शिकार हो जाते हैं लेकिन कुछ लोग उस उर्जा का लाभ उठाकर सफल बनने की राह पर निकल जाते हैं और उस कार्य के प्रति ऐसा जुनून उत्पन्न कर लेते हैं कि उन्हें सफल होने से कोई नहीं रोक सकता और वही दिल का टूटना उनकी सफलता का माध्यम बन जाता है और फिर आखिर में ऐसा होता है कि जो व्यक्ति हमें छोड़ कर गया था या जिसके कारण दिल टूटा था उसे आखिर में पछतावा होता है और वह पूरा जीवन इस पछतावे में निकाल देता है कि काश मैं उस समय ऐसा ना करता या ना करती,

**इसलिए जीवन में एक बार दिल का “टूटना जरूरी है” और  
उसको सकारात्मक रूप में लेकर आप सफलता को प्राप्त कर सकते हैं।**

कुलदीप सोलंकी  
बीएएमसी

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अपने जीवन में प्रत्येक व्यक्ति सफलता प्राप्त कर जीवन के शिखर को छूना चाहता है। परन्तु क्या सभी पूर्ण से सफल हो पाते हैं? नहीं। निरन्तर प्रयास और मेहनत करने के बावजूद भी कई बार हम जीवन में सफल नहीं हो पाते हैं। जीवन का हर वो पायदान जिसे हम पाना चाहते हैं, उसके लिए कोई एक सूत्र नहीं है, लेकिन कई ऐसे मंत्र हैं जिन्हें अपनाकर अथवा अमल में लाकर हम निश्चित रूप से अपनी मंजिल तक पहुँच सकते हैं। दुनिया में ऐसी कई शख्सियत रही हैं जिन्होंने कामयाबी के शिखर को छुआ है और यदि ऐसी शख्सियतों के जीवन को हम जानें, उनके द्वारा दिये गये मंत्रों को अपनाए तो हमारे कार्य के प्रति हमारा समर्पण, आत्मविश्वास और नजरिया हमारी सफलता को अवश्य सुनिश्चित करेगा।

सफलता हमारे द्वारा किए गये उस परिश्रम का फल है जो लक्ष्य के पूर्ण होने पर प्राप्त होता है। सफलता पाने की पहली सीढ़ी है, लक्ष्य का निर्धारण करना। हमारे जीवन में यदि लक्ष्य नहीं होगा तो सफलता भी प्राप्त नहीं होगी। अतः सर्वप्रथम लक्ष्य को बनाएं और उस लक्ष्य को प्राप्त करने के लिये कार्य योजना बनाकर योजना का क्रियान्वयन करें। कार्य योजना बनाना भी अत्यन्त आवश्यक है। आचार्य विनोबा भावे ने बताया है कि जब हम किसी नई योजना पर विचार करते हैं, तो हमें इसका गहन अध्ययन करना चाहिये। स्वामी विवेकानंद भी कहते थे, एक समय में एक कार्य करो और ऐसा करते समय अपनी पूरी आत्मा उसमें डाल दो।

मेहनत एवं लगन से किए गये हर कार्य में कामयाबी मिलती है। यही सफल होने की दूसरी सीढ़ी है, अतः दृढ़ संकल्पित होकर कार्य संपादित करने की दिशा में कठिन परिश्रम करें। आचार्य चाणक्य ने अपनी नीति में बताया है कि एक इच्छा से कुछ नहीं बदलता है, एक निर्णय से थोड़ा कुछ बदलता है लेकिन एक निश्चय सब कुछ बदल देता है।

सफलता की उंचाईयों को छूने के लिये समय पर पाबंद होना जरूरी है। समय बहुत मूल्यवान है, समय के महत्व को समझना अत्यन्त ही आवश्यक है। यही समय, भिखारी को राजा और राजा को भिखारी बना देता है। समय बर्बाद करने से बेहतर है, उसे अच्छे लोगों से बातचीत में लगाएं या हमारे बचे हुए कार्यों को पूर्ण करने के लिये इस्तेमाल करें।

प्रत्येक व्यक्ति में कुछ न कुछ करने की क्षमता होती है। अतः अपनी क्षमता को पहचान कर तथा उसके अनुसार प्रयास कर सफलता को प्राप्त किया जा सकता है। साथ ही हमें अपनी खामियों का अंदाजा होना भी बेहद जरूरी है। यदि हमें जीवन में अग्रसर होना है और नई उपलब्धियों को पाना है तो यह आवश्यक है कि हम अपनी कमियों को जानें और न केवल उन्हें स्वीकारें वरन उन्हें सुधारने की पहल भी करें। हमारे द्वारा हुई गलतियों से हमें हमेशा सीखना चाहिए और उसे दोहराना नहीं चाहिए। अमेरिकी राष्ट्रपति बिल क्लिंटन ने कहा है कि यदि आप लंबे समय तक जीते हैं तो आप गलतियाँ करेंगे परन्तु यदि आप उनसे सीखते हैं तो आप एक बेहतर इंसान बनेंगे।

जीवन में आगे बढ़ने के लिये आशान्वित रहना और आत्मविश्वास से परिपूर्ण रहना भी अत्यन्त आवश्यक है। किसी ने सच ही कहा है कि जिंदगी एक किताब की तरह है, कुछ अध्याय उदास हैं, तो कुछ खुश हैं, और कुछ रोमांचक भी हैं, लेकिन, यदि आप पेज नहीं बदलेंगे तो कभी भी नहीं जान पाएंगे कि अगले अध्याय में आपके लिये क्या है? कभी कभी ऐसा समय भी आता है जब कठिन परिश्रम के बावजूद सफलता दूर लगती है। यह वही समय होता है जब व्यक्ति के धैर्य की परीक्षा होती है। विद्वानों का भी मत रहा है कि जब लगने लगे कि घनघोर अंधेरा है तो समझ लेना चाहिए कि जीवन में रोशनी आने वाली है। अतः धैर्य रखते हुए कभी भी हिम्मत नहीं हारना चाहिए। जीवन में सफल होने के लिये हमारा खुद पर दृढ़ विश्वास होना भी बेहद जरूरी है। कई बार ऐसे हालात भी आते हैं जब हम निर्णय लेने में खुद को असमंजस की स्थिति में पाते हैं। इन हालातों में किसी अनुभवी व्यक्ति की सलाह लेकर ही किसी निर्णय पर पहुँचना चाहिये परन्तु सकारात्मक आंकलन कर निर्णय के लिये केवल अपने मन की ही सुनना चाहिये।

सफलता पाने के लिये कभी भी गलत तरीकों का प्रयोग और झूठ का उपयोग नहीं करना चाहिये। इसके कारण हमारा आत्मविश्वास कमजोर होता है। हमारी बोलने की शैली भी हमें पुरस्कार और तिरस्कार दिलवा सकती है। किसी भी व्यक्ति से बातचीत कर हम उस शख्स के स्वभाव से लेकर उसके कार्य करने के तरीकों को जान सकते हैं। अतः हमें बातचीत करने के तरीकों को लगातार बेहतर बनाने का प्रयास करते रहना चाहिए।

जीवन में सफलता के पीछे हर कोई भाग रहा है, लेकिन सफलता उसी शख्सियत का पीछा करती है, जो स्वयं के बल पर, आत्मविश्वास के साथ, सत्य की डगर पर चलते हुए, हर तूफान से भिड़ जाने का दमखम रखता है। जो व्यक्ति मानसिक और बौद्धिक रूप से समृद्ध है, उसके लिये किसी भी प्रकार की सफलता प्राप्त करना नामुमकिन नहीं है। यदि आप भी सफल लोगों की फेहरिस्त का हिस्सा बनना चाहते हैं तो सफलता के इन सूत्रों का पालन अवश्य करें।

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### मेरी माँ

मेरी तकलीफ में मुझ से ज्यादा मेरी माँ ही रोयी है,

खिला—पिला के मुझको माँ मेरी, कभी भूखे पेट भी सोयी है, कभी खिलौनों से खिलाया है,

कभी आँचल में छुपाया है, गलतियाँ करने पर भी माँ ने मुझे हमेशा प्यार से समझाया है,

माँ के चरणों में मुझको जन्म नजर आती है, लेकिन माँ मेरी मुझको हमेशा अपने सीने से लगाती है।

उदय पटेल, बी. ए. एलएल. बी



## “एक उड़ान सपनों की ”

कठिनाइयाँ तो बहुत होगी...  
पर, बिल्कुल न घबराना तुम,  
आएगी जब तुम्हारी बारी,  
तो हौसला बुलंद कर जाना तुम!  
सपनों को अपने दिल में संजोना,  
एकाग्रता बस उसी पर रखना तुम,  
आएगी जब तुम्हारी बारी,  
तो हौसला बुलंद कर जाना तुम!  
परिवार का मान बढ़ाना ,  
किसी गलत राह पर न जाना तुम,  
कठिनाइयाँ तो बहुत होगी,  
पर बिल्कुल न घबराना तुम!

सुश्री अदिति मोदी  
बी फार्मा

## “खूबसूरत सा एक पल ”

खूबसूरत सा एक पल किस्सा बन जाता है,  
जाने कब कौन ज़िंदगी का हिस्सा बन जाता है  
कुछ लोग ज़िंदगी में मिलते हैं ऐसे,  
जिनसे कभी ना टूटने वाला रिश्ता बन जाता है  
क्यों मुश्किलों में साथ देते हैं दोस्त  
क्यों गम को बाँट लेते हैं दोस्त  
न रिश्ता खून का ,न रिवाज से बंधा है  
फिर भी ज़िन्दगी भर साथ देते हैं दोस्त “  
दिल से.....  
दोस्तों के लिए.....

ऋतिक चौरसिया  
बीबीए

## “एक पैगाम”

शोहरत का गुमान करने वालो  
माना तुमने नोटों का बिस्तर और सोने को चादर बना लिया ।  
पर उस फकीर की फकीरी भी बेशकीमती हैं ,  
जिसने जमीन को बिस्तर और आसमां को चादर बना लिया ।  
माना ज़माने से चुराकर ,  
ज़माने से चंद रूपया तुमने ज्यादा कमा लिया ।  
पर शोहरत की भूख में जो वक्त तुम्हारा , तुम्हारे परिवार का था ,  
वो वक्त तुम्हारा तुम से किसने चुरा लिया ।  
तुम्हारी ख्वाहिशों को पूरा करते उन्होंने अपनी ख्वाहिशों को मिटा दिया ,  
सिर्फ एक सवाल...  
तुमने ऐसा क्या कमा लिया जो अपने मां-बाप को भुला दिया ।  
किसी फकीर की फकीरी देख ,  
तुमने चेहरे पर शिकन लिए काला शीशा चढ़ा लिया ।  
ऐसा तुमने क्या कमा लिया जो इंसान होकर भी इंसानियत को भुला दिया ।  
माना शान-ओ-शौकत में गुजरी हो ज़िंदगी तुम्हारी ,  
माना आसमां में घर हुआ हो तुम्हारा ,  
पर जब खुद खुदा ने खुद की कयामत बरसाई ,  
तो तुम्हें भी उसी फकीर के साथ जमीन पर सुला दिया ।  
माना तुमने ज़माने से चंद रूपया ज्यादा कमा लिया ,  
पर क्या फर्क जले तो उसी चिता की अग्नि पर ,  
कौन-सा तुमने सोने को लकड़ी बना लिया ।

## विकास दीघाडे

## “कलाकार”

जो अपनी धुन गुनगुनाता  
रंगीन चश्मे लगाता  
अँखियों से पंतले उड़ाता  
वो कलाकार कहलाता ।  
मकरे उड़ती आकाश  
आवारा मेघ से कृति बना  
रंगो मे चिड़िया डूबा  
पंखों से बारीश कराता  
वो कलाकार कहलाता ।  
मृगतृष्णा सा जीवन जिसका  
तृप्ति सावन की हरियाली  
मंजिल से ज्यादा राहे प्यारी  
कल्पना की गठरी टाँगी  
खोज आनंद उत्सव  
की राहगीरी इसको प्यारी ।  
ना रुके ना थमे ना  
किसी छोर टिके  
एक उफान हलचल मचाता  
वो कलाकार कहलाता नेहदीप

नेहा खासगीवाले  
एम. एफ. ए

## “चार गज़ल”

हुकूमत का सलीका जा रहा है,  
सियासत का तरीका जा रहा है ॥  
यहाँ सच बोलने वाला है जो भी,  
उसी का सर उछाला जा रहा है ॥  
बगावत जो अगर कर लीं, मरा वो,  
नया कानून निकाला जा रहा है ॥  
दवा में अब ज़हर का स्वाद आये,  
मिठाई में भी काढ़ा जा रहा है ॥  
शहर में और भी है सच कहें जो,  
यहीं बस झूठ बोला जा रहा है ॥  
बहोत सोच कर अपने लब खोलता है,  
मगर बोलता है तो सच बोलता है ॥  
सियासत ने फरमान ज़ारी किया है,  
सज़ा दो उन्हें जो के सच बोलता है ॥  
मेरा खून काला हुआ जा रहा है  
वृश्चिओं में इतना ज़हर घोलता है ॥  
ये चारागरी है दिखावा, तमाशा,  
यहाँ अस्पतालों में धन बोलता है ॥  
उसे चौक पर लाके फांसी लगा दो,  
दवाओं में जो जो ज़हर घोलता है ॥  
यहाँ इनके वादों पे कैसा भरोसा,  
सियासत में कोई न सच बोलता है ॥  
इधर से उधर तक, उधर से इधर तक,  
ये जीवन भी दोलक बना डोलता है ॥  
ज़िंदगी ये बता क्या खता हो गई,  
तू भला क्यों भला यूँ खफ़ा हो गई ॥  
शाम थी शाम भर से उदासी भरी,  
रात तू क्यों बता गुमज़दा हो गई ॥  
राह आसान थी जब तलक़ साथ था,  
तू गया तो ये दुनिया खुदा हो गई ॥  
सादगी, नेक-दिल, अज़मतेँ, बंदगी,  
ज़िंदगी से अदा सब हवा हो गई ॥  
खून का खून करता हुआ आदमी,  
आज हर घर की ये दासता हो गई ॥  
राह चलते मुसाफ़िर यहाँ गिर गया,  
भीड़ बाज़ार में फिर जमा हो गई ॥  
चाहिए क्या भला, ज़िंदगी के लिए,  
है ज़रूरत मगर, आदमी के लिए ॥  
तेज़तर थी हवा, जल न पाया बदन,  
मैं तड़पता रहा, रौशनी के लिए ॥  
कोई हर रोज़ खाना तलाशा रहा,  
आदमी मर गया, एक ज़मी के लिए ॥  
वादा, वादा, अब नया वादा,  
जान दूँ क्या बता, हर किसी के लिए ॥  
जान पहचान होना अलग मुद्दा,  
तू बना था मगर, अज़नबी के लिए ॥

प्रो. हेमन्त मेहर  
आई ई एस

## “चलो आज कुछ लिखते हैं”

चलो आज कुछ अच्छा लिखते हैं  
आज इस दिन को अपनी सोच से बदलते हैं  
देखो उस आसमान में हवाएं चल रही हैं  
सौंधी सौंधी खुशबू धरती से आ रही है  
इस पल को दिल से महसूस करते हैं  
चलो आज कुछ अच्छा लिखते हैं  
उन पेड़ों के पत्तों की आहट को सुनकर  
चारों तरफ़ छाप हुए सन्नाटे को दिल में रखकर  
उस दुख को बाहर फेकते हैं  
चलो आज कुछ अच्छा लिखते हैं  
भूले भटके इस माहौल में अपनी ताकत बतानी है  
सबके साथ मगर दूर रहकर भी इंसानियत निभानी है  
उस डूबते सूरज के बाद परेशानियों की रात आनी है  
कल जीत की नई उम्मीद जगानी है  
जो लड़ रहे इस दौर उनको हाथ जोड़कर नमन करते हैं  
चलो आज कुछ अच्छा लिखते हैं  
हरिषित पुरोहित  
बी.कॉम

## “गाँधी जी”

एक लाठी ने देश को बांधा था  
वह देश जो सब को सांझा था  
पंख टूट गए थे चिड़िया के  
उसे उड़ना सिखाया था  
अपना सर्वस्व त्याग कर  
इस माटी का कर्ज चुकाया था  
हम बेड़ियों से थे लिपटे  
हमे आजाद कराया था  
सत्य, अहिंसा और धर्म का  
पाठ हमें पढ़ाया था  
खून बह रहा था पानी सा  
उस पर विराम लगाया था  
भारत माता के ज़ख्मों पर  
जिसने मरहम लगाया था  
दिन ढल रहे थे रात से  
उसमें सूरज वह लाया था  
वो जो न झुका ना डरा  
फिर भी विजय वह पाया था  
मर कर भी एक इंसान जो  
महात्मा कहलाया था  
याद रखियेगा उस इंसान को  
जो आजादी लाया था ॥

अनमोल कुशवाह  
बी.टेक

## “जननी जन्मभूमि स्वर्ग से महान”

जननी जन्मभूमि स्वर्ग से महान है  
इसके वास्ते यह मेरा जीवन और प्राण है  
जननी जन्म भूमि स्वर्ग से महान है  
इसके राज कण में लिखा राम-कृष्ण नाम है

वीर धर के रुधिर से भूमि श्याम श्याम है  
धर्म का यह धाम है सदा इसे प्रणाम है  
स्वतंत्र है यह धरा स्वतंत्र आसमान है  
जननी जन्म भूमि स्वर्ग से महान है  
इसके वास्ते यह मेरा जीवन और प्राण है

जननी जन्म भूमि स्वर्ग से महान है  
इसके आन पर अगर बात कोई आ पड़े  
इसके सामने जो जुलूम के पहाड़ हो खड़े  
शत्रु सन जहा न हो, विशुद्ध आसमा न हो  
विजय ध्वजा संभाल कर अब चलेंगे शान से  
जननी जन्म भूमि स्वर्ग से महान है  
इसके वास्ते यह मेरा जीवन और प्राण है

जननी जन्म भूमि स्वर्ग से महान है  
इसकी कोख में हजारों गंगा-यमुना झूमती  
इसकी पर्वतों की चोटियां गगन को चूमते  
है गगन को चुनती  
भूमि यह महान है, निराली इसकी शान है  
इसकी जय पताका पर लिखा विजय निशान है  
जननी जन्म भूमि स्वर्ग से महान है  
इसके वास्ते यह मेरा जीवन और प्राण है  
जननी जन्म भूमि स्वर्ग से महान है

सताक्षी शर्मा

### “धूप”

गुनगुनी सी, कूनकूनी सी, सुहानी सी धूप  
फुदकती सी, थिरकती सी, चुलबुली सी धूप  
भोर में बेटी सी नाजुक, खिलती मचलती सी परी  
शाम तक थकती, बुढाती सी धूप  
पत्तियों की ओट में छिपती, झिझकती, झांकती  
पंछियों के संग उड़ती, चहकती सी धूप  
सर्द, ठिठुरे तन पे जैसे मखमली एहसास सी  
गर्मियों में नशतरों सी चीरती सी धूप  
दिलों के संग सिकुड़े घरों में दम तोड़ती  
खुले छज्जो, आंगनों को तरसती सी धूप  
आबाद है सिर्फ अब यादों के गुलिस्तान में  
सूराख से छत के फर्श पर उतरती सी धूप

उर्वि गोरे

बी एफ ए

## “दीप की सीमा”

हर दीप जो अग्नि बने थे, लौ की सीमा लाँघ के  
दावानल बनना है गर वो दीप मन में टान ले  
अब तलक थी जो बुझाती, वो ही वायु प्राण दे  
करना है जो कर्म ऊँचा, बात मानव जान ले  
दीप के सम कर ले इच्छा शक्ति को पहचान ले  
बाधाएँ होकर के शक्ति खुद प्रशस्ति मार्ग दें  
दीप से ये ज्ञान ले एक क्षण ना तू विश्राम ले...

दीप की एक सूक्ष्म लौ थी और विस्तृत भाव थे  
कर्म उसके नेक थे फिर भी हृदय में घाव थे  
भूल पीड़ा स्वहृदय की दूरियों को राह दे  
तीक्ष्ण अग्नि खुद दीये को नित्य नव उत्साह दे  
कर्म कर दीपक की भांति परोपकारी मार्ग ले  
दीप से ये ज्ञान ले एक क्षण ना तू विश्राम ले...

### ॐ. क

जब कोई इंसान किसी भी लक्ष्य को प्राप्त करने का पूर्ण हृदय से  
प्रयत्न करता है तो उसकी सभी कमजोरियाँ उसकी ताकत बन  
जाती हैं... जैसे जब एक दीपक उसकी छोटी सी लौ की सीमा में  
रहता है तो जो वायु उसके दीपक होने पर उसको बार बार बुझा  
जाती है वही दीपक जब लौ कि सीमा लाँघ कर दावानल बनता  
है तो वही वायु उसकी ताकत बनकर उसको फैलाने का काम  
करने लगती है। तथा जैसे एक दीपक हमेशा परोपकार करता है,  
वैसे मानव को भी परोपकार में रत रह कर अपने जीवन को  
सार्थक बनाना चाहिये।

प्रथम सिंह परिहार  
एमसीए

### “मैं जीत का परचम लहराऊंगा”

थोड़ा मायूस हूँ,  
हालात का मारा नहीं हूँ।  
फिर उठकर जीत का परचम लहराऊंगा,  
मैं खुद से हारा नहीं हूँ।  
जमाना चाहे करे लाख रंजिशे मुझे गिराने की,  
मैं गिरने वाला नहीं हूँ।  
लाख काटों से सजा दो मेरी राहें,  
मैं खुद को सजा देकर मंजिल तक पहुंचूंगा,  
मैं रुकने वाला नहीं हूँ।  
जमाना नोटों का रूतबा दिखाकर झुकाएंगा,  
मैं चिल्लर जोड़ महल बना गिराऊंगा,  
मैं झुकने वाला नहीं हूँ।  
तुम नोटों की गर्दिश में शीशे का महल बनाओगे,  
मैं सिक्को के गुमान में पत्थर की दीवार बनाऊंगा,  
तुम जिस रोज मुझसे टकराओगे,  
उसी रोज तार-तार हो जाओगे।  
अपनी मेहनत से कमाऊंगा,  
किसी के तलवे चाट अपनी रोटी नहीं पकाऊंगा,  
मैं खुद ही, खुद की सलतनत बनाऊंगा।  
राजा से दरबान तक सारे किरदार खुद निभाऊंगा,  
पर किसी के सामने हाथ न फैलाऊंगा।  
मैं खुद से हारा नहीं हूँ,  
मैं जीत का परचम लहराऊंगा।

विकास दीघाडे



## “दौर—ए—हयात”

दौर—ए—हयात की हकीकत बयां करता हूँ  
और हकीकते लाख दफा भी दोहराई जाए तो भी झुठलाई नहीं जा सकती।  
“मदहोश , बदहवास पीढ़ी हैं  
पिता के हालातों का किसी को ख्याल तक नहीं ।।  
कहीं पिता के हाथों में छाले हैं  
तो कहीं बेटे की जिंदगी में मेहनत का नाम—ओ—निशाँ तक नहीं ।।  
कहीं पिता की खाली जेब , सूखा तन और फटा लिबास हैं  
तो कहीं बेटे की शान—ओ—शौकत पर कोई लगाम तक नहीं ।।  
मां ने गोद में उठाया था मुझे  
ताकि उसकी नज़र जहां तक जा सके वो हर नज़ारा मैं देख सकूँ ।।  
तो पिता ने कांधे पर बिठाया था मुझे  
ताकि जिन नज़ारों को वो खुद ना देख सके , हर वो नज़ारा मैं देख सकूँ ।।  
अपनी खाहिशों को मार पिता ने था खुद को जिंदा जलाया।  
तुम्हें मखमली बिस्तर दिया और खुद को जमीं पर सुलाया ।।  
तुम्हारी हर जिंद को अपनी खाहिशों का कत्ल कर पूरा कराया  
खुद टूटी चप्पलें पहने पर तुम्हें जमाने के साथ खड़ा कराया ।।  
तुम्हें काबिल बनाने मैं उन्होंने खुद को दिन—रात मेहनत की भट्टी में जलाया  
अपनी जिंदगी की सारी कमाई को तुम पर लगाया  
तुमने यारों में था सारा पैसा नशें में उड़ाया ।।  
उन्होंने था तुम्हें अपने बुढ़ापे का सहारा बनाया  
तुमने उनसे उनका सहारा छिन खुद को नशें में डुबाया ।।  
उनके आंसुओं का दरिया भी था भर आया  
पर उन्होंने कभी कुछ ना जताया और तुम्हें कैसे कभी कुछ नज़र ना आया ।।  
बढ़ती उम्र के साथ एक मर्द का कद घटते जाता हैं  
जिम्मेदारियों के बोझ के तले ।।  
और वक्त रहते जिम्मेदारियों का एहसास होना भी जरूरी हैं...  
जिम्मे मेरे अब जिम्मेदारियां आ गईं  
चाहत थी इश्क की और हिस्से मेरे रूसवाईयां आ गईं ।।  
खैर कब तलक हम भी जिंदगी अपनी बर्बाद करते मुर्शीद  
ये प्यार—मोहब्बत , इश्क—आशिकी तो होती रहेगी  
फिलहाल मेरे कदमों में मेरे पिता की चप्पलें आ गईं ।।  
फिलहाल मेरे कदमों में मेरे पिता की चप्पलें आ गईं ।।  
एक बेटा कभी अपने पिता को गले लगा कर अपने जज्बात बयां नहीं कर सकता  
बेशक उठ कर गले लगाऊंगा एक रोज़ उन्हें  
जिस रोज़ उनके साथ बैठने की मेरी औकात होगी ।  
मगर कमबख्त किसी बेटे की जिंदगी में वो रोज़ आता ही नहीं” ।।  
क्योंकि पिता , पिता होता हैं  
पिता , पिता होता हैं ।।

विकास दीघाडे

## “नई पीढ़ी और डिप्रेशन”

संवेदनाएं शुन्य हैं फिर भी भटकते जा रहे हैं,  
राह पर चल तो रहे हैं , बाहें छोड़े जा रहे हैं,  
देख के इस आशियाने की सुखन—ओ—रंगतो को  
तन तो स्थिर है मगर, मन से बहलते जा रहे हैं ।

बेरुखी हो चांद और सूरज की जैसे सर्दियों में,  
या कोई साहिल नदी का, चांदनी में थम गया हो ।  
फंस गया हो एक पंछी जैसे ख्वाबों में कहीं पर,  
या स्वयं ही बंध गया हो मानसिक उत्पीड़नों में ।

योग से या ध्यान से, तुम कर लो अपने मन को स्थिर,  
विश्वगुरु के ज्ञान से तुम कर दो दुनिया को अचंभित ।  
इस उमर में राह को अवरुद्ध तुम होने न देना,  
उच्च शिक्षा, ज्ञान और नीति की बाते खो न देना ।

इस समय की दौड़ में खुद को बना लो रणविजय तुम,  
सीख कर कुछ गलतियों से फिर बना लो पथविजय तुम ।  
जहन में उठते खयालों को सपन की आड़ में रख,  
उम्मीदों की चाह में तुम, राह काँटे बो न देना ।

तुम स्वयं को खो न देना, तुम स्वयं को खो न देना ।

अथर्व खेड़े, बी.टेक

## “नशा छुड़ाओ ,जीवन बचाओ”

सिगरेट से जो तेरा प्यार बढ़ रहा है,  
याद रख तू धीरे धीरे मर रहा है  
पहले पीता था एक सिगरेट दो सिगरेट ,  
अब पीता है तू एक पैकेट दो पैकेट  
और कितना तू तंबाकू पियेगा  
तंबाकू पी कर और कितना तू जियेगा  
बढ़ता हुआ शोक न तेरा पीछा छोड़ेगा  
पड़ेगी मुसिबतें तो उलटे पाँव दौड़ेगा  
बीमारियों से हरदम तू घिरा रहेगा  
मनोबल तेरा हमेशा गिरा रहेगा.  
सोचने की शक्ति क्षीण हो जायेगी  
चेहरे की रौनक विलीन हो जायेगी  
कश के बिना कोई समस्या सुलझ न पायेगी  
जिंदगी धुएं के छल्लों में ही उलझ जाएगी  
तेरे बच्चे भी करेंगे तेरा ही अनुसरण  
जवानी से पहले ही पहुंचेंगे तंबाकू की शरण  
किस मुंह से बच्चों को सिगरेट पीने से टोकेगा  
खुद को रोक नहीं सकते उनको कैसे रोकेगा  
चलता रहा तंबाकू का अगर पीढ़ी दर पीढ़ी सिलसिला  
बचेगा बगीचे में नहीं फिर कहीं कोई फूल खिला  
भलाई इसी में है छुड़ा लो तंबाकू से तुम पीछा  
तंबाकू ने नहीं आज तक किसी जिंदगी की सींचा

सुमित कुमार  
एमसीए

## “नियति का फेर या मूर्खता का खेल”

वीरता लज्जित हुई थी मौनधारी वीर था  
कहाँ था वो गदाधारी कहाँ पार्थ का तीर था  
और कहाँ था वो सुरमा जो साहसी गंभीर था

द्रोपदी का क्रंद था फिर भी सभी निर्वात था  
क्षण प्रति क्षण वीरता पर हो रहा आघात था  
उन्मुग्ध थे कायर वहाँ और वीर बांधे हाथ था

कुछ की आँखें ही नहीं कोई नेत्रधारी हीन थे  
कुछ राजनीती कर रहे कोई वासना में लीन थे  
जो भी हुआ कुकृत्य था गुरु द्रोण भी तो दीन थे

कैसे हुआ निर्लज्ज वो जो महादानी वीर था  
षडयंत्र कर आघात दो क्या यही तेरी वीरता  
उस पाप के अभिशाप से हर कोई क्यू निर्भीक था

प्रतिशोध के आवेग में वो शब्द कैसे कह गए  
वो धर्मरक्षक और पितामह भीष्म कैसे सह गए  
द्रोपदी का रुदन सुनकर मौन कैसे रह गए  
उस मूर्खता के खेल को सब नियति का कह गए  
वो मौन कैसे रह गए...

प्रथम सिंह परिहार  
एमसीए

### “बस अब मेरी दादी नहीं है!”

जिंदगी में सब कुछ सही है ,  
बस अब मेरी दादी नहीं है !  
कल जो था , आज भी सब कुछ वही है ,  
बस अब मेरी दादी नहीं है !

दादी से तो घर की शान थी , गति थी , जीवन था,  
पर लाखों का ये घर अब भाता नहीं है ,  
कल जो था , आज भी सब कुछ वही है ,  
बस अब मेरी दादी नहीं है !

प्यार और दुलार तो आज भी मिलता है ,  
पर दादी जैसा कोई मुझे गले लगाता नहीं है ,  
कल जो था , आज भी सब कुछ वही है ,  
बस अब मेरी दादी नहीं है !

कड़वी हो गयी है घर की मिठाइयाँ अब ,  
फ्रीज से चुराकर अब साथ कोई खाने वाला नहीं है !  
कल जो था , आज भी सब कुछ वही है ,  
बस अब मेरी दादी नहीं है !

हमेशा चिल्ला-चिल्लाकर उनको समझाता था ,  
वो दिल अब खुद समझता नहीं है !  
कल जो था , आज भी सब कुछ वही है ,  
बस अब मेरी दादी नहीं है !

जय माहेश्वरी  
एमबीए

## “प्रिय जीवन”

कुछ कहना है तुझसे आज मिले क्या खुदसे ।  
लाइफ मै बहुत चुनौती है ,यार उन चुनौतियों को पार करले क्या

एक नई उड़ान भरे क्या ।

यू जमीन पर बैठ के क्या आसमान देखा

मजा तो तब आएगा जब  
इस आसमान में उड़ान होगी  
अपनी एक पहचान होगी ।

यू बैठे रहने से कुछ नहीं होगा  
मेरा एक सपना है  
कहने से सच नहीं होगा ।

करलो वादा तुम खुद से  
न हारना कभी हौसला तुम ।

संघर्ष की राह पर चलना तुम  
सपनों को सिर्फ सपना मत समझना तुम  
उसे एक गोल समज कर उपलब्धि  
हासिल करना तुम ।

ये लोगो के डर से अपना, फँसला मत बदलना  
चाहते क्या हो खुद से ये तुम समझना ।  
लाइफ की इस रेस में थोडा तुम ठहरना  
खुद से बात करना, खुदको समय देना खुद को समझना ।

जिस दिन तुम अंधेरो से जंग जीत लोगे  
उस दिन सूरज बन कर आसमान में चमकोगे

तुम्हारी पहचान होगी  
तुम्हारी उड़ान होगी ।

नंदिनी गुप्ता  
बीटेक

### “बसंत बहार”

भारत में कई त्यौहार मनाये जाते हैं, जो न केवल एक उत्सव होते हैं, बल्कि पर्यावरण में आने वाले बदलाव के सूचक भी होते हैं हिंदी पंचांग की तिथियाँ अपने साथ मौसमी बदलाव का संकेत भी देती हैं जो कि पूर्णतः प्राकृतिक होते हैं उन्ही त्यौहारों में एक त्यौहार है बसंत पंचमी ,बसंत में सभी जगह हरियाली का दृश्य दिखाई पड़ता है पतझड़ खत्म होते ही पेड़ों पर नयी शाखायें जन्म लेती हैं, जो प्राकृतिक सुन्दरता को और अधिक मनमोहक कर देती हैं माघ की पंचमी जिस दिन से बसंत का आरम्भ होता है, उसे ज्ञान की देवी सरस्वती की जयंती के रूप में मनाया जाता है , मुख्यत पश्चिम बंगाल, उत्तर प्रदेश, मध्य भारत, बिहार एवम पंजाब प्रान्त में मनाई जाती है .सरस्वती पूजन कर विधि विधान से सरस्वती वंदना के साथ बसंत पंचमी का उत्सव पूरा किया जाता है । यह ऋतु राज माना जाता है, इन दिनों प्राकृतिक बदलाव होते हैं जो बहुत मन मोहक एवम सुहावने होते हैं ।

इसी के उपलक्ष में कविता के कुछ शब्द :

“सब हरियाली खिलती आयी , सब हरियाली खिलती आयी  
श्रावण ने हैं धूम मचाई , पेड़ों में जो नमी सी छाई,  
शिव जी की जो सामत आई , भक्तों की जो भक्ति भाई  
रिम – झिम रिम – झिम करती वर्षा आयी , चारों तरफ सहर लगाई,  
सर सर पेड़ों की आवाज जो आयी , ठंडी ठंडी हवा चलाई  
सबने खुशी से जयकार लगाई , शहीदों की जो शान बढ़ाई,”

उत्तम प्रजापत  
बीएफए

## “बेटी”

आदि हो तुम अंत भी हो  
ब्रह्मांड सी अनंत भी हो,  
निद्रा में आया स्वप्न भी तुम हो  
मन के सवालों का जवाब भी तुम हो।  
एक माँ भी हो एक बेटी भी हो  
एक पत्नी भी हो एक बहन भी हो,  
सारे रिश्ते निभाने को तुम  
करती बहुत कुछ सहन भी हो।  
काली सा क्रोध है तुम में  
और पार्वती सी ममता भी है,  
रिश्ते के कारण चुप हो तुम  
उत्तर देने की क्षमता तो तुम में भी है।  
जन्म देती हो माँ बनकर  
बहन बनकर सताती हो,  
साथ निभाती पत्नी बनकर  
बेटी बन पिता बुलाती हो।  
कायर है वो लोग ही सारे  
जो तुम्हें दुनिया में लाने से डरते हैं,  
जन्म लेने से पहले ही तुम्हारे  
प्राण हर लिया करते हैं।  
आने तो दो बेटी को घर में  
घर की लक्ष्मी तुम्हारे बन जाएगी,  
सायना, सिंधु, लता बनकर वो  
तुम सबका कल्याण कर जाएगी।

दीपांशु चौरे  
बी.कॉम

## “भाई”

दो अक्षर का ये शब्द ,  
ना जाने कितने एहसास से भरा।  
रक्षा करना कहते उनका धर्म है,  
ना जाने कितनी ही मुश्किलों से भरा।  
छेड़ना और परेशान करना तो मानो  
इनका ही धर्म—सिद्ध अधिकार हो ,  
ना जाने कितना प्रयास करते हैं,  
आखिर मनाना इन्हे ही तो है।  
दुनिया इधर की उधर हो जाए  
चाह कोई मुश्किल क्यों ना आ जाए  
सबसे बड़ा तुझे है माना,  
सबसे ज्यादा प्यार तुझे है किया।  
ईश्वर से बस यही प्रार्थना है मेरी,  
पूरी हो हर मनोकामना तेरी।  
तेरी हर मुश्किल मेरी हो जाए ,  
और मेरी खुशी बस तेरी हो जाए ।  
तेरी मुस्कान के लिए,  
कुछ भी करने को तैयार ।  
बस तू पास रहे  
जिंदगी भर का साथ रहे,  
तेरे लिए मेरा प्यार युही  
सदाबहार रहे।

विश्वांगी जैन  
बीएफए

## “माँ”

आज वो आँगन सूना था  
जहाँ मेरी माँ हंसती थी  
जहाँ कभी बगिया महकती थी  
जहाँ सारे दुखों की दवा थी  
जिससे घर का कोना कोना रोशन था  
आज वहाँ बस खालीपन था  
आज वो आँगन सूना था.....  
हर मुश्किल में साथ रहती थी  
दुख को मुझे छूने तक ना देती थी  
बस सुख देती और खुश रखती थी  
एक तुम ही थी जो सब समझ लेती थी  
प्यार से सर पर हाथ रख देती थी  
आज वो आँगन सूना था.....  
ना तुम्हारा आँचल था ना वो खुली बाँहे थी  
हाथ खाली और आँखों में आँसू की बरसात थी  
ना वो प्यार था और ना वो ममता थी  
जाने से तुम्हारे जिंदगी कहीं खो सी गयी थी  
दिल में तुम्हारी यादें और लबों पर बस माँ ही माँ थी  
आज वो आँगन सूना था  
तुम्हारा दर्जा तो देवताओं से भी ऊपर था  
माँ तो क्या कोई दूजा माँ जैसा भी नहीं था  
तुम्हारे जाने से सब कुछ खो गया था  
आज वो आँगन सूना था,  
जहाँ मेरी माँ रहा करती थी  
हाँ... आज वो आँगन सूना था जहाँ३

माधुरी राज सिंह  
एम.एफ.ए

## “रक्त”

बचपन से खुद ही खुद से लड़ रही , जमाना तमाशबीन बन रहा ।  
क्या फर्क जो उसका रक्त ना बन रहा , ऐ जमाने तु हमदर्दी ना जता  
उसने मौत को कब्र में सुला खुद को जिंदा रखा ।  
जमाने से वो अपना दर्द छुपाती हैं , किसी से कुछ ना जताती हैं ।  
किसी के लिए किस्सा , किसी की कहानी ना बने , सिर्फ इस खातिर होठों पर मुस्कराहट  
और आखें नम लिए अक्सर घर से वो निकल आती हैं ।  
दोस्ती—मोहब्बत तो उन सुईयों से हैं उसकी , जिसने उसके जिस्म को तार—तार कर रखा हैं ।  
मां—बाप जिन्हें कल की फिक्र नहीं उसके , बस आज की चिंता सताती हैं ,  
वो हर वक्त हर लम्हात खुद ही खुद से लड़ती नज़र आती हैं । क्योंकि हर वक्त उसे अपनी मौत नज़र आती हैं ।  
उसने अपनी फरमाइशों पर बंदिशें लगा रखी हैं , क्योंकि वो वाकिफ हैं माँ—बाप ने जिंदगी भर की कमाई उस पर लगा रखी हैं ।  
हर रोज आखिरी रोज हैं उसका बस इसी खातिर उसने खुद ही खुद को खुश रखा हैं ,  
वजहें मौत तो उसने बचपन से अपने ज़हन में दबा रखा हैं ।  
हर महीने उसे जिंदगी मौत नज़र आती हैं , अगर रगों को रक्त वक्त पर मिले तो जीत , वर्ना अंत तक उसे मौत नज़र आती हैं ।  
चाहत हैं उसकी आसमां में उड़ने की लेकिन ऊचाइयों ने उसे रोक रखा हैं ,  
जज्बा कम नहीं उसका उसने आसमां को जमीन पर ला रखा हैं ।  
दुसरो के रक्त की उसकी जिंदगी उधार हैं , आपके रक्तदान से उसकी जिंदगी इनाम हैं ।

विकास दीघाड़े,  
एमबीए



## “रातें”

रातें और मैं अक्सर बस उसी की बातें किया करते हैं  
उसकी पसंद ना पसंद की एक दूसरे से चर्चा किया करते हैं  
औरों की तरह ये मेरा मज़ाक नहीं उड़ाती  
चैन से बैठकर मुझे कभी खुद से भी मिलवाती  
अक्सर मुझे चुप कराकर मेरे आंसुओं को भी पोछती है  
कभी कभी दूर खड़ी होकर मुझे बस रोता देखती है  
अक्सर लोग तन्हा हो कर बस रातों से बात किया करते हैं  
अपने गमों को सिर्फ तन्हा रातों से ही बयां किया करते हैं  
दिनभर के दुखों से भरे बादल अक्सर रातों में ही बरसते हैं  
उस खास शक्स के लिए लोग अक्सर रातों को ही तरसते हैं  
किसी के लिए गुजारना इसे हसीन तो किसी के लिए बस एक मज़बूरी होती है  
किसी के लिये खुशियों का खजाना तो किसी के लिए गम की एक पोटली होती है  
किसी को ये संवार देती है तो किसी को ये बिगाड़ देती है  
किसी को ये ख्वाब तो किसी को असलियत से वाकिफ़ करा देती है  
किसी की रो कर गुजरती है तो किसी की सो कर गुजरती है  
किसी की बातों में तो किसी की सिर्फ यादों में गुजरती है  
कोई इन काली रातों में बोहोत सुकुन पाता है  
कोई खुद के अंदर के शोर को नहीं झेल पाता है  
दिल की सारी बातें इन रातों से रात भर कर लेता हूं  
कभी कभी इनसे लिपटकर बस जी भर कर रो लेता हूं  
इन अंधेरी रातों की यही बात तो सबसे प्यारी लगती है  
ये मेरे राजों को हमेशा राज़ ही बनाएं रखती है

इशिता काशीव  
आईबीएमआर

## “सपने”

“कुछ खास नहीं थीं ज़िंदगी, बस कुछ सपनें थे मेरे पास।  
कोई साधन तो नहीं था पर उन्हें पूरा करने की थी आस।  
पूरे नहीं हुए वह सपनें तो सोचा कुछ नए सपनें बनाए,  
मगर मेरे दिल को भी ये नए सपनें ना आए रास।  
फिर भी पूरे किए नए सपनें तब भी बुझी नहीं वह प्यास।  
तो वापस उन्हीं सपनों का पीछा करने चल पड़ा,  
मैं कांटों के रास्ते चला था जहां पैरों में चुभी कई फ़ाँस।  
मगर मैं चलता रहा उसी राह पर दर्द हुआ, खून बहा, निराश हुआ सौ बार।  
आखिर मैं पहुंच ही गया अपनी मंज़िल पर,  
लेकिन पीछे मुड़ा तो देखा लोग कहते ये सपनें इतने भी नहीं थे खास।  
उन्हें क्या पता इन सपनों ने ही तो मुझे सीखाया, कि जीतने की क्या हैं प्यास।  
अब तो वह दर्द भी मीठा लगने लगा था जो मुझे दे गयी थी वह फ़ाँस।  
इन लम्हों को जीकर ही मैं समझा, किये कुछ पल ही हैं खास।  
बाकी तो कुछ खास नहीं थीं ज़िंदगी बस कुछ सपनें थे मेरे पास।”

दीवांश पाटिल  
बी फ़ार्मा

## “शत्रु”

क्यों शत्रु बनके रहते थे, भैया कर्ण मुझे घेरे तुम।  
चुपके से कानो में कह देते पार्थ मेरे अनुज हो तुम ॥

बस एक इशारा पाकर भैया, चरणों में मस्तक देता टेक।  
तुम प्रेम से अनुज जो कह देते, मैं गांडीव तोड़कर देता फेंक ॥

जिसे प्रेम से गले लगाना था, उसे नफरत दिन रात किया।  
जिसके मस्तक पे मुकुट सजना था, हाथ वो मस्तक को काट दिया ॥

तब पार्थ की प्रेम की पीड़ा सुनकर स्वर्ग से कर्ण ने आवाज लगाई,  
तुम खुदको यूं मत धिक्कारो अनुज और गर्व से करो पृथ्वी पर राज।

तुमने मेरा वध नहीं किया अपितु मैंने मौत चुनी है तुम्हारे हाथ  
जब मैंने अंतिम सास ली, खुद वासुदेव खड़े थे जोड़े हाथ ॥

अब ऐसी सुंदर मृत्यु भला किसके नसीब में होती है।  
अंतिम पल में ईश्वर के दर्शन जन्मों के पाप धोती है ॥  
जिससे हारे देव गंधर्व हैं, मुझे अपने पार्थ पर गर्व है,

बस एक शिकायत है नियति से, अंतिम पलों में पर्वत हिल ना सका।  
एक बार जाने से पहले मैं तुमसे गले मिल न सका ॥

तब धीरज धरा धनंजय ने कर जोड़ कर्ण को किया प्रणाम  
आने वाला इतिहास हमेशा लेगा, कर्ण और अर्जुन का संग में नाम ॥

नवीन पाटीदार  
बी फ़ार्मा

## “सफर – ए – ज़िंदगी”

सफर – ए – ज़िंदगी  
धीरे से चल ओ सफर – ए – ज़िंदगी,  
अभी मुझे कई सौदे करना बाकी है,  
इन हल्के फुल्के, मुस्कुराते से रिश्तों की,  
कई तमन्नाएं बाकी है,  
हर एक कि हजारों उम्मीदों में से,  
कुछ पूरी करना बाकी है,  
दिल में कैद इन हसरतों की,  
नुमाइश करना अभी बाकी है।

है जो ये सुख दुख के साथी,  
उनका शुकुराना बाकी है,  
सफर में जो छूट गए है,  
उनकी यादों को दफनाना बाकी है,  
धीरे चल ओ सफर – ए – ज़िंदगी,  
अभी मुझे कई सौदे करना बाकी हैं।

हर लम्हें पर हक है तेरा,  
ये तुझे समझाना बाकी है,  
धीरे चल ओ सफर – ए – ज़िंदगी,  
अभी मुझे कई सौदे करना बाकी है।

सानिया धनकानी  
एमबीए

## “सम्भव है”

“सम्भव है बिन शस्त्र के, हर मुश्किल से लड़ जाना,  
रखकर जान हथेली पर, जिद्द पर अपनी अड़ जाना।”

“सम्भव है बिन पंखों के, आसमां में उड़ जाना,  
थककर गिरकर, गिरकर उठकर राह पर फिर से आगे बढ़ जाना।”

“सम्भव है बिन कश्ती के, समन्दर को पार कर जाना,  
लिखकर राम नाम पत्थर पर, पत्थर का भी तैर जाना।”

“सम्भव है एक अंगुली पर, गोवर्धन को रख लेना,  
बाल काल में खेल-खेल में, असुरों का वध कर देना।”

“सम्भव है हजारों पर एक का भारी पड़ जाना,  
ना हार हिम्मत, हर एक से भिड़ जाना।”

“सम्भव है बंजर भूमि से, जीवन का उग आना,  
“वीतराग” तू लड़ बिना डरे अंत तक,  
तुझ को है असम्भव को सम्भव कर जाना।

विताराग नाहर  
बी.टेक

## अपना इन्दौर

इतिहास ने देखे कितने ही ऊँचे नीचे दौर,  
मालवा की धरती ने पाया अपना इन्दौर  
बंबई से कम नहीं सब कहते देकर मुस्कान  
हमारे इस स्वच्छ इन्दौर पर है हमें अभिमान।  
टपोरी बोली, रस भरी होली, खानपान सम्मान,  
इन्दौर की है कुछ अलग ही पहचान।  
सराफा और छावनी की पतली-पतली गलियाँ  
छोले-चाट, कचौरी,समोसे, कुल्फी पोहे की डलियाँ।  
मीठे फलों की आयी कैसी सुंदर बहार है  
फ्रूट मार्केट का यह देखो वीर सावरकर द्वार है,  
रिंग रोड़ के घर मंदिर पर सजा लड्डुओं का खजाना है  
यहाँ विराजे गणराज हमारे मंदिर खजराना है।  
शास्त्री ब्रिज पर देखो कैसा गुंबद लाल है  
मेलों की धरती यही गांधी हॉल है।  
यहाँ के गायकों के नहीं हिलते कभी राग,  
यही है इन्दौर की शान हमारा लालबाग,  
राजनीति का देश में जब भी बजे नगाड़ा  
माइक, मंच और भाषण से गूँजे राजवाड़ा।  
स्वच्छ रहे इन्दौर सबकी है यह चाह,  
मध्यप्रदेश भी चल पड़ा है इस नई राह।  
हमें हमारे शहर से बहुत है प्यार  
इसके आगे फीका लगे हमें सारा संसार।

ऐश्वर्या शर्मा  
बी.कॉम

## अपने वोट की शक्ति को पहचान रे इन्सान

क्यों समझता है, तू अपने को अशक्त, रे इन्सान  
क्यों नहीं पहचानता, तू तो है, सशक्त रे इन्सान  
क्यों तू घबराता है कि तेरा क्या होगा, रे इन्सान  
वो घबराये तो जो तुझसे वोट चाहते है, रे इन्सान  
तुम वो शक्ति हो, जो देश को चला सकते हो, रे इन्सान  
कमजोर वो है, जो तुम्हारी शक्ति पर निर्भर है, रे इन्सान  
शक्ति है वोट की जो देश की दिशा बदल सकती है,  
शक्ति है वोट की जो नेता की कुर्सी हिला सकती है,  
शक्ति है वोट की जो हमारा विकास दिला सकती है,  
शक्ति है वोट की जो हर नागरिक का अधिकार दिला सकती है,  
इसी अधिकार का प्रयोग कर हमें कर्तव्य पूरा करना है,  
निभाना है हर रस्म को जो विकास की राह पर जाता है,  
यही शक्ति, यही अधिकार और कर्तव्य हमें हर पल याद रख जाना है,  
हर नागरिक को सही वोट, सही व्यक्ति को देकर अपना भविष्य सुरक्षित कर लेना है,  
अपना अधिकार निभाना है, अपना अधिकार निभाना है  
रे इन्सान, अपना अधिकार निभाना है।

डॉ. योगिता चन्देल  
वाणिज्य विभाग

## “हम भारत माँ के लाल है”

चारों दिशाये गूँज रही  
मेघ कर रहे मृदंग है !

यह रूप देख मेरा आज  
दर्शक सभी दंग है !

भाव विचलित ,मन अधिदर  
अश्व मेरा ,तुरंग है !

रणभूमि मैं खड़ा ,  
लक्ष्य केवल जीत है!

यहाँ रूप देख मेरा आज  
शत्रु भी भयभीत है !!

रक्त से कपडे लाल मेरे ,  
हाथों में हथियार है !

रक्त से लिख देगे इतिहास ,  
हम भारत माँ के लाल है !!

सूरज महाजन  
बीएफए

## “सृष्टि महापरिवर्तन की वेला में परमात्मा का सन्देश”

यदा यदा हि धर्मस्य ग्लानिर्भवति भारत ।  
अभ्युत्थानमधर्मस्य तदात्मानं सृजाम्यहम् ॥  
परित्राणाय साधूनां विनाशाय च दुष्कृताम् ।  
धर्मसंस्थापनार्थाय सम्भवामि युगे युगे ॥

ये सिर्फ पंक्तियाँ ही नहीं बल्कि हमारा हमारे परम पिता के प्रति विश्वास है कि अपने वादे अनुसार धर्म की रक्षा के लिये वे इस धरा पर जरूर अवतरित होंगे। अधर्म का नाश कर सत्य धर्म की स्थापना करेंगे। अब हम वर्तमान समय की बात करें तो कलियुग अंत की दिखायी हर निशानी हम अपनी आंखों से देख रहे हैं। धर्म की ग्लानि हो या धर्मयुद्ध हो, दुःख अशान्ति हो या प्रकृति का विकराल रूप हो सभी अपने चरम सीमा पर हैं। जरूर फिर अपने वादे अनुसार भगवान भी यहाँ उपस्थित होंगे, साथ ही गुप्त रूप से अपना कार्य भी करा रहे होंगे। सृष्टिकालचक्र अब अपने आप को पूर्ण करते हुए अपने अंत के भी अंतिम समय से गुजर रहा है। यही वह समय है जब परमात्मा स्वयं अवतरित हो हमें अपना सत्य परिचय देते हैं जिसे संगम युग या पुरुषोत्तम युग के नाम से जाना जाता है। जो कि कलियुग अंत और सतयुग आदि के बीच का समय होता। इसी समय परमात्मा आत्माओं को सत्य ज्ञान से अवगत करा आत्मा रूपी पुरुष को उत्तम बनाते हैं एवं आदि सनातन देवी देवता धर्म की स्थापना करते हैं। इस सृष्टि महापरिवर्तन की सुंदरतम वेला में हम बच्चों के प्रति परमात्म सन्देश— भगवानुवाच— “प्यारे बच्चे, तुमने मुझे जनम जनम पुकारा, मेरे मंदिर, मस्जिद, चर्च, आदि बनाये, तपस्या की, दान पुण्य किये, व्रत किये ताकि तुम मुझे मिल सको। मेरे अतिप्रिय बच्चे, तुमने मेरे बारे में बहुत कुछ सुना है, पढ़ा है। लेकिन अब समय आ गया है कि मैं तुमसे सीधे बात करूँ, तुम्हें वह सच्चाई बताऊँ जिसकी तुम्हें तलाश थी। मैं तुम्हारा परमपिता हूँ मैं तुम्हें कभी दुखी अशान्त नहीं देख सकता इसलिए तो लौकिक पिता होते भी तुम मुझे याद करते हो। अब मैं आया हूँ तुम्हें तुम्हारी जनम—जनम की भक्ति का फल देने। त्रिदेवों ब्रह्मा विष्णु शंकर की रचना कर अपना कार्य करने और पुनः स्वर्णिम सतयुगी सुख की दुनिया की स्थापना करने। बच्चे, तुम यह शरीर नहीं बल्कि चैतन्य शक्तिशाली आत्मा हो, जो इस 5 तत्वों के शरीर को धारण करती है। बच्चे, याद करो, इस दुनिया में आने से पहले तुम सभी अपने घर परमधाम में रहते थे... लेकिन इस सृष्टि रूपी रंगमंच पर आपको अपनी भूमिका निभानी थी, जिसके लिए आप अपना घर छोड़कर इस सृष्टि पर आए। जब आप सम्पूर्ण, सतोप्रधान और दिव्य थे। यह दुनिया एक आदर्श दुनिया थी...जिसे पेरेडाइज़, हेवन, स्वर्ग, जन्नत, बहिश्त और अल्लाह का बगीचा कहते हैं। बहुत लम्बे समय तक विश्व मंच पर अपनी भूमिका निभाते निभाते, तुम अपनी असली पहचान भूल स्वयं को देह मानने लगे। फलस्वरूप काम, क्रोध, लोभ, मोह और अहंकार तुम्हारे व्यवहार में आने लगे। तब तुमने मुझे पुकारना शुरू किया, मुझे ढूँढने लगे, तुम भूल गए कि मैं, तुम्हारा पिता, परमधाम में रहता हूँ। तुम अपनी ही दुनिया में मुझे ढूँढने लगे। बच्चे, मैं सर्वव्यापी कैसे हो सकता हूँ? तुम्हें एक धुंधली सी याद थी कि मैं तुम्हें बहुत प्रेम करता हूँ, मैं प्रकाश का पुंज हूँ, इसलिए तुमने मंदिरों का निर्माण करना शुरू किया, जहाँ तुमने मुझे याद करने के लिए मेरे स्वरूप का प्रतीक बनाया। साथ ही, परमधाम से इस सृष्टि पर कुछ पवित्र, दिव्य बच्चे आपका मार्गदर्शन करने के लिए आए, जैसे कि— मोहम्मद, ईसा मसीह (क्राईस्ट), गौतम बुद्ध, महावीर, गुरु नानक। समय बीतता गया, आप धर्म, जाति, पंथ और राष्ट्र के नाम पर बँटते गए। मेरे प्यारे बच्चे, मेरे नाम पर युद्ध छेड़ने लगे। जैसे—जैसे आपका दुःख बढ़ा, मेरे लिए आपकी खोज और तीव्र होती गई। यह द्वापरयुग और कलियुग का समय था। प्यारे बच्चे, अपने वादे अनुसार मैं आया हूँ तुम्हारे लिये। मेरे लिए तुम्हारी तलाश अब खत्म हुई। मैं तुम्हारा परम पिता, परम शिक्षक, सतगुरु आया हूँ तुम्हें सभी वेदों शस्त्रों का सार सुनाने। भीठे बच्चे, अब अपने वास्तविक स्वरूप को जान मुझे याद करो। अपने शान्ति, पवित्रता, आनंद, खुशी, प्रेम और शक्तियों के वरसे को प्राप्त करो। मैं तुम्हें गुणों और शक्तियों से भर दूँगा, ताकि हम मिलकर नई दुनिया का निर्माण करें, एक ऐसी दुनिया जहाँ शान्ति ही धर्म है, प्रेम ही भाषा है, करुणा ही संबंध है, हर कर्म में सत्यता है और खुशी ही जीवन जीने का तरीका है। बच्चे, अब तुम्हारे दुःख के दिन पूरे हुए। अब पुराना कल्प समाप्त होने को है और नया सतयुगी संसार, एक नया कल्प आरम्भ होने की तैयारी में है।”

अदिति खंडेलवाल,

एम.एफ.ए

### तू खुद की तलाश कर

तू खुद की तलाश कर , तू खुद से सवाल कर  
क्यों उलझी हुई है तू इतनी , तू खुद का भी ख्याल कर  
माँ हैं तू , बेटी हैं तू , पत्नी हैं तू , और भी कई रिश्तो को अपने मे समेटे हैं तू  
जिंदगी की जिम्मेदारियों के बीच , तू खुद का भी ख्याल कर  
चल तू खुद की भी तलाश कर , कभी सवर तू , कभी सज ले खुद के लिए  
कभी बात करले खुद के लिए , कभी सुन खुद की भी आवाज  
तू खुद के लिए भी समय निकाल , तू खुद का भी ख्याल कर  
चल तू खुद की भी तलाश कर , कभी समय की बेडियों से परे  
कभी समाज की बंदिशो से परे , अपनी आजादी के खुले पंखो से  
अपने हौसलो को उड़ाने दे तू , चल तू खुद की भी तलाश कर  
तू खुद की भी तलाश कर

श्रीमती निकिता शर्मा

एस ओ सी

### उम्मीद की किरण .....

जिन्दगी की कश्मकश में  
उम्मीदों की आस लिए बैठा हूँ  
राजनेताओं के वादों की आंख मिचौली में भी  
कामयाबी का हौसला कमाल लिए बैठा हूँ  
ए जिंदगी चल मान लिया दो—चार दिन नहीं पर  
दामन में अपने सुनहरा साल लिए बैठा हूँ  
कुछ खाइश , कुछ सपनों को पूरा करने को  
कोशिशें बेहिसाब किए बैठा हूँ  
ये लहरें ये तूफानों से मुझे फिक्र क्या  
मैं अपने लक्ष्य को पूरा करने का  
हौसला कमाल लिए बैठा हूँ  
ए जिंदगी तेरी हर परेशानियों से लड़ने को  
साथ कुछ दोस्त बेमिसाल लिए बैठा हूँ

श्रीधर पाटिल

ब.ए.एलएलबी



## झंडा हमारा

जीवन लगाया लोगों ने, जिस झंडे को फहराने में  
कुछ लटके फाँसी पर कुछ तो धूल बने तैखाने में,  
अनगिनतों ने बलिदान दिया, बलिदान सभी नरेश का

ना ही जाति, धर्म विशेष का वो झंडा था इस देश का ....

थी बड़ी समस्या मालूम है, तभी साथ तुम्हारे खड़े थे वो  
थे बड़े बुजुर्ग संग तुम्हारे, पड़े हुए,  
कुछ भूले मान इस देश का

ना ही जाति, धर्म, विशेष का वो झंडा था इस देश का .....

साम-दाम, दंड-भेद, वही चाल सरताज की  
क्या मिला, क्या पाया हमने,  
बस बात उसी रंज (दुख) की  
वक्त हुआ है आने का, संग संग एक लड़  
जाने का उस दुश्मन से इस देश का

ना ही जाति, धर्म, विशेष का वो झंडा था इस देश का .....

किसान है अन्नदाता, यही है देश का भाग्यविधाता  
यह बात कह-कहकर ना थके, फिर क्यू ये  
दुस्साहस का आँखों से गिरे वो क्यूँ भूले मान इस देश का

ना ही जाति, धर्म, विशेष का वो झंडा था इस देश का .....

अजीतेश पटेल, बी.कॉम

## “व्यायाम एनसीसी योगदान (कोविड -19)”

है मुझे फख उस एनसीसी वर्दी पर,  
जिसने देश के लिए कुछ करना सिखाया ।  
यह वह संस्था है जिसने न सिर्फ नैतिक मूल्य,  
बल्कि जीवन जीने का ढंग बतलाया ।  
कोरोना महामारी के चलते भी हमने,  
एक भारत श्रेष्ठ भारत कैम्प को साकार कराया ।  
फिट इंडिया, कर इंडिया,  
क्यूकी चीनी हो या कोविड, लड़ेगा इंडिया ।  
योगा भी करेंगे, पेड़ भी लगाएंगे ,  
हम देश को आत्मनिर्भर भी बनाएंगे,  
क्योंकि देश के हित के लिए,  
हम एक साथ खड़े रहेंगे ।  
भारत की शक्ति हम युवा हैं,  
कुछ कर गुजरने की चली ऐसी हवा है,  
करना हमे इसी देश की सेवा है ।

प्रांशी निगम  
एनसीसी कैंडेट

## शहीद-ए-आजम भगत सिंह

जय हिन्द

भारत माँ का एक लाल जो हँस कर फाँसी झूल गया ।  
आजादी कि चाह मे वह सारे गम को भूल गया ॥  
झूलकर फाँसी युवाओं में आजादी की चिंगारी वह लगा गया ।  
आजाद होंगे एक दिन हम ऐसी आशा जगा गया ॥

दिखा गया वह इस दुनिया को मात्रभूमि ही सब कुछ है ।  
मिटा देंगे उस हस्ती को जिसने किया गलत कुछ है ॥

आजादी का चस्का जिसने हर किसी को लगाया था ।  
क्रांति की ज्वाला को जिसने हर दिल मे जलाया था ॥  
जगा गया वह उन मुर्दों को, जिन्हें अंग्रेजों ने दफनाया था ।  
मिटा दिया उस भय को जिसने उन्हें गुलाम बनाया था ॥

असेम्बली में बम फेंक कर जिसने अंग्रेजों को हिलाया था ।  
कायर बनकर भागा नहीं अपना परचम लहराया था ॥  
जवानी की उम्र मे जिसने मौत को गले लगाया था ।  
तब जाकर भगत सिंह " शहीद-ए-आजम " कहलाया था ॥

आँखों में ज्वाला, दिल मे हिम्मत, और हौसलों में वह दम रखता था ।  
इरादे थे बुलंद उसके सिर पर वह कफन रखता था ॥  
जिसका नाम सुन अंग्रेजों की सांसों का प्रवाह रुक जाता था ।  
वह ऐसा वीर साहसी शहीद भगत सिंह कहलाता था ॥

“तेरी कुर्बानी को यूँही जाने नहीं देंगे ।  
देश पर कोई भी संकट दोबारा आने नहीं देंगे ॥  
वादा करता हू तेरे बाद भी आएंगे देश पर मिटने वाले ।  
तेरी इंकलाब कि लौह को यूँही बुझ जाने नहीं देंगे ॥  
इंकलाब जिन्दाबाद

यश प्रजापति  
एमसीए

## भारत की शान संविधान

विश्व मे सबसे बड़े संविधान का  
खिताब हमने पाया है,  
पूरे विश्व में लोकतंत्र का  
डंका हमने बजाया है,  
ये आन है, ये जान है, ये शान है  
यही देश का स्वाभिमान है,  
'चले देश इसी से ही  
ये हमारा संविधान है,  
वर्षों की मेहनत से हमारा  
यह संविधान बना है,  
इसे संभालकर रखना  
इसी से मेरा देश महान बना है ।

सानिध्य शास्त्री  
बी.ए.एल.एल.बी

## भारत में शिक्षा

भारत में शिक्षा के मुख्यतः 4 भाग देखे जा सकते हैं, तीर, तलवार से शुरू हुई शिक्षा आज मोबाईल और कंप्यूटर पर पुहुँच चुकी है। पूर्व शिक्षा के पहले चरण में देश और धर्म रक्षा हेतु शास्त्र और शास्त्र ज्ञान देना ही विद्यालयों का मुख्य उद्देश्य था, भारत में सबसे प्राचीनतम 2 विश्वविद्यालय तक्षशिला और नालंदा विश्वविद्यालय माने जाते हैं, जिनमें तक्षशिला (जोकि अब पाकिस्तान में है) का इतिहास लगभग 2700 वर्ष पूर्व का माना जाता है। दोनों विश्वविद्यालय में उस समय भारत ही नहीं बल्कि सारे विश्व से पढ़ने वाले छात्र अध्ययनरत थे। उस समय की प्रमुख भाषा संस्कृत थी, अफसोसजनक बात है कि आज भले ही भारत में संस्कृत का प्रयोग न के बराबर रह गया है पर आज भी सारा विश्व इस भाषा पर शोध कर रहा है कई विदेशी देशों में संस्कृत भाषा को शिक्षा के लिए अनिवार्य किया गया है। दूसरा चरण हिंदी आर्य भाषा संस्कृत की उत्तराधिकारिणी मानी जाती है, साथ ही ऐसा भी कहा जाता है कि हिंदी का जन्म संस्कृत से हुआ है। हिंदी भाषा शिक्षा का इतिहास लगभग एक हजार वर्ष पुराना माना गया है। जिसे आगे चलकर भारत की मातृभाषा घोषित किया गया। तीसरा चरण भारतीय शिक्षा पद्धति में अनेक बदलाव लेके आया जिसने वर्षों पुरानी परंपरा को चरमरा दिया इसकी शुरुआत भारत में अंग्रेजों की हुकूमत आने से हुई अंग्रेजों की हुकूमत के बाद से ही शिक्षा प्रणाली में बदलाव हुए अब अधिकतर लोग कुशल प्रशासक या धर्मरक्षक नहीं, अंग्रेजों की गुलामी करने वाले कलेक्टर और बैरिस्टर बनने की दौड़ में भागने लगे जिसका अंग्रेजी हुकूमत ने बहुत फायदा उठाया और भारत की प्राचीन भाषाओं को मिटाने के लिए भारतीय शिक्षा प्रणाली में अंग्रेजी भाषा को जोड़ा एवं अधिकतम जगह अनिवार्य कर दिया। जोकि अब तक चला आ रहा है। चौथा चरण अंग्रेजी हुकूमत के जाने के बाद भारतीय शिक्षा प्रणाली का चौथा चरण शुरू हुआ। भारत के स्वतन्त्र होने के बाद 14 सितंबर 1949 को हिन्दी को भारत की राजभाषा घोषित कर दिया गया। शिक्षा प्रणाली में अनेक बदलाव हुए शिक्षा किताबों से कम्प्यूटर पर आ गई। धीरे धीरे तकनीकी और देश में विकास हुआ जिससे कम उम्र में ही बच्चे बड़े पैमाने की शिक्षा प्राप्त करने लगे। आपातकालीन स्थितियों में, या जो व्यक्ति किसी शैक्षणिक संस्थान पर जाने की इच्छा नहीं रखता उसके लिए घर बैठे मोबाईल टेक्नोलॉजी द्वारा वर्तमान का समस्त ज्ञान उपलब्ध होने लगा। जिसने फायदे के साथ-साथ, जिंदगी का उतार चढ़ाव और संघर्ष करने की उम्र में आधी आबादी को आलसी व कमजोर बना दिमाग एवं आंखों की समस्या से ग्रसित कर दिया। भारतीय भाषा के दमन को अंग्रेजों द्वारा बोए गए जहर ने इस बदलते दौर में भारतीय राजभाषा की नींव को खोखला कर दिया कहने को तो हिंदी को राजभाषा घोषित किया गया था, पर भारत में ही शिक्षा एवं कई पदों के लिए अंग्रेजी हुकूमत की भाषा को अनिवार्य माना जाने लगा, अंग्रेजी भाषा के इस जहर ने अंग्रेजी भाषा का ज्ञान या उसमें दिलचस्पी न रखने वाले लोगों को समाज ने हीन भावना का शिकार बना दिया। आने वाला समय भारतीय शिक्षा के क्षेत्र में और भी आधुनिक व कम मेहनती तकनीकों से शिक्षा की ओर इशारा करता है। आने वाले समय में हो सकता है, अंग्रेजी भाषा का विलायती-बीज, पेड़ बन हिंदी भाषा को जड़ से उखाड़ दे। शास्त्र ज्ञान एवं संस्कृत भी लगभग समाप्त होने की कगार पर है अर्थात् यह कहना ठीक होगा कि आने वाला समय प्राचीन इतिहास को समाप्त कर देगा

आकाश पुराणीक बीएएमसी

### हर्ष और उल्लास

ये हर्ष और उल्लास झूठ है  
ये सुख का प्रकाश झूठ है  
अंधकार में उम्मीद की किरण  
दुखी मन का सुख के लिए विचरण  
और जीत का प्रतिबिंब दिखाता दर्पण  
ये असत्य भ्रम अटूट है,  
ये हर्ष और उल्लास झूठ है।  
सुख की कल्पना दुख में बिलकना  
विध्वंस के समय में चूर होकर बिलखना  
यही मनुष्य की सच्चाई यही उसका रूप है  
ये वही मनुष्य है जिसमें डर भरा कूट-कूट है  
ये हर्ष और उल्लास झूठ है  
न जाने किस जहां में जीता है  
हर घूंट जिल्लत के पीता है  
विरोध से तेरा कोई नाता भी है  
या दुनिया में तेरी सिर्फ गुलामी की छूट है  
ये हर्ष और उल्लास झूठ है  
क्यों लहरों से डरता है  
उल्टा क्यों नहीं तैरता है  
क्या कायरता तेरा मुखौटा और कमजोरी तेरा मुकुट है  
ये हर्ष और उल्लास झूठ है  
एक बार खुद को समेट कर  
हिम्मत बांध खुद से भेंट कर  
सिर उठा आगे बढ़, हर उंचाई चढ़,  
साबित कर खुद को कि तू ही दृष्टकूट है,  
ये हर्ष और उल्लास सत्य है ना कि झूठ है।

पुष्कर पंकज गौतम  
बी ए एलएलबी

### नाकाम तलाश

कई मील चला, चलता गया ना रुका,  
बाह भारी हुई, पैरों में दर्द भी बढ़ा, पर मैं ना थका।  
क्योंकि नयन कुछ तलाश रहे थे,  
और उस तलाश की तस्वीर मेरे मन के कारीगर तलाश रहे थे।  
बहुत खोजा जी जान लगा दी।  
एक खोजी दीवानी की सी अपनी पहचान बना दी।  
जो चित्र बन चुका था दिमाग में,  
शायद उसे देखा था कहीं,  
पहचानता था उसे, उससे मिला था कहीं।  
उससे मन ही मन एक रिश्ता सा था,  
भले ही वह उपज था मेरे मन की, पर मन में मेरे को कहीं जीवित बसता सा  
था।  
कई चेहरे देखे लगभग हजारों में,  
कई सपनों में तो कई चौराहों और बाजारों में।  
पर कोई चेहरा उससे मिला नहीं कहीं,  
कोसा खुद को खूब मैंने, सोचा मेरे अंदाज  
में ही तो कमी नहीं कहीं।  
पर जब गौर से तस्वीर को निहारा,  
और मंकी चित्र फलक में उसे संवारा।  
तो जवाब मिलने पर रह गया मैं दंग,  
जिसे समझा सपना उसके रह चुका था संग।  
जिस चेहरे को इतना दूँदा, वो दिन में कई बार मिलता था,  
बातें की हैं मैंने उससे, बातों से मेरी वो खिला करता।  
जिसको हर गली राह में खोजा वो मेरे पास से गुजर गया,  
समझते ही सच ये मैं जहां था वहीं ठहर गया।  
देखने को उसे आंखें आज भी तरसती हैं,  
खुली है शायद यथावत तब से और निरंतर बरसती है।

पुष्कर पंकज गौतम  
बी ए एलएलबी

## माँ और अंधेरा

जब कोई शिशु इस दुनिया में आकर अपने मां से पहले अंधेरे की सूरत देख लेता है, तब वो अंधेरे को मां कहकर पुकारता है, एक उम्र बाद ये समझ आता है कि अंधेरा कभी आपको पराया नहीं करता पर वो आपसे आपके सारे रिश्ते छिनने लगता है, हालांकि अंधेरे में और मां में ज्यादा अंतर नहीं होता, दोनों की ही गोद में आप जितना वक्त बिताएंगे उतना ही डूबते चले जाएंगे, उनसे मोह तोड़ना उतना ही कठिन होता जाएगा और दोनों ही समझने की चीज नहीं, महसूस करने की चीज है, पर जब से मां यात्रा पर गयी हैं, कंधे पर बोझ बहुत बढ़ गया है, इसलिए उनकी खोज अंधेरे में ही करता हूँ, रात होते ही मैं चांद की ओर देखने लगता हूँ और मामा अपनी बहन का पता तुरंत बता देते हैं, मां मन से काफी चंचल थी, वो स्थिर बैठ सकती थीं पर मन, किसी जंगल में रहने वाले बंदर की तरह, एक पेड़ से दूसरे पेड़ पर कूदते रहना। मां की आंखें खुलते ही अंधेरा किसी कोने में या किसी कबर्ड के अंदर दुबक कर बैठ जाता था, बैचैनी और अकेलेपन को अंडे की भूर्जी मना लेती थी, जब भी "था" ज्यादा परेशान करता, मां का एक चांटा "था" की हेकड़ी तोड़ उसे "हैं" में बदल देता। आंखें नम होने को होती और बस तभी मेरी नजर मां को ढूँढ लेती, जैसे चिड़िया अपना घोंसला ढूँढ लेती है। मैं उम्मीद से पागलों की तरह ऊपर देखकर हंसता रहा कि अभी मां कहेंगी "चाय नहीं मिलेगी, अभी बच्चे हो" पर ब्रह्मांड में शोर इतना बढ़ गया है कि अब दूसरों तक सिर्फ शोर और युद्ध पहुंचाया जा सकता है। "मां, मुझे भी अपनी यात्रा में साथ ले चलो ना" ये वाक्य कहकर मैं इंतजार में खड़ा रहा कि मां अब मुझे अपने गोद में उठाएंगी, पर आकाश में बादलों ने मेरे वाक्य को ढकना शुरू कर दिया, काले बादल ऐसे आकाश को खा रहे थे मानो किसी पेंटर ने पेंट ब्रश से लाइट ब्लैक के ऊपर डार्क ब्लैक का स्ट्रोक मारा हो। मामा भी अब अंधेरे की चपेट में आ गए थे। मैं मां को गुस्से से निहारने लगा, अचानक उनके आंसू की एक बूंद मेरे नाक पर गिरी, सारे तारे अंधेरे की चादर ओढ़ कर सो रहे थे, सिवाय मां के जो मेरे सोने का इंतजार कर रही थी, पूरे आकाश में अब मुझे सिर्फ मां दिख रही थी, इन घने बादलों के बीच उन्हें देखकर मेरी आंखें ऐसे चमक उठी जैसे थॉमस अल्वा एडिसन ने अपना पहला बल्ब जलाया हो। बारिश और तेज हो गई। मैं खूशी के मारे उधर छत पर लेट गया, बारिश की बूंदें आज चूभ नहीं रही थी, और जितनी भी चूभी वो मां की डाट थी, वह कह रही थी "जल्दी घर जा, बारिश में भीगेगा तो तबीयत खराब हो जाएगी" पर मैं अपनी तबीयत खराब करना चाहता था, मैं फिर से उन अंधेरे कमरों में नहीं जाना चाहता था जहां मां की याद ना हो, मुझे बस उस कमरे से लगाव था जिस कमरे की दीवार पर मां की तस्वीर लटकी हुई थी, मैं उस दीवार के सिरहाने अपनी सारी किताबों को जमा करके रखता हूँ, फिर अचानक से एक बिजली कड़की, मैं समझ गया था कि मां रोने लगी है, शायद अब वक्त आ चुका था कि मां मुझे अपनी गोद में उठा लेंगी, बारिश और तेज हो गई और मां जोर-जोर से टिम-टिमाने लगी।।

विष्णु भट्टाचार्य, बीएएमसी



## समय का अभाव

समय हमारे जीवन में बहुत महत्वपूर्ण है जब समय बीत चुका होता है तब हमें आभास होता है और अधिक पछतावा होता है इसलिए समय के महत्व को समझें, क्योंकि बीता हुआ समय दोबारा कभी नहीं मिलता। आज अगर हमें किसी भी चीज को सीखने के लिए एक घंटे का समय भी मिलता ही तो हमें लगन से सीखना चाहिए क्योंकि उस एक घंटे में अगर हमने मन लगाकर कुछ क्षण भी सीखा है तो हम उसके विशेषज्ञ भी बन सकते हैं। आज के वर्तमान समय की बात करें तो मनुष्य के पास समय का इतना अभाव है कि वह खुद के लिए भी कुछ क्षण नहीं निकाल पा रहा है अपने ही जीवन शैली में व्यस्त रहता है लेकिन कुछ लोग ऐसे हैं जो अपनी जीवन शैली को इस प्रकार नियोजित करते हैं कि वह दूसरों के लिए भी कुछ क्षण दे सके हमें भी समय के अनुसार नहि चलना है क्योंकि समय निकलते देर नहीं लगती है हमेशा समय की गति से तेज चलना चाहिए तभी हम कुछ महत्वपूर्ण कार्यों के लिए समय दे सकेंगे मनुष्य के जीवन में समय का अभाव कितना भी क्यों न हो उसे कुछ क्षण निकलना चाहिए ताकि वह दूसरी चीजें भी सीख सके।

देव प्रताप सिंह बिसेन, बीएएमसी



## हर दुःख दर्द सह कर वो मुस्कुराती है।

हर दुःख दर्द सह कर वो मुस्कुराती है। पत्थरों के दीवारों को औरत ही घर बनाती है। महिलाएं जो होती हैं ना उनका दिल बहुत बड़ा होता है उसमें बहुत सारा प्यार होता है बहुत सारी ममता होती है उसका खुद का अभिमान होता है मां बाप के दिए संस्कार होते हैं देर सारी भावनाएं होती हैं घर को स्वर्ग बनाने में औरत एक बहुत बड़ी भूमिका निभाती है इसीलिए महिला का दर्जा बहुत बढ़ा होता है हमारे समाज को महिला की भावनाओं को दबाना नहीं चाहिए बल्कि उन्हें बढ़ावा देना चाहिए।

राहुल गोवर्धन जाट



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जीव जगत में जल अमृत तुल्य है, इसका महत्व प्राचीनकाल में यजुर्वेद से लेकर आज तक हम कक्षाओं में पढ़ रहे हैं। हमारा भारत सदैव अनेक पवित्र नदियों के अभ्युदय का साक्षी रहा है। ये तो हम जानते ही हैं कि पृथ्वी का 71 प्रतिशत हिस्सा पानी से ढका हुआ है। 1.6 प्रतिशत पानी जमीन के नीचे है और 0.001 प्रतिशत वाष्प और बादलों के रूप में है। पृथ्वी की सतह पर जो पानी है उसमें से 97 प्रतिशत सागरों और महासागरों में है जो नमकीन है और पीने के काम नहीं आ सकता जो अलवण जल हमारे जीवन के लिये इतना जरूरी है, उसकी मात्रा पृथ्वी पर पाए जाने वाले पानी की कुल मात्रा की केवल 2.7% है। इस दो प्रतिशत का लगभग सारा भाग बर्फ की टोपियों, हिमनदियों (ग्लेशियरों) और बादलों के रूप में पाया जाता है। अलवण जल का शेष बचा हुआ थोड़ा सा भाग झीलों और भूमिगत स्रोतों में सदियों से एकत्रित है। जल, जीवन के लिये सबसे महत्वपूर्ण प्राकृतिक संसाधन है। आगामी दशकों में यह विश्व के कई क्षेत्रों में एक गंभीर अभाव की स्थिति में चला जायेगा। यद्यपि जल पृथ्वी में सबसे प्रचुर मात्रा में पाया जाने वाला पदार्थ है, फिर भी यह समान रूप से वितरित नहीं है। अक्षांश में परिवर्तन, वर्षा के तरीके स्थलाकृति इत्यादि इसकी उपलब्धता को प्रभावित करते हैं। जल एक ऐसी संपदा है जिसका किसी तकनीकी प्रक्रिया के माध्यम से, जब जी चाहे, तब उत्पादन या संचयन नहीं हो सकता। मूल रूप से, पृथ्वी पर कुल मिलाकर, अलवण जल और समुद्री जल की मात्रा स्थायी रूप से तय है। भारत में जल संचयन और संग्रहण की वर्तमान स्थिति अत्यंत खराब है। यद्यपि भारत विश्व के सबसे आर्द्र देशों में से एक है, इसमें जल का वितरण समय और स्थान के आधार पर बहुत असमान है। इस असमान वितरण के कारण, देश के कई भागों में पानी का भीषण अभाव है। बढ़ती हुई घरेलू, औद्योगिक और कृषि से संबंधित कार्यों की मांग की पूर्ति के कारण, पानी की उपलब्ध मात्रा में कमी हो रही है और यह स्थिति भविष्य में और गंभीर हो सकती है। ऊपर से, पिछले कुछ दशकों में देश में सिंचाई का विस्तार करने का प्रयास किया गया है। इसका परिणाम यह हुआ है कि हमारी जल संपदा का अत्यधिक दोहन हुआ है। हमारे बढ़ते शहरीकरण और औद्योगिकरण ने पानी की मांग को बढ़ा दिया है। कृषि क्षेत्रों और वन क्षेत्रों पर बस्तियां बसाकर इन क्षेत्रों को निरंतर संकीर्ण किया जा रहा है। उपरोक्त दिये गये इन कारणों की वजह से देश के कई भागों में जल का भारी अभाव हो गया है। अतः यह आवश्यक हो जाता है कि हम जल को संरक्षित रखें और उसका दुरुपयोग होने से बचायें। हमारी बढ़ती हुई जनसंख्या के लिये हमें अधिक खाद्य सामग्री की आवश्यकता है। खाद्य-उत्पादन को बढ़ाने के लिये, हमें सिंचाई के लिये, और अधिक जल की आवश्यकता है। अतः पानी के संरक्षण की तत्काल जरूरत है। प्राचीन काल में, जल को एक अनमोल संपदा के रूप में देखा और समझा जाता था। वास्तव में हर प्राचीन संस्कृति पानी को पवित्र संसाधन के रूप में देखती थी। परन्तु बीसवीं सदी में औद्योगिक क्रांति के उदय और उसके फलस्वरूप पश्चिमी भौतिकवाद के आगमन ने प्राकृतिक साधनों को देखने का दृष्टिकोण ही गैर पारंपरिक बना दिया है। ठीक उसी प्रकार जैसे बीसवीं सदी तेल के चारों ओर घूमती थी, वैसी ही इक्कीसवीं सदी स्वच्छ और पेयजल के मुद्दों के ऊपर फोकस करेगी। पानी और पर्यावरणीय संरक्षण से संबंधित मुद्दों का हल ढूँढ़ने की दिशा में सबसे महत्वपूर्ण कदम लोगों के दृष्टिकोण और आदतों में परिवर्तन लाना होगा। यदि दुनिया भर के लोग ही पानी को एक ऐसे सस्ते साधन के रूप में देखेंगे, जिसको जितना ज्यादा बर्बाद किया जा सकता हो तब उस स्थिति में, संसार की बेहतरीन नीतियाँ और तकनीकें भी पानी के अभाव को कम नहीं कर सकती। भारत की बढ़ती जनसंख्या की वर्तमान दर को देखते हुए, और उपलब्ध जल संपदा की बढ़ती मांग की पूर्ति के प्रयास में भारत, आगामी पच्चीस वर्षों में सबसे अधिक प्यासे लोगों की जनसंख्या के रूप में एक नकारात्मक छवि बनाने में सफल हो जाएगा। ऐसी स्थिति को रोका नहीं जा सकता। यदि उपलब्ध संसाधनों का ध्यानपूर्वक, बुद्धिमत्ता के साथ प्रयोग नहीं होता है। शहरीकरण, तेज गति से होता औद्योगिकरण और एक लगातार बढ़ती जनसंख्या ने अधिकतर सतही जलाशयों को प्रदूषित करके, उनको मानवीय प्रयोग के लिये अनुपयुक्त बना दिया है। बढ़ती हुई जरूरतों के साथ-साथ, इनकी भूमिगत जल पर निर्भरता बढ़ गयी है। असंख्य बोर-छिद्रों द्वारा भूमिगत जल के अत्यधिक दोहन, जल तालिका में गिरावट कर दी है।

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प्राचीन रोम में प्रत्येक घरों में पानी संग्रहित करने के लिये हौज निर्मित होते थे और शहर की पानी की नालियों को घरों के आंगनों को जोड़ने की व्यवस्था थी। 3000 ई.पू. वर्ष के आस-पास, बलूचिस्तान और कच्छ के कृषक समाज पानी को संग्रहित करके उसका उपयोग सिंचाई के लिये करते थे। हमारे प्राचीन धार्मिक ग्रंथ और काव्य रचनाएँ उस समय में प्रचलित जल संग्रहण और संरक्षण प्रणालियों का अच्छा दृश्य प्रकट कर देती हैं। वनों में पानी धीरे-धीरे जमीन में रिस जाता है क्योंकि वन के पेड़-पौधे वर्षा को तितर-बितर कर देते हैं। तब यह भूमिगत जल कुओं, झीलों और नदियों में जाता है। वनों के संरक्षण का दूसरा अर्थ है जल का संग्रहण के क्षेत्रों में जल का संरक्षण करना। प्राचीन भारत में लोगों का मत था कि वन "नदियों की माताएँ" हैं एवं इसीलिये वे इन जलस्रोतों की आराधना करते थे।

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लगभग पाँच हजार वर्ष पूर्व, सिंधु नदी के किनारे पनपती सिंधु घाटी सभ्यता एवं अन्य भागों जैसे भारत के पश्चिमी एवं उत्तरी भागों ने पानी की आपूर्ति की अत्यन्त सुलभ व्यवस्था एवं वाहित मल प्रणाली दुनिया को दी थी। मोहनजोदड़ो और हड़प्पा नगरों की सड़कों के नीचे जिस विधि से नालियों को ढका गया था, उससे यह स्पष्ट होता है कि इस संस्कृति के लोग साफ-सफाई और स्वच्छता से कितने परिचित थे।

"मायो मौष घीहि ऊं सीर्घाम्नोः घाम्नो राजस्तो वरुण नो मुंव।" -यजुर्वेद

अर्थात् हे राजन, आप अपने राज्य के स्थानों में जल और वनस्पतियों को हानि न पहुँचाओ, ऐसा उद्यम करो जिससे हम सभी को जल एवं वनस्पतियाँ सत रूप से प्राप्त होती रहे। प्राचीन समय में, पश्चिमी राजस्थान के कुछ भागों में कई घर ऐसे बनाये जाते थे जिनमें प्रत्येक घर की छत पर जल-संग्रहण व्यवस्था होती थी। इन छतों से वर्षाजल को भूमिगत टैंकों में भेजा जाता था। यह व्यवस्था अभी भी सब किलों में, महलों और इस क्षेत्र के घरों में देखी जा सकती है। भूमिगत पकी (सेंकी) हुई मिट्टी की पाइपों और नहरों का प्रयोग पानी के प्रवाह को नियमित रखने और दूर के स्थानों तक पहुँचाने के लिये होता था। ऐसी पाइपें अभी भी मध्य प्रदेश के बुरहानपुर, कर्नाटक के गोलकुंडा और बीजापुर एवं महाराष्ट्र के औरंगाबाद में प्रयोग में लायी जाती हैं। वे वर्षाजल का सीधे रूप से संग्रहण करते थे। घर की छतों से, पानी को संग्रहित करके, अपने-अपने आँगनों में बने जलाशयों में बचा कर रखते थे। इसके अतिरिक्त वे वर्षा के पानी को खुले मैदानों से एकत्रित करके कृत्रिम कुओं में संग्रहित करके रखते थे। बाढ़ की स्थिति में आई नदियों व झरनों के जल को एकत्रित करके, वे मानसून के व्यर्थ जाते पानी का संचयन करते थे और उसे गैर मानसूनी मौसम के कई प्रकार के जलाशयों में संग्रहित करते थे।

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वर्षाजल के संचयन की तकनीकें: वर्षाजल के संचयन की दो मुख्य तकनीकें हैं:

1. भूमि की सतह पर भविष्य में प्रयोग के उद्देश्य से किया गया वर्षा जल का संग्रहण।
2. भूमिगत जल का ही पुनःभरण करना- वर्षा के पानी को सतह पर ही संग्रहित कर लेना एक पारंपरिक तकनीक है और इसके लिये टैंकों, तालाबों, चौक-बांध, बैयरो जैसे जल कोषों का प्रयोग किया जाता था। भूमिगत जल का पुनःभरण वर्षा के पानी के संचयन की एक नयी संकल्पना है और प्रायः इसके लिये निम्नलिखित प्रकार के संरचनाओं (ढाँचों) का प्रयोग किया जाता है:

1. गड्डे: पुनःभरणगड्डे या पिट्स को उथले जलभृत के पुनर्भरण के लिये बनाया जाता है।
2. जलभृत (उपमित): यह रेत, पथरीली या चट्टानों की बनी मिट्टी की छिद्रनीय परतें हैं जिनसे प्रचुर मात्रा में जल को उपयोग करने के लिये निकाला जा सकता है। इनका निर्माण एक से दो मीटर की चौड़ाई में और एक से 1.5 मीटर की गहराई में किया जाता है और जिनको रेत, मिट्टी, कंकड़ों से भी भर दिया जाता है।
3. खाड़ियाँ (जलमदबीमे): इनका तब निर्माण होता है, जब पारगम्य (भेद्य) चट्टानें उथली गहराई पर उपलब्ध होती हैं। खाई 0.5 से 1 मीटर चौड़ी, 1 से 1.5 मीटर गहरी और, 10 से 20 मीटर की लम्बी हो सकती है। इसकी चौड़ाई, लंबाई और गहराई जल की उपलब्धता पर निर्भर है। इनको पाटने के लिये फिल्टर सामग्री का प्रयोग होता है।
4. खुदे हुए कुएँ: मौजूदा कुओं का पुनःभरण ढाँचे के रूप में उपयोग किया जा सकता है। यह आवश्यक है कि पानी को कुएँ में डालने से पहले उसको फिल्टर मीडिया (छानने वाले यंत्रों) से गुजारना चाहिये।
5. हाथ से संचलित पंप (हैंडपंप): यदि जल की उपलब्धता सीमित हो, तो मौजूदा हैंडपंपों को उथलेहरे जलभृतों को पुनर्भरित करने के लिये प्रयोग में लाया जा सकता है। जल को छानने के यंत्रों द्वारा प्रवाहित करना जरूरी है। इससे पुनःभरण के काम आने वाले कुओं में अवरोधन नहीं होगा।
6. पुनःभरण कुएँ: अधिक गहरे जलकोषों के पुनःभरण के लिये 100 से 300 मि. मी. व्यास के पुनःभरण कुओं का प्रायः निर्माण होता है। इनमें जल को फिल्टर उपकरणों से अवरोधन को रोकने की दृष्टि से पारित किया जाता है।
7. पुनःभरण शाफ्ट: उथले जलकोषों के पुनःभरण के लिये इनका निर्माण होता है। (ये मिट्टी की गीली सतह से नीचे स्थित हैं)। इन पुनःभरण शाफ्टों का 0.5 से 3 मीटर का व्यास है और ये 10 से 25 मीटर गहराई के हैं। ये शाफ्ट पत्थरों और मोटी रेत से भरा होता है।
8. बोर कुओं के पार्श्व शाफ्ट: उथले एवं गहरे जलभृतों के पुनःभरण के उद्देश्य से, पानी की उपलब्धता से संबंधित, 1.5 मीटर से 2 मीटर चौड़े और 10 से 30 मीटर लम्बे पार्श्व शाफ्टों का एक या दो बोर कुओं के संग निर्माण होता है। पार्श्व शाफ्ट के पीछे पत्थर और मोटी रेत बिछी होती है। हमें भी अपने क्षेत्रों में जल संचयन और संरक्षण की ओर ध्यान देना होगा। प्रत्येक बस्ती में एक छोटा सा तालाब बनाकर, अन्य जीवों के अधिकारों के अतिक्रमण को रोकना होगा। जागरूकता और संगठित प्रयत्नों से ही संभव है।

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## ‘पृथ्वी की पीड़ा’

सबसे पहले नमन है माता हर अक्षर स्वर संधि की ज्ञाता,  
तुच्छ ये तेरा पुत्र हे माता लिखता है पृथ्वी की गाथा।  
शौर्यनाद वनराज के जब – जब नभ में गूंजा करते थे,  
गिरिराज गिरनार के जंतु, थर – थर काँपा करते थे।  
सुंदरवन की सुंदरता में चार चाँद लग जाते थे,  
जब गीली मिट्टी में मृग के नन्हे पग बन जाते थे।  
काश्मीर घाटी से जब केसर की खुशबू आती थी,  
वह धरती इस पृथ्वीलोक कि देवलोक कहलाती थी।  
चंदन वन की मोहक खुशबू सबका मन मोह लेती थी,  
सावन में उपवनो कि आभा, स्वर्गलोक सम होती थी।  
दक्षिण के जंगल में जब – जब हाथी विचरण करते थे,  
पाताल लोक में असुरों के सिंहासन डोला करते थे।  
वो भीम रूप वो कद विशाल, जहा रखे पाव बन जाए ताल,  
वो बाहुबल, वो स्वाभिमान, गौरवशाली अत्मस्त चाल।  
ये तो था स्वर्णिम भूतकाल, था भू का कण – कण खुशाल,  
अब आया निर्दय वर्तमान, क्षण – क्षण बढ़ता यहां तापमान।  
जहाँ आदिकाल से निर्मल गंगा कल – कल बहती थी,  
जय मोक्षदायनी, पाप हारणी सुनकर हर्षित होती थी।  
वह गंगा जिसे चीरकाल से जगत पोषणी कहते हैं,  
जन्म – जंगल और जीव-जंतु सब जिससे पोषित होते हैं।  
नर ने अपने अहम में आकर, सारे वृक्षों को काट दिया,  
पर्वत कांटे, सागर पाटा, नदियों के रुख को मोड़ दिया।  
दीन दशा प्रकृति की देख फिर, क्रोध में पृथ्वी बोल पड़ी,  
बल के मद से जागो मानुष, मृत्यु सिर पर डोल रही।  
तू खुद अपने हाथों से मृत्यु के द्वार को खोल रहा,  
आने वाली पीढ़ी को तू अंधकार में झोंक रहा।  
जब पीड़ा सहने की क्षमता, से उनकी पीड़ा पार हुई,  
मानव के दुस्साहस की सारी सीमाएं पार हुई,  
तब पृथ्वी गंगा वंदन करती पहुंची श्री विष्णु के पास  
त्राहीमाम! प्रभु त्राहीमाम! रक्षा करो हे सर्वशक्तिमान।  
चिंतित स्वर में केशव बोले, बोलो गंगा क्या बात हुई?  
नदियों की रानी की आंखों से क्यों अश्रु की धार बही?  
क्रन्दित स्वर में गंगा बोली, हे केशव संताप हरो,  
मानव के दुस्साहस का, अब तो तुम कुछ उपचार करो।  
अपने स्वार्थ के लिये मनुज ने, नदियों के जल को रोक दिया,  
बाकी सारे जीव जन्तु को, प्यासा मरने छोड़ दिया।  
मेरे जल को बांध-बांध के अस्तित्व को मेरे मिटा दिया।  
कण – कण में आधिपत्य जमा कर खुद को ईश्वर समझ लिया।  
धीमे स्वर में पृथ्वी बोली, हे केशव! उपकार करो,  
इस मानव रूपी दानव का, अब तो निश्चित संहार करो!  
तेल की खोज में कोख को मेरी, पाताल लोक तक खोद दिया,  
धातु और खनिज की खोज में धरती को बंजर बना दिया।  
हे नर तुमसे गंगा कहती, तुम इतने ना पाप करो।  
कितने धोऊ पाप तुम्हारे, अब तुम मुझको माफ करो।  
अब भी समय है वृक्ष लगाओ, जल जंगल और पशु बचाओ।  
दीवार पे लटकी घड़ी की तिलीका पल – पल तुझसे बोल रही,  
नींद से जागो स्वार्थी मानुष मृत्यु सिर पर डोल रही।

सुव्रत बाज़ल  
बीए एलएलबी

## ‘कन] एगसद] ह] ह] [क] उग]’

1. दिव्य भारत के, एक घर में बैठी मैं।  
हृदय से नेक, महसूस करती ये।।  
करोना से जंग में, जब सब हे बेहाल।  
घर में रहती मैं, हर-हाल।।  
बीमारी को हराती, रणनीति की आस नहीं।  
महामारी की युद्धभूमि के पास नहीं।।  
शायद, मुझमें कुछ भी खास नहीं!
2. शिक्षिका हूँ, देश की रचियता हूँ।  
गृहणी हूँ, घर की निर्माता हूँ।।  
सुसज्जित हूँ, माँ के ममत्व से।  
गर्वित हूँ, पत्नी के दायित्व से।।  
विपदा की घड़ी में, एहसास लिए खड़ी मैं।  
निर्बल का आधार नहीं, निर्धन का आश्रय नहीं।।  
इसलिए, खास होकर भी खास नहीं!
3. अपनी जान पर खेलकर, दूसरों की जान बचाए।  
ना मैं चिकित्सकों, जैसी, कर्मवीर हूँ।।  
अपनी नींद गवांकर, देश की शान बढ़ाए।  
ना मैं नगर रक्षकों जैसी, शूरवीर हूँ।।  
मुझमें इन जैसा धैर्य नहीं, शौर्य नहीं।  
मैं इन जैसी निस्वार्थ नहीं, निर्भय नहीं।।  
शायद, मुझमें कुछ भी खास नहीं!
4. कंधे से कंधा मिलाकर, चलते राजनेता।  
विडियो बनाकर, सोशल डिस्टेंसिंग समझाते अभिनेता।।  
सच झूठ का तोल-मोल करके, सचेत करते पत्रकार।  
अपना गुल्लक, दान देते, छोटे उम्र के नवकार।।  
मुझमें इन जैसी राजनीति नहीं, कलानिधी नहीं।  
मैं इन जैसी साहसी नहीं, दानी नहीं।।  
शायद, मुझमें कुछ भी खास नहीं!
5. भूखो की अनल बुझाते अन्नदानी।  
धन-धान्यों की वर्षा करते गणमानी।।  
भारत माता का यश बचाते सेनागण।  
करोना योद्धा का जोश, बढ़ाते परिजन।।  
मुझमें इन जैसी दया नहीं, माया नहीं।  
मैं इन जैसी निर्भय नहीं, निस्वार्थ नहीं।।  
शायद, मुझमें कुछ भी खास नहीं!
6. अनदेखे अनजाने दुश्मन से भिड़ गए।  
मुखिया जैसे परिवार की आड़ बन गए।।  
बात में जिनकी दहाड़ है। स्वभाव में परोपकार है।।  
उस प्रधान को शंख के नाद में आशीर्वाद है।  
उस प्रमुख में दीपक के प्रकाश जैसा विश्वास है।।  
मुझमें तुझसा तेज नहीं, तप नहीं।  
मैं तुझसी प्रयोगात्मक नहीं, मार्गदर्शक नहीं।  
शायद, मुझमें कुछ भी खास नहीं!
7. शायद, मुझमें कुछ भी खास नहीं!  
रोकती हूँ, घरवालों को बाहर जाने से।  
टोकती हूँ, बीमारी को घर में ताकने से।।  
साधारण हूँ, सामान्य हूँ, पर भारतीय हूँ।  
जागरूक नागरिक होने का कर्तव्य निभाती हूँ।।  
राष्ट्र की बस इतनी सी, सेवा करती हूँ।  
हर हाल में, घर पर ही रहती हूँ।।

v k d / 5 / u h e d b j o g

## शहीदों को शत् शत् नमन

ना गोले से, ना बारूद से  
ना जिस्म से, ना जान से  
तेरा तो रक्षण हुआ है माँ  
इन शहीदों के रक्तदान से।

राजस्थान की मरुभूमि हो या  
सियाचिन की बर्फीली पहाड़ियाँ ।  
अरुणाचल की विवादित सरहदें हो या  
कश्मीर की संवेदनशील वादियाँ ।  
उन्हें हरा न पाई कोई विकट परिस्थिति  
वज्र सी थी उनकी मनोस्थिति ।

ऐसे शहीदों को मेरा शत् शत् नमन ।

होली में जो स्क्वॉजित हो कर खेलें  
दिवाली में तोप से अमावस छटे ।  
देख ना पाए खुशियों के मेले  
अल्विदा कह कर जो निकल पड़े सफ़र पर अकेले ।

उन क्षत्रियों को मेरा वंदन,  
शहीदों को शत् शत् नमन ।

वीरता की पराकाष्ठा है वो  
उदित भारत की भाषा है वो ।  
बलिदान की पवित्र अग्नि को ना बुझने देना  
कर्तव्यपरायणता की डोर थाम लेना ।

वो है माँ भारती के अनमोल रतन,  
शहीदों को शत् शत् नमन ।

चाहते थे संतानों का घोड़ा बनना  
चाहते थे श्रवण कुमार के पदचिन्हों पर चलना ।  
चाहते थे सात जन्मों का वचन पूर्ण करना  
चाहते थे मित्रता के दिन ताज़ा करना ।

त्याग दिए सब मोह  
बस एक मोह न छूटा ।  
अंतकाल में तेरे तिरंगे का  
आलिंगन ना रहे अछूता ।

उन बलिदानकारियों को मेरा वंदन  
शहीदों को शत् शत् नमन ।

सौम्या नायर, बी टेक

## समय

समय कभी मधुर सुबह, कभी ढलती शाम है  
कभी भोर सी चमक, कभी अंधकार है  
कभी ये ध्वजा जीत की तो कभी हार है  
समय कभी मधुर सुबह, कभी ढलती शाम है ।

कभी ये एक झलक एकता की  
तो कभी अपनो से ही तकरार है  
कभी रोज का प्यार तो  
कभी मधुर लम्हों की याद है  
समय कभी मधुर सुबह, कभी ढलती शाम है

कभी ये हँसी-ठिठोली तो कभी परेशानियाँ है  
कभी मिलन का प्रतीक तो कभी  
बिछोह की वेदना है  
कभी बरसता सावन तो कभी दुःख की पीड़ा है

समय कभी मधुर सुबह ,तो कभी ढलती शाम है  
हे अहंकार से भरे मानव  
ये समय न तेरा है न मेरा है  
ये तो सिर्फ कर्मों का मेला है  
आज तेरा तो कल मेरा है।

डॉ. रेखा लखोटिया  
वाणिज्य विभाग

## “यादों की किताब”

खुली जो आंख एक रात मेरी  
मैंने यादों की किताब को खोल लिया  
धुंधला गए थे जो पन्ने सारे  
उनके राजों को भी खोल दिया ।  
कुछ फट चुके थे आधे  
पर उनकी शिकन में कोई कहानी लिखी थी  
पता नहीं कौन ले गया उस आधे हिस्से को मेरे  
अगले ही पन्ने उनकी निशानी रखी थी ।  
एक गुलाब मुरझाया हुआ  
अपनी झुर्रियों में महक बिखराया हुआ  
कितना ही इठलाया होगा जब  
उसकी उंगलियों को छूकर आया होगा ।  
कुछ पन्ने खोलने से डर लगता  
तो कुछ को बार बार पढ़ने का मन करता  
कुछ पे बिखरी हुई स्याही कला लगती  
तो कुछ पे लिखे हुए वादे बस गलतियाँ ।  
शायद यही किताब तो जीवन है  
आपके पन्ने किसी और के पास चले जाते हैं  
किसी और की शिकन आपकी किताब में वो छोड़  
जाते हैं  
खोलना अपनी किताब भी कभी  
आपकी किताब में भी शायद वादे और स्याही  
मिल जाएंगे  
हम भी किसी की किताब में गुलाब बने नज़र  
आयेंगे ।

तनीषा बंसाली  
बीबीए प्लेन



## शास्त्रीय संगीत

शास्त्रीय संगीत भगवान द्वारा दिया गया उपहार है। यह हमारे लिए एक आत्मीय कुंजी के समान है जो हमें मानसिक तथा शारीरिक स्वस्थ रूप से स्वस्थ बनाये रखने में हमारी सहायता करता है। संगीत वो लय है, जो बीते समय, पसंदीदा स्थानों, व्यक्तियों या उत्सवों आदि की सभी अच्छी यादों और सकारात्मक विचारों को लाता है। संगीत बहुत ही मधुर और वैश्विक भाषा है, जो सब कुछ शान्ति से बताता है और हमारी सभी समस्याओं को हमसे बिना पूछे खत्म करता है। मैं संगीत के प्रति बहुत प्रतिबद्ध हूँ और इसे अधिकतर सुनता हूँ। यह बहुत बड़े स्तर पर राहत प्रदान करते हुए मुझे खुश रखता है। संगीत सुनना मेरा शौक है और यह मेरे स्वस्थ और सुखी जीवन का रहस्य है। यह मेरे लिए भगवान का तोहफा है, जिसे मैं अपने भले के लिए प्रयोग करता हूँ और इसके साथ ही दूसरों को भी संगीत सुन कर इससे लाभ लेने की सलाह देता हूँ।

### संगीत का शौक

मैं बचपन से ही अपने पिता के कारण संगीत सुनने का शौकीन होने के साथ ही अपने मित्रों के साथ संगीत प्रतियोगिता, चर्च, जन्मदिन समारोह, आदि अन्य स्थानों पर गायन में भाग भी लेता हूँ। संगीत मेरे जीवन का बहुत महत्वपूर्ण भाग है; मैं संगीत के बिना अपने जीवन की कल्पना भी नहीं कर सकता। मेरे माता-पिता, विशेष रूप से मेरे पिता ने मुझे संगीत सीखने में बहुत प्रोत्साहित किया और मेरी इस आदत को एक अद्भुत पहचान दी। संगीत बहुत ही आसान है; जिसे कोई भी किसी भी समय सीख सकता है हालांकि, इसे सीखने के लिए शौक, नियमित अभ्यास और अनुशासन की आवश्यकता है। मैं बंसी बजाना बहुत अच्छे से जानता हूँ, जिसके कारण मेरे मित्रों और साथियों के बीच मैं मेरी काफी प्रशंसा होती है। यह मेरे मस्तिष्क को शान्त करने का कार्य करता है। इसके साथ ही यह मुझे सकारात्मक विचारों से भी भरता है जो मेरे व्यक्तिगत जीवन में मेरी काफी सहायता करता है। इस तरह कहा जा सकता है कि, संगीत आध्यात्मिक, मानसिक और शारीरिक शक्ति प्रदान करने के साथ ही मनुष्य में आत्मविश्वास को भी विकसित करता है।

### भारतीय संगीत

भारतीय संगीत प्राचीन काल से ही भारत में काफी लोकप्रिय है, इसे काफी समय से सुना तथा पसंद किया जाता है। इस संगीत का प्रारंभ वैदिक काल से भी पूर्व का है। इस संगीत का मूल स्रोत वेदों को माना जाता है। हिंदु परंपरा में ऐसी मान्यता है कि ब्रह्मा ने नारद मुनि को संगीत वरदान में दिया था। भारतीय संगीत दुनिया भर में काफी प्रसिद्ध है। यह काफी शांति और सुकून प्रदान करने वाला है, भारतीय संगीत इतिहास में ऐसे महान कलाकारों का वर्णन है, जो अपने संगीत द्वारा पेड़-पौधों और प्रकृति को भी मंत्रमुग्ध कर देते हैं।

### संगीत का सकारात्मक प्रभाव

संगीत बहुत ही शक्तिशाली है और सभी भावनात्मक समस्याओं के लिए सकारात्मक संदेश पहुँचाता है और किसी से भी कुछ भी नहीं पूछता। यह एक प्रकार का मधुर संगीत है। हालांकि हमें सब कुछ बताता है और मनुष्यों से ज्यादा समस्याओं को साझा करता है। संगीत की प्रकृति प्रोत्साहन और बढ़ावा देने की है, जो सभी नकारात्मक विचारों को हटाकर मनुष्य की एकाग्रता की शक्ति को बढ़ता है। संगीत वो वस्तु है जो हमारे सबसे प्रिय व्यक्ति के साथ की, सभी अच्छी यादों को पुनः याद करने में मदद करता है। इसकी कोई सीमा, बाधा और नियम निर्देशिका नहीं है; इसे तो केवल लगन और श्रद्धा के साथ सुनने की आवश्यकता है। जब भी हम संगीत सुनते हैं, यह हृदय और मस्तिष्क में बहुत अच्छी भावना लाता है, जो हमें हमारी आत्मा से जोड़ती है। यहीं जुड़ाव भगवान की सर्व शक्ति होता है। संगीत के बारे में किसी ने सही कहा है कि; "संगीत की कोई सीमा नहीं है, यह तो सभी सीमाओं से परे है।" और "संगीत जीवन में और जीवन संगीत में निहित है।" इससे प्रभावित होकर, मैंने भी संगीत और गिटार बजाना सीखना शुरू कर दिया है और यही आशा है कि, एक दिन बहुत अच्छा संगीतज्ञ बनूँगा।

### जीवन में संगीत का महत्व

संगीत में काफी शक्ति होती है यह लोगों के मन में कई तरीके से जगह बनाता है। जहां ये काम को बना सकता है वह बिगाड़ भी सकता है। संगीत के सबके जीवन पर बहुत ही गहरा असर पड़ता है मनुष्य से लेकर पेड़-पौधे, जीव-जंतु आदि। वैज्ञानिक ने यह सिद्ध कर दिया है कि संगीत के जरिये रोगों का उपचार भली-भांति किया जा सकता है। नेत्र रोग और हृदय रोग के उपचार में इसका प्रयोग बहुत सफल रहा है संगीत के स्वरों से पाचन सम्बंधित बीमारियों का उपचार भी किया जाता है जैसे-जैसे मनुष्य संगीत की स्वर लहरों में खोता चला जाता है, उसका ध्यान सब बातों से हट जाता है और वह सुकून महसूस करने लगता है। संगीत योग की तरह है। यह हमें खुश रखता है और हमारे शरीर में हार्मोनल संतुलन को भी बनाये रखता है। इसके साथ ही यह शरीर व मस्तिष्क को राहत देने का भी कार्य करता है। जिसके कारण यह शारीरिक और मानसिक रूप से हमारे शरीर को स्वस्थ बनाये रखने में हमारी सहायता करता है। यह हमें मोटापे तथा मानसिक समस्याओं से भी बचाने का कार्य करता है। मैं संगीत बहुत पसंद करता हूँ और हर सुबह संगीत सुनना मुझे काफी पसंद है। संगीत हमारे हृदय के लिए भी काफी महत्वपूर्ण है और यह एक अच्छी नींद प्राप्त करने में भी हमारी सहायता करता है।

पीयूष विश्वकर्मा  
बी.ए. (टीटीएम)

# आजादी का अमृत महोत्सव

आओ सब मिलकर झूमें जाएं  
आजादी का अमृत महोत्सव मनाएं

हमारे देश भारत को बड़े ही संघर्ष के बाद 15 अगस्त 1947 को आजादी मिली थी। देश को यह आजादी इतनी आसानी से नहीं मिली थी। असंख्य देशप्रेमियों के बलिदान के बाद हमें आजादी नसीब हुई थी। अतः यह आजादी सभी देशवासियों के लिये बहुमूल्य है। इसी बहुमूल्य आजादी के वर्षों के जश्न का नाम है "आजादी का अमृत महोत्सव" देशभर में यह जश्न एक उत्सव की भांति मनाया जा रहा है।

आजादी के अमृत महोत्सव की शुरुवात

15 अगस्त 2022 को आजादी का 75 वां वर्ष पूर्व हुआ। अतः 75 सप्ताह पूर्व ही आजादी का अमृत महोत्सव शुरू हो चुका है। इस महोत्सव के लिये हर राज्य अपने-अपने स्तर पर तैयारियां कर रहा है। हम सभी जानते हैं कि 12 मार्च 1930 को राष्ट्रपिता महात्मा गांधी ने नमक सत्याग्रह ही शुरुवात की थी। 2021 में नमक सत्याग्रह के 91 वर्ष पूर्व होने पर प्रधानमंत्री श्री नरेन्द्र मोदी ने साबरमती आश्रम से अमृत महोत्सव की शुरुवात पदयात्रा को हरी झंडी दिखाकर की, इस महोत्सव के कार्यक्रम वर्ष 2023 तक चलेंगे। आजादी के अमृत महोत्सव का उद्देश्य आजादी का अमृत महोत्सव मनाने का उद्देश्य लोगों को स्वतंत्रता सेनानियों के बलिदान और त्याग के बारे में जानकारी देना है। हमारे इतिहास में बहुत से ऐसे स्वतंत्रता सेनानी हुए जिन्होंने देश पर जान न्योछावर की, परन्तु हम कुछ ही के नाम जानते हैं। इस महोत्सव के जरिये देश उन गुमनाम नायकों को ढूँढकर उनकी वीरगाथाएं सबके सामने लाएगा।

आजादी का अमृत महोत्सव

आजादी के अमृत महोत्सव के दौरान बीत 75 साल पर विचार, 75 साल पर उपलब्धियों, पर एक्शन और 75 पर संकल्प शामिल है। जो स्वतंत्र भारत के सपनों को साकार करने के लिये आगे बढ़ने की प्रेरणा देंगे। इस आयोजन के माध्यम से 'वोकल फॉर लोकल अभियान' को बढ़ावा देने की कोशिश की जा रही है। देश भर में 75 सप्ताह स्वतंत्रता संग्राम से जुड़े विभिन्न कार्यक्रमों का आयोजन किया जाएगा। जिसके जरिए देशभक्ति का संदेश देने और भारतीय संस्कृति की झलक दिखाने की कोशिश की जाएगी। पीएम मोदी के अनुसार, आजादी का अमृत महोत्सव यानी आजादी की ऊर्जा का अमृत, आजादी का अमृत महोत्सव यानी वीर सेनानियों से प्रेरणाओं का अमृत, आजादी का अमृत महोत्सव यानी नए विचारों का अमृत नए संकल्पों का अमृत, आजादी का अमृत महोत्सव यानी आत्मनिर्भरता का अमृत।

आजादी के अमृत महोत्सव का महत्व

आजादी का अमृत महोत्सव प्रत्येक देशवासी के लिये महत्वपूर्ण है, क्योंकि इसके माध्यम से हम भविष्य पर निगाह रखत हुये देश की आजादी के संघर्ष के गौरवशाली इतिहास को भी याद रखेंगे। इस महोत्सव ने हमें अवसर दिया है कि हम देशवासी अपनी कमजोरियों को जानें व उनका आकलन करें मगर उनसे लज्जित न हो। आत्मसम्मान के साथ आगे बढ़ें। भारत के पास गर्व करने के लिये अथाह भंडार है, समृद्ध इतिहास है, चेतनामय सांस्कृतिक विरासत है जो हमें ऊंची उड़ान भरने के लिये शक्तिशाली पंख देती है। इसीलिये यह आशा की जा सकती है कि यह महोत्सव नई पीढ़ी में लोकतांत्रिक संस्थाओं के प्रति सम्मान पैदा करगा और उनमें आजादी पाने के लिये दिए गए बलिदानों की स्मृति जगाते हुए एक आदर्श समाज की रचना क प्रेरणा देगा।

आज देश में निराशाओं के बीच आशाओं के दीप जलने लगे हैं। एक नई संस्कृति करवट ले रही है। नये राजनीतिक मूल्यों और नये विचार लिये हुये आजाद मुल्क की एक ऐसी गाथा लिखी जा रही है। जिसके फलस्वरूप देश सशक्त होने लगा है, केवल भीतरी परिवेश में बल्कि दुनिया की नजरों में भारत अपनी एक स्वतंत्र पहचान लेकर उपस्थित है। अगर देश इसी प्रकार अपनी सांस्कृतिक पहचान को साथ लिये आधुनिकता की राह पर आगे बढ़ता रहा तो अवश्य ही एक दिन भारत विश्वगुरु महा बनकर महाशक्ति के रूप में खड़ा होगा। सोने की चिडिया कहे जाने वाले हमारे देश भारत का इतिहास भी स्वर्णिम है। हम भाग्यशाली हैं, जो हमें इस महोत्सव के माध्यम से इसे जानने का मौका मिला। हमें इसे गवाना नहीं चाहिये। इस सभी देशवासियों को इस अमृत महोत्सव में भागीदारी सुनिश्चित कर जनसहयोग करना चाहिये। जब जन-जन की भागीदारी होगी तभी सरकार का अभियान सफल हो पाएगा।

"आजादी का अमृत महोत्सव हम सबो मिलकर मनाना है,  
जन-जन की भागीदारी से अभियान सफल बनाना है "

चित्रांश सक्सेना  
बी. टेक

किसी भी देश का भविष्य तभी उज्ज्वल होता है, जब वह अपने पिछले अनुभवों और विरासत के गौरव के साथ पल-पल जुड़ा रहता है। हम सभी जानते हैं कि भारत के पास उक समूह ऐतिहासिक चेतना और सांस्कृतिक विरासत का अथाह भंडार है। जिस पर हमें गर्व होना चाहिये। इस ऐतिहासिक, सांस्कृतिक, राष्ट्रीय चेतना को भारत के घर-घर पहुँचाने के लिये, प्रधानमंत्री श्री नरेन्द्र मोदी जी ने अहमदाबाद, गुजरात में साबरमती आश्रम से एक पदयात्रा (स्वतंत्रता मार्च) को हरी झंडी दिखाकर स्वतंत्रता की 75 वीं वर्षगांठ के लिये समर्पित 'आजादी का अमृत महोत्सव' कार्यक्रम का उद्घाटन किया। आजादी का अमृत महोत्सव 15 अगस्त 2022 से 45 सप्ताह पहले शुरू हुआ था और 15 अगस्त 2023 तक चलेगा। आजादी के अमृत महोत्सव का अर्थ होता है स्वतंत्रता सेनानियों से प्राप्त प्रेरणा का अमृत, स्वतंत्रता का अमृत अर्थात् नए विचारों का अमृत, नए संकल्पों का अमृत, यह एक ऐसा पर्व है जिसमें भारत आत्मनिर्भर होने का संकल्प लेता है। भारत के प्रधानमंत्री द्वारा 12 मार्च 2021 को 'भारत की आजादी का अमृत महोत्सव' पहल की घोषणा की गई थी। इस पहल को शुरु करने के पीछे का विचार युवा पीढ़ी की स्वतंत्रता सेनानियों के बलिदान के प्रति जागरूक करना, और उन्हें श्रद्धांजलि देना है। यह पहल उन्हें इन महापुरुषों के सपनों को जानने में मदद करेगी जिन्होंने न केवल आजादी के लिये लड़ाई लड़ी बल्कि इसके लिये अपने बहुमूल्य जीवन का बलिदान भी दिया। यह महोत्सव भारत के उन सभी स्वतंत्रता सेनानियों को समर्पित है, जिन्होंने भारत को अंग्रेजों से मुक्त कराने में महत्वपूर्ण भूमिका निभायी है। आजादी का अमृत महोत्सव स्वतंत्रता सेनानियों को समर्पित है, जिन्होंने राष्ट्र की स्वतंत्रता और स्वावलंबन का पाठ पढ़ाया। भारत बहुत लंबे समय तक विदेशियों के हाथो पीड़ित रहा। नागरिकों को विदेशियों द्वारा दिये गये आदेशों के अनुसार कार्य करना होता था, इन सेनानियों का ध्यान हमेशा स्वाधीनता और स्वतंत्रता के इर्द-गिर्द घूमता था। हर गुजरते दिन के साथ इनकी इच्छा, लड़ाई के लिये आत्मविश्वास में बदल गई। स्वतंत्रता के लक्ष्य को प्राप्त करने के लिये भारत द्वारा शुरु किये गये कई आंदोलन थे, जिनमें से कुछ प्रभावोत्पादक थे जबकि अन्य नहीं थे। मुक्ति आंदोलन के लिये कई भारतीय मारे गये जिनमें से कुछ अत्यंत युवा थे, इसके बावजूद उनहोंने विरोधी को कड़ी चुनौती दी और अंतिम सांस तक उनका सामना किया। अंततः भारत ने स्वतंत्रता प्राप्त की, और एक स्वतंत्र भारत के लिये नींव स्थापित की, इन सभी बलिदानों के पश्चात, आज भारत एक परमाणु शक्ति होने साथ ही बड़ी सैन्य शक्ति भी है यही नहीं चांद और मंगल पर मानव रहित मिशन भेजने वाले 5 देशों की सूची में भारत का भी नाम शामिल है, जो कि हर भारतवासी लोगों के लिये गर्व की बात है। साथ ही भारत ही एक मात्र ऐसा देश है जिसने बहुत कम खर्चों में मंगल मिशन के पहली बार में ही सफल बनाया। बात की जाये उत्पादन की तो इस क्षेत्र में भारत ने कई देशों को पीछे छोड़ दिया है। हाल ही में भारत ब्रिटेन को पछाड़कर अर्थव्यवस्था के क्षेत्र में पाचवां स्थान प्राप्त किया है। आजादी के अमृत महोत्सव में भारत की आजादी की 75 वीं वर्षगांठ मनाने के लिये भारत सरकार द्वारा विभिन्न प्रकार के कार्यक्रम आयोजित किये जा रहे हैं। इस संबंध में भारत सरकार ने 259 सदस्यों की एक उच्च-स्तरीय समिति का गठन किया है और समिति के प्रमुख प्रधानमंत्री नरेन्द्र मोदी जी हैं। ऐसे अनगिनत गुमनाम स्वतंत्रता सेनानी हैं। जिन्होंने स्वतंत्र भारत की उपस्थिति के लिये अपने आराम जीवन का बलिदान दिया है। भारत सरकार ऐसे नायकों के जीवन चरित्र पर प्रकाश डालकर उनको श्रद्धांजलि अर्पित करने के उद्देश्य से देश के विकास, प्रगति में युवाओं की जागरूकता बढ़ाने हेतु आजादी का अमृत महोत्सव मना रही हैं। आजादी का अमृत महोत्सव देश में स्थानीय व्यापार और विनिर्माण को भी बढ़ावा देना चाहता है। ताकि भारत जल्द से जल्द आत्मनिर्भर बने। इस अभियान में हमारे देश की विभिन्न संस्कृतियों को जानने का मौका मिलेगा। विविधता में एकता भी आजादी के अमृत महोत्सव अभियान के उद्देश्यों में से एक है। यह हम सभी का सौभाग्य है कि हम स्वतंत्र भारत के प्रगति की नई ऊँचाईयों को छू रहा है। आज के स्वतंत्र भारत का नाम दुनिया में अग्रिम पंक्ति में लिखा हुआ है।

'आजादी का अमृत महोत्सव है भारत माँ के लालों का  
आजादी के मतवालों का, आजाद 75 सालों का।'

अनुराग शर्मा  
बी. टेक

आजादी वह शब्द है जो प्रत्येक भारतवासियों के रगों में खून बनकर दौड़ती है तथा सभी वीरों की याद दिलाती है लगभग 200 वर्षों तक हम सभी अंग्रेजों के गुलाम रहे हैं हमारे देश के वीरों, क्रान्तिकारियों तथा वीर सैनानियों ने अपने प्राणों तथा अपने परिवार की चिंता न करके सिर्फ भारत माँ को हम सब आजाद कैसे कराये। वीरों ने अनेक संघर्षों को झेलकर भारत माँ को आजाद कराया है।

लहू बहाकर वीरों ने भारत माँ को आजाद कराया,  
प्राण दे दिये अपने पर एकता का पाठ पढ़ाया।

भारत वह देश है जिसे प्राचीन समय में सोने की चिड़िया कहा जाता है। वास्तव में हमारा देश सोने की चिड़िया है। क्योंकि जिस तरह भारत ने पूरे विश्व में उड़ान भरकर नाम रोशन किया है।

‘तोड़ हुकूमत अंग्रेजों की, वीरों ने कदम बढ़ाया है  
भारत माँ के वीरों ने, माँ को आजाद कराया है’

जैसा कि हम सभी जानते हैं कि भारत पर 1757 से 1947 तक अंग्रेजों ने भारत के लोगों को अपना नौकर तथा भारत को अपना घर समझ लिया था। हमारे देश के महान वीरों ने अपने आप को भारत माता के चरणों में समर्पित कर दिया तथा देश को आजाद कराया। समय-समय पर अंग्रेजों ने कई हमले भी कराये। जैसे- साइमन कमीशन, जलियांवाला हत्याकाण्ड तथा बम-बारी आदि क्रियात्मक ऐसे कार्य किये जो कि बहुत ही दर्दनाक थे। भारत के वीरों जो कि अंग्रेज हुकूमत के खिलाफ थे वो सब अंग्रेजी हुकूमत को तोड़ना चाहते थे वो न कर पाये और भारत देश परातंत्र (गुलामी) की बेड़ियों में जकड़ा रहा। परन्तु कहा जाता है कि हर अंधेरी रात के बाद एक उजाला भी आता है उसी साहस के दम पर वीरों ने भारत माँ को आजाद कराया था।

‘जब-जब वीरों का सपना साकार हुआ  
तभी हमारा भारत देश आजाद हुआ’  
“ बलिदानों में वीरों ने देश को आजाद कराया,  
हे मातृभूमि के वीर सपूतों हम सब का तुम पर नाज है।”

अंशित धारीवाल  
बी. टेक

भारत विश्व का सबसे बड़ा लोकतांत्रिक देश है। भारत क्षेत्रफल की दृष्टि से विश्व का सातवाँ और जनसंख्या की दृष्टि से विश्व का दूसरा सबसे बड़ा देश है। 15 अगस्त 1947 को भारत ने अपने स्वतंत्रता सेनानियों के बदौलत अंग्रेजी से आजादी हासिल की थी। इस आजादी को कुछ नये देश के ढंग से मनाते हुये लोगों के अंदर देश के प्रति भावना को तीव्र करने के लिये भारत के प्रधानमंत्री श्री नरेन्द्र मोदी ने 12 मार्च 2021 को 2 साल तक आजादी का अमृत महोत्सव मनाने का ऐलान किया है। इसके तहत 15 अगस्त 2023 तक आजादी का अमृत महोत्सव अलग-अलग तरीके से मनाया जायेगा। आजादी का अमृत महोत्सव किसी भी पब्लिक एरिया में तिरंगा फहराने के लिये प्रेरित करता है। प्रधानमंत्री के निर्देशानुसार सरकार इस साल आजादी दिवस पर ‘हर घर तिरंगा’ फहराने के लिये प्रेरित कर रही है। इस महोत्सव में देश की संस्कृति को प्रदर्शित करने वाले सांस्कृतिक कार्यक्रम भी आयोजित किये। अमृत महोत्सव में चरखे के लोकल फॉर वोकल को बढ़ावा दिया गया।

आजादी के इस अमृत महोत्सव को मनाये जाने के कुछ कारण हैं। पहला यह है कि देश को स्वतंत्र करने के लिये जिन राष्ट्र सपूतों ने बलिदान दिया और बहुत कष्ट सहे। इन्हें याद करने का यह दिन है। तीसरा यह कि आजादी के 75 वर्ष पूरे हो गये हैं। इन कारणों से आजादी के अमृत महोत्सव के माध्यम से इन सभी लोगों को स्वतंत्रता और लोकतंत्र के सही-सही मायने बताने बहुत जरूरी है और साथ ही यह बताना भी जरूरी है कि इन 75 वर्षों में भारत ने क्या उपलब्धियाँ हासिल की हैं। वर्तमान समय में जो युवा पीढ़ी है जिनकी उम्र 10 से 35 वर्ष के बीच में है वह आजादी के संघर्ष और लोकतंत्र के महत्व को बेहतर ढंग से नहीं जानती है। कई विचारधारों में बटी यह पीढ़ी गुमराही के एक चौराहे पर खड़ी है। ऐसे में इसे अपने देश के इतिहास और वर्तमान से जोड़ना जरूरी है।

आजादी के अमृत महोत्सव को हर राज्य के मुख्यमंत्री बढ़ा-चढ़ाकर नेतृत्व कर रहे हैं। जिसमें सबसे पहले भारत के रक्षा मंत्री राजनाथ सिंह ने विभिन्न तरीके से अलग-अलग रक्षा विभागों का उद्घाटन किया। इसके अलावा राजनाथ सिंह के नेतृत्व में रक्षा की सभी वस्तुओं को अलग-अलग राज्य में प्रदर्शनी के लिये पहुँचाया गया। आजादी का महोत्सव किसी विशेष जाति धर्म अथवा राज्य नहीं बल्कि संपूर्ण भारत के लिये महत्वपूर्ण है।

सोने की चिड़िया कहे जाने वाले हमारे देश भारत का इतिहास भी स्वर्णिम है। हम भाग्यशाली हैं जो हमें इस महोत्सव के माध्यम से इसे जानने का मौका मिल रहा है। हमें इसे गवाना नहीं चाहिये। हम सभी देशवासियों को इस अमृत महोत्सव में भागीदारी सुनिश्चित कर जन-सहयोग करना चाहिए। जब जन-जन की भागीदारी हो जायेगी।

‘आजादी का अमृत महोत्सव हम सबको मिलकर मनाना है, जन-जन की भागीदारी से अभियान सफल बनाना है।’

आदर्श सिंह  
बी. टेक



# Sketch Art By IPSA Students



SPECIAL  
FEATURE



# Why I love IPSA

Success is not final, failure is not fatal, it is the courage to continue that counts  
Trekking in the sphere's of career front, It was then I found the IPS knowledge hub.

The mentors are the guide of my pathway, And my fellow mates being the co-travellers in the midway.

If you wish to bloom, to glow and to grow, IPS is a package of wholesome to know.

As a student enters Indore Professional Studies Academy, they have certain ambitions and expectations from the institution. I too had my own ideas and opinion about Indore Professional Studies Academy and I discussed it with the students of my own college and other colleges of IPSA too. IPSA aims to create professional manpower of the highest order for meeting the current and the future needs of the industry. It conducts extra co-curricular activities ,events, workshops to develop the personality of the students. It is also equipped with lab facilities. The library has fabulous collection of updated books and magazines to grasp up ample amount of knowledge. The mess and the canteen provides wide range of delicious pabulum. The transportation facilities does make the journey convenient. I was astonished to know the varied opinion about this college and this has given a complete distinct outlook to me and that's the prime reason that we all love IPSA.

IPS Academy, Institute of Engineering and Science, is not only a place where we go to learn as a student but also a place where we go to grow as the best person. This institute plays a vital role in shaping one's career. Teachers are the key persons who help to unlock the student's shyness, hesitation, etc., and thereby help to shape society. Here, all the faculty members have all the above qualities. This place also provides a very innovative environment, so we can understand the social problems as well as we can discuss its best and most innovative solutions. Overall, It looks like a dream College.

**Veetrag Nahar**

I always wanted my college life to be special. IPS academy gave me this chance to accomplish it. The faculties are so much helpful. The environment of the college is so nice and productive.

**Anmol Khushwa**

IPS Academy gave me the life I always wanted and dreamt of having. The faculties are so much helpful and they always are there for us. I really love my college.

**Amish Upadhya**

The experience of this college was good for after coming here I learned to handle the worst situation with poise and I liked my teachers, who always guided good and taught a lot not only about studies but also about life. I am going to remember these day.

**Tanisha,**

I am very lucky to study in IPS Academy. One of the most reputed college of Indore. One of the best thing of my college is that I get new experience every day. My teachers imparts not only academic knowledge but also shares ethical valves and imbibes morality that shapes our personality. College also organizes various events.

**Pooja Patidar, M.Sc.**

At IPS, It was indeed a great experience to be in such atmosphere where you get a whole lot of opportunities to learn and grow. Apart from learning atmosphere, the placement cell of IPS offers best placements, and not just placements , Proper training and guidance is given by the faculties, tests and workshops are also conducted which helped me a lot in getting placed at Byju's.

**Akshita Vyas M.Sc.**

College life is a mish mash of experience. The department of Chemistry. IPS Academy has always been known for its placements, seminars and technical sessions which has helped us a lot in getting placed in Byjus and upgrade. The Saturday activities conducted help us to keep our creative side on treacle. The Greenland and canteen are the places where we created many beautiful memories. IPS Academy has given us some everlasting memories .

**Bhavya I. Pillai, M.Sc.**

I am Nisha Rana pursuing Master's degree in chemistry from a well known, renowned institution IPS Academy. College is outstanding in every aspect and has a great infrastructural design, with well furnished labs, highly qualified and supporting teachers, enriched library a major center of attraction, It is the best place for overall development.

**Nisha Rana, M.Sc.**

IPS Academy gave me many new opportunities. Along with academic facilities. IPS Academy have a great Annual fest which helps to learn new things. Also with providing best classes, IPS Academy also provides best placements, as well.

**Sneha**

**Sathee**

During my graduation the college has prepared me with the finest academics and provided me a platform to convert my dreams into realities. The institute has helped me to instill discipline and I have developed a strong character in these 4 years. My overall experience till date has been amazing. "Obtaining a degree takes discipline and a will to succeed".

**Vastavi Gore, B. Pharmacy**

IPS Academy is a perfect place for discovering hidden talents in you. Here you can explore the wonders of life & always nurture your thoughts & imaginations. I adore every moment, lesson, friendship & especially the proficient teachers who are there for students 24\*7.

**Jay Maheshwari MBA**

The infrastructure of IPSA is adorable and well organized with efficient teaching facilities. The excellent faculties monitors us in every aspect, through their professional knowledge and experience with energy and enthusiasm. The friends I earned here are like gems. I enjoy studying with them. Classroom studies are very lively, interactive and informative and these are the precious moments of knowledge and enlightenment which I will always cherish.

**Sonu Rai, SOTT**

The college provides a vast arena of mastery and competence through their skillful faculties and their innovative way of teaching. B.A. Travel & Tourism over here provides the best exposure to outside world and its uniqueness through the expert faculties. The library offers a wide range of books, magazines and newspapers to gain maximum knowledge about the technical aspects of our study. Celebrations and opportunities to host and organize events has created many memories and experiences which will always be with me. I Love IPS.

**Mayank Sahu, SOTT**

Before admitting into this college I was just knowing that there is a field of fire technology and I was enthusiastic about it but as I got admission in IPS academy I got deep insight about this field and its importance and need in future. FT over here taught me various unknown things like types of fire, different means to extinguish it, practical performance with team and most important how to work in team and the power of teamwork. It has truly changed my perception towards fire technology and helped me to gather lot of experiences with fun and joy.

**Shivam Shukla, FT**

IES IPS Academy plays an important role in my life in gaining knowledge in IT field. It exposed me to vast arena of my field of choice and also in pursuing my graduation degree. The quality education provided over here trains us to face the competing world outside. The guidance and understanding provided by the faculties leads to the career development and facing the placement. I personally love the campus environment, the spacious design brings out a positive aura to the mind.

**Ashish Patidar, CSIT**

I am a CSE student and I believe that pursuing my course over here was a right decision. The quality of teaching is excellent and gives the detailed insight to every topic with its application and live examples. The faculty members motivate towards every practical project work which broadens our thinking capacity and leads to new ideas and innovations. The institute also provides a wide platform of opportunities by inviting many popular companies for placement such as Trilogy, Amazon, Infosys, etc.

**Abhiraj Bhargava, CSIT**

Pursuing my CSE over here has really opened the door to software world making my path clear and visible towards my career goal. Faculties are very supportive and skillful and sketch out different ways to make the student understand the topic. Moreover I'm availing the IPSA girls hostel facilities. The facilities and conveniences are really appreciable and hospitable, the mess is very adorable, clean and well maintained with excellent menu. The campus is very spacious with green environment filling the atmosphere with fresh air.

**Sneha Kumari, CSE**



The campus of IPS is well organized and spectacular , every department has maintained its standard and works towards providing the best to its students in their field of work and outside too. The professors are ever-ready to clear our countless doubts. The campus also provides a huge playground whereby various sports events are scheduled with full enthusiasm which brings the team spirit and leadership qualities with fun and enjoyment. That's why I LOVE IPS.

**Shivani Pathak, SOTT**

IPS Academy College of Pharmacy is the best college in my vision, the staff supports the students from academics to every activity and encourage them to participate in events and also to conduct webinars to spread awareness about various projects and workshops which leads to learning and understanding the world outside and thereby developing the skills in every respect. The environment brings a pleasant and calm feeling to mind. I 'm always going to remember my beautiful journey over here full of learning and joy.

**Ketkee Daur, B.Pharmacy**

A college is the place, where every individual could shape his/her lifestyle and develops the necessary technical and non-technical skills required to get a stand in front of the world. I love IPS a lot because all teachers are supportive and they use a variety of instructional strategies to address individual doubts and queries. They do appreciate students' strengths and help them to overcome their weaknesses as well. The institution makes sure that every student gets equal opportunity to learn and succeed. It has proved to be a hub of creative, varied, inspiring and determined young people.

**Kaustubh Wani, MCA**

The institute has brought me many remarkable changes on an individual level. The internship on water bodies, taught me how to interact with local people , to understand their worries and shape out the possible solution for them in collaboration with department of ministries. Also gained the detailed analysis on hydraulics in technical aspect. Here I got the opportunity to become an NCC Cadet where I learned to appreciate the value of time, teamwork, discipline and dedication towards duty, it gave me totally a new experience.

**Shatakshi Sharma, CE**

Pursuing my EC over here showed me the brighter future in EV technology, through exposure to electrical instruments and designing patterns in a group. The institute has worked as a platform for not only development in technical aspects but has inculcated in me how to stay focused on your goals with enjoyment in college life and some important moral life lessons. I learnt how to manage friendship in a healthy atmosphere and gathered many beautiful memories and experiences.

**Ashi Sharma, EEE**

Being aimed to become a data scientist from very beginning ,the institute has propelled me at my each step to progress . It helped me to develop skills through real world problems and in multidisciplinary projects .The healthy competition in events like science exhibition has not only sharpen the logical and technical thinking but also helped me to build communication and team spirit quality and made me realize the moral human ethics both in personal and professional aspects.

**Pallavi Yadav, CSE-IML**

These are the best days of my life,  
Where fun, frolic, and books are the realistic phyfe.  
It sieves refreshing realm of knowledge,  
And that is why I adore my college.

“Focus on what you want, but never forget to be grateful for what you already have as a strong and positive attitude creates more miracles than any other thing, because life is 10% how you make it and 90% how to take it.” A college is a platform one gets, to develop and bring out the best out of them. Its a stage which teaches to do what is right, not what is easy. It makes us believe in our caliber to turn dust into gold, where continuous hard work and dedication converts your dreams into reality. Here failure is the choreographer which teaches us to be determined like a mirror which never loses its ability to reflect even if it is broken into hundred pieces and accomplishments are applauses which are forced to kneel down in front of your performance.

**Compiled By - Merlin Jacob**

# Sports

'SOUND BODY, SOUND MIND' is our objective and we aspire to achieve this by setting up the state of the art and fully loaded sports arena. We realize that these days academic prestige is not enough for colleges to win accolades and hence active participation of our students in sports is one of our major concerns. In this era where students are using mobile and discerning more than ever, IPS offers a complete range of sports facilities for its students.

## SPORTS FACILITIES

- ☺ KARATE HALL
- ☺ YOGA ROOM
- ☺ VOLLEYBALL COURTS
- ☺ KABADDI GROUNDS
- ☺ KHO-KHO GROUNDS
- ☺ 400 METER ATHLETIC TRACK
- ☺ HORSE RIDING ARENA
- ☺ BASKETBALL HALL
- ☺ CHESS
- ☺ LAWN TENNIS COURTS
- ☺ FOOTBALL GROUND
- ☺ CRICKET GROUND
- ☺ SHOOTING RANGE
- ☺ SWIMMING POOL
- ☺ TABLE TENNIS HALL
- ☺ JUDO HALL
- ☺ GYMNASTIC HALL

Compiled by : Ajit Kumar Tiwari, BA TTM





The NSS/IPSSR Department is headed by Ms. Neha Sharma and it's a centralized department in IPS Academy. NSS stands for National Service Scheme and IPPSR denotes IPSians Social Responsibility. Our main objective is to inculcate Social and Moral values among volunteers, by involving them in various activities. Moreover, through our versatile initiatives we enhance social functioning and overall well-being of volunteers and community.

As a Social Worker I am developing "SENSE OF RESPONSIBILITY" in our volunteers, and simultaneously working on **3 Cs** Caring, Curing and Changing. Caring for the lives, Curing the health and Changing the habits of people.

MENSTRUAL HYGIENE AWARENESS CAMPAIGN  
AT VIJAYARAJE GOVT GIRLS HIGHER SECONDARY SCHOOL, UJJAIN



WOMEN EMPOWERMENT- STICHTING TRAINING TO  
UNDERPRIVILEGED WOMEN-TO STITCH DESIGNER CLOTHES,  
TO MAKE THEM SELF-SUFFICIENT



HAR GHAR TIRANGA ABHIYAN  
UNDER AZADI KA AMRIT MAHOTSAV



RAKHI MAKING WORKSHOP FOR UNDERPRIVILEGED  
FOLLOWED BY AN EXHIBITION



CORONA WARRIOR HONOR AND VOLUNTEERS AWARD CEREMONY





**The National Cadet Corps (Girls Wing) Senior Wing** was formed in the year 2013-14. The cadets are given basic military training in small arms and parades. The motto of NCC is "Unity and Discipline". The NCC is the only organization of its kind which imparts leadership, discipline, integration, adventure, military, physical and community development training. It exposes cadets to regimented way of life which is essential for including the value of discipline dutifulness, punctuality, good and correct work ethos and self-confidence.

**The aim of NCC is to develop qualities:**

- To provide a suitable environment to motivate the youth to take up a career in the Armed forces.
- To create a human resource of organized, trained and motivated youth, to provide leadership in all walks of life and be always available for the service of the Nation.
- To provide a suitable environment to motivate the youth to take up a career in the armed forces.

Besides 3 years prescribed essential training, camps 'B' and 'C' certificate examination (Conducted by Ministry of Defense) the cadets of Academy also participate in following social Service Community Development activities every year.

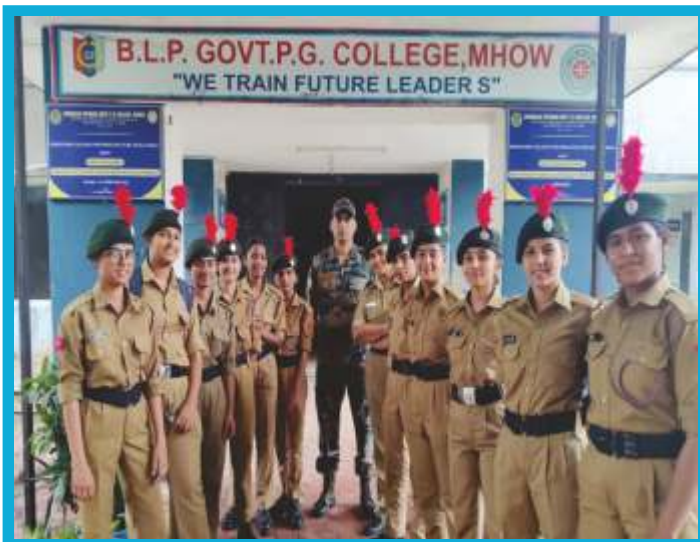
**DIFFERENT TYPES OF ACTIVITIES WERE PERFORMED HERE**



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CLEANING



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# Wellness Centre

IPSA, Indore established a wellness centre in the premises committed to ensure positive emotional and mental wellbeing of employees, staff and students. The objective behind establishing the wellness centre is an effort to create an understanding and tolerant community. Easy access to experts not only ensures protection against self-harm, and severe illness; it also offers assistance in reclaiming happiness in life.



Dr. Tapati Roy Yadav, practicing psychologist, psychometric profiler and counsellor is available for consultation on weekdays between 11am to 4 pm in room no. 11, central placement cell, IPSA.

As wellness counsellor I recognise five important statements each of us should practice in our daily life; not in saying but in action.

1. Greet your neighbour and know their whereabouts.
2. Feed someone who is hungry (sometimes they don't ask for help).
3. Educate someone who is not fortunate enough to afford a school.
4. Conduct awareness campaigns around your community and place of residence to educate people about financial, physical, mental and emotional health and hygiene.
5. Spread love, liveliness and smiles. Smiles are contagious.



**Dr. Tapati Roy Yadav**

**Developmental Therapist and Wellness Coach**



# E-Learning

India is fast moving ahead on the path of Digitalization. Digital Education is the key for digital evolution of the economy and society. The concept of digital learning is not new and has existed in various forms for many years, but when the COVID-19 pandemic suspended face-to-face teaching its significance increased manifold. Most educational institutions have been adopting digital education; IPS Academy also followed the trend. It has a well equipped E-Learning Department with an objective to enhance reach and accessibility of education beyond geography, demography, time zone and policy of organization, state or central. It intends to provide a learner a platform where s/he can get any and every possible learning content in the engaging format of video on demand. Audiences may sit anywhere and anytime and access the content at their own grasping and learning pace.

**The E-Learning Department has all the modern & advanced technological set ups as:**

GLASS BOARD STUDIO  
MOUNTED WITH ULTRA CLEAR TRANSPARENT GLASS



**CHROMA STUDIO:** Equipped with panoramic green background screen which allows transporting audience to any place you can dream up. With the full power of Augmented Reality, your online event will reach people the way you envisioned.



**GREEN BOARD STUDIO**



**WHITE BOARD STUDIO**

Department is well equipped with all the latest hardware & software for High Definition audio and video capturing. Department is continuously engaged in recording, editing and producing high quality video lectures enriched with animation and multimedia. Department has developed advance Video Conferencing Technology to connect students and faculty sitting miles apart. In just a short span of its existence department has a repository of bulk of content catering to the requirement of varied streams; Architecture, Commerce, Computers, Sciences, Engineering, Fine arts, Performing arts, Management ,Science, Humanities, Tourism, Education, Journalism,



Pharmacy etc. being run in the IPS Academy. Department has developed organization owned Cloud Server for storage, process, broadcast, live stream and sharing of E Learning Video content. IPSA is doing all possible efforts to prove itself as a leader in **Digital Education**. Inquisitive learners can showcase their creativity with the help of e-learning department.

**SUNDEEP GUPTA**

Director, E-learning Dept, IPS Academy, Indore



# Waste management

Waste management has grown in importance over the last few years on a global scale. The population is growing, and consumption patterns are evolving. Alarming environmental risks have emerged along with the increase in lifestyle. Poor waste management can have a major negative impact on both the environment and human health. Therefore, it is essential that individuals and organisations understand the significance of waste management. In this context the Institute has been taking several initiative towards waste management and mitigation including solid waste management, waste water treatment etc. The institute is working on the concept of zero waste policy. All the waste is being collected in the waste management zone, where plastic waste is sent to agglomeration plants to convert into granules. The biodegradable waste is sent to the composting unit. The institute has in-house sewage treatment plant for grey water treatment. Also there are automatic taps & toilet flushes in washrooms to reduce water wastage. Rain water-harvesting is also installed in the campus. The institute is also working on the green building concept. Taking everything into consideration, waste management is also important for public health. Harmful wastes can cause long term health problems, so it is very important that they are disposed of appropriately and carefully. It is important for our sustainable future.

**Dr. Rajesh Kumar Kaushal**  
Prof. & Head Chemical Engineering

## COMPOSTING UNIT



ORGANIC  
WASTE  
COMPOSTER



## AGGLOMERATER (POLYETHENE TO POLY-GRANULE UNIT) AGGLOMERATER AND POLY-GRANULE



## IPSian PRIDE

Two B.Tech. Undergrad students of IPS Academy, Institute of Engineering & Science from Mandsaur, **Akshit Choudhary and Shruti Mangal** started their own company in May 2020. They used to write blogs and earn through it. Sooner they realized that their skills can be turned into services for people. So they converted their website to a service providing company named '**Inspark Technologies**' under the parent company Inspark Ventures.

Akshit says, it was difficult to run the company when the whole world was facing a deadly pandemic. It was all possible because of their parents' support and teachers' guidance that they have come up to this stage where their company's turnover is good enough. Shruti added to Akshit's point that she never thought they would come this way long, instead of getting into a job they made themselves reach to a point where they give people opportunities to join them. 'I always treated it as a side hustle but it really turned out to be a full time dream come true project of my life.'

Inspark Ventures even funded 1.5 lakhs in a startup named 'Plant Set Grow' which was started by their juniors getting influenced by them. Their company focuses on developing new Entrepreneurial ventures and motivating students to be 'job givers rather than job seekers' and play a substantial role in Nation Building .They are working to develop businesses digitally to stand effectively in this rapid pacing competitive world.





# How IPSA Has Changed My Life

“Don't keep your dreams in your eyes, they may fall with tears. Keep them in your heart, so that every heartbeat reminds you to convert them into reality.” Excellence is never an accident; it is the result of high intention, sincere efforts, intelligent direction, skillful execution and the vision to see the obstacles as opportunities. IPSA family creates an ambience in which new ideas and creativity flourish. It aims to provide learning blended with excellence, to create leaders of tomorrow. “Success is the fruit of good ideas pursued with energy, intelligence, and determination.” Here are the proud alumni of IPSA family who under the leadership of CMC IPSA has shined like shooting stars and have radiated their light of success both at global and national level and earned accolades for the institute.

I joined IPS academy in the year 2017 as a raw paper passing out from school with a vision of getting great knowledge and self-improvement. The ultimate target any engineering student would aim for is a good company to start a career with and for this central placement cell helped us a lot. I was lucky enough to get a job in Maruti Suzuki India Limited. I am truly thankful to IPS academy and my mentors for molding me in the best version of myself.



**Sarthak Phanse (B.Tech)**  
Maruti Suzuki India Ltd.(2021)



**Bharat Sahu (B.Tech)**  
Prism Johnson Ltd. (2021)

My Name is Bharat Sahu. I am a 2021 graduate from IES IPS ACADEMY. I am glad to get placed in PRISM JOHNSON. I am really thankful to all my respective teachers and placement cell for their supportive and perseverance demeanor. The environment and platform provided by the institute has shaped my life and my journey in IPS, which ended up giving me placement in such a wonderful company.

I was a student of B.Sc (CS) at IPS ACADEMY INDORE. I got placed in Deloitte. It was always amazing to learn from the teachers here. It provided us with a platform to bring out our innovative ideas and cultivated the habit of learning both from success and failure. Great experience. Thanks to IPS Academy.



**Shivam Chaturvedi (B.Sc)**  
Deloitte (2021)



**Kalpit Agarwal (MBA)**  
S&P Global (2021)

I am Kalpit Agarwal, presently working with S&P GLOBAL. I feel proud to say that I was a student of IBMR, IPS ACADEMY, the college which made my dreams come true. The faculty members prove to be a combined package of knowledge and industry experience which helps students to acquire a complete skill set, which industries exactly look for in a graduate. I am glad and grateful to all my faculties, director who provided me full support during my academics and helped me with my present job placement. Proud to be an IPSIAN !!!

Mylan is one of the best pharmaceutical companies in Madhya Pradesh which has made many individuals realize their true potential, strengths and as well as their weaknesses. Regarding weaknesses, the company works to rectify them and reach a positive result to strongly build future candidates for the Pharmaceutical industry. I would really like to extend my heartfelt thanks to IPS Academy for such a wonderful placement. The institute has really shaped my life and career.



**Amit Arora (M.Sc)**  
Mylan (2021)



**Tarun Nagar (BBA)**  
Byju's (2021)

IPS Academy is a utopia to advance your skills, an acme of learning and the treasure of knowledge. The cordial staff puts a lot of effort into students, and the college events help to boost your confidence to shine out your hidden talent. However, the online mode was impromptu, but the college dealt with it very well and never let the learning stop. It was a journey with lifelong memories, whether it's about the professors, batchmates, or the pandemic life.

I am Kunal Kumar, student of IPS Academy Indore with specialization in Fire Technology and Safety Engineering. I got placed in Indian oil corporation limited. I am thankful to the IPS Academy for its support and motivation and never ending efforts at each and every stage of my college life. It boosted my courage and will power to transform my dreams into reality.



**Kunal Kumar (B.Tech)**  
Indian Oil (2022)



**Vipul Rana (B.Tech)**  
Value Lab (2022)

Value Labs is a very nice company, more like a family. Work culture is very good. I will recommend it to my juniors. A great place to learn and develop skills. I'm very thankful to the placement cell & IPS Academy for this awesome placement and their priceless efforts which made me reach at this level.



It was totally a different feeling from the day I came to IPS Academy and when I got placed ,from the beginning I wanted to be in the IT Sector and IPS Academy not only gave me the knowledge but also the exposure to the outside world. I've been placed in three Companies - MAKIN LABS -ACS SOLUTIONS - CAPGEMINI. "Enjoy the process ,don't worry about the results"....these were the words of one of my faculty Rajeev Sir, at the time of results which filled me with a level of confidence...I'm so thankful to all the teachers who always supported and guided me.

I am Prabhanshu Jain , M Tech Industrial Safety Engineering Student of batch 2022. I was also a B.Tech Student from IPS Academy. The overall environment at IPS Academy is Great and Supportive. I got campus placement from both B.Tech and M.Tech. This was all possible through the moral and knowledgeable guidance and support from my College & Faculty members from the department and the training provided by the Campus Placement cell. I extend my warm thanks for their immense support and knowledgeable guidance.

The seminars and drills arranged were proved to be very helpful as they enhanced my skills further. The GD and interview preparation was up to the mark.They also assisted me in case of any doubts regarding recruitment and selection process. I thank them for their innumerable support and help.

It has indeed been a delightful experience to have been a part of IBMR, IPS Academy family which has furnished the exact academic and corporate exposure required to establish myself as a corporate professional. I owe it to the placement cell for putting forth the best opportunities for us. I was fortunate enough to get selected in Accenture, S&P Global and Allstate through this platform. My heartfelt gratitude to all the members of the placement cell who supported me in all my ups and downs during my placement.

My overall experience in college has been amazing, it has provided me with numerous opportunities to grow and explore my skills. My sincere appreciation & gratitude to the all staff of IPS Academy ,college of pharmacy, Indore. My teachers provided me with all the aids and materials which were needed for study even during pandemic . I'm also grateful to all my seniors, juniors and my colleagues for making my journey beautiful and remarkable.



**Yashika Shukla (B.Sc)**  
ACS Solutions (2022)



**Vanshika Patel (B.Sc)**  
(2022)



**Prabhanshu Jain (M.Tech)**  
L&T Limited (2022)



**Karishma More (MCA)**  
Capgemini (2022)



**Ujjawal Gour (B.Com)**  
All state (2022)



**Rishita Gangrade (BCA)**  
ICICI Bank (2022)



**Jayati Pitliya (MBA)**  
Accenture (2022)



**Pranav Mehta (B.Tech)**  
Coforge Ltd (2022)



**Sakshi Jain (B.Pharma)**  
Annova Solutions (2022)



**Ritika Jain (B.Tech)**  
Hexaware Technologies (2022)

It was an immense pleasure to be a part of the IPS Academy which made us achieve our goals and to bring out our best. I adore the way teachers assist us at every junction of our journey. It was a door to a ample opportunities that benefited us in one or another way. Glad to be there !

Hi, I am Karishma More from School of Computer IPS Academy (Integrated MCA final year). I want to thank my faculty members and placement cell for helping and guiding me during the placement process for a splendid software development company i.e. Capgemini. The faculty members are considerate and supportive , as they were always available and responded to all the queries positively.

"My experience at the Institute of professional studies IPSA is great and memorable. The mentors at IPSA helped me to enhance my academics and interpersonal skills. I'm thankful to them for providing me with a platform to shine out my skills and an opportunity to showcase them. I would like to say that "The World is here at IPSA."

IPSA played a very important role in kick starting my career in a MNC .The institute provided me with numerous opportunities to interact with industry personnel to get the detailed idea about various sectors ,also a lot of classes were arranged by the institute to enhance technical skills. I feel glad that I chose IES IPS ACADEMY and feel privileged to be an alumni of IPS A C A D E M Y .

My overall experience of working at Hexaware is one of the best I've ever had. Excellent people and culture, treats you like a family. Good company for freshers , friendly environment. Good Place to learn. For beginners it is a great place to work as there is a lot of learning curve. The placement has really shaped my life and built me in a new version of myself. Thank you IPS Academy for the placement opportunities you provide to your students !!!!

I got placed in "Dr. Reddy's Laboratories" & "Collabera Services". I am really thankful to the college for supporting and delivering the opportunities to develop at every stage. The faculties were supportive and updated us with enough and relevant notice regarding every placement drive. I am grateful to have been associated with IPS Academy.



**Soumya Bhatnagar (MBA)**  
Dr. Reddy's Lab (2022)



**Sankalp Pathak (M.Sc)**  
Byju's (2022)

During my journey as a student, IPS Academy has provided me with solidarity, hope and valuable learning. Launching myself into my expected oblivion I got successfully placed as an Academic Specialist at Byju's . All thanks to the hard working management , supportive placement officials and the great environment at I P S A c a d e m y .

I am very thankful to IPS ACADEMY for this wonderful opportunity. I am recognized as an IPS student during selection procedure and interview, and while interviewing, my studies and placement training from IPS academy helped me a lot in shaping my personality and attitude. It has showed me the direction to transform my dreams into reality.



**Mahesh Patel (M.Sc)**  
Symbiotec Pharma (2022)



**Rahul Thakre (B.Tech)**  
Perfect House Pvt. Ltd.(2022)

"Thank you IPSA family for being so helpful, supportive and friendly throughout this placement. I really had a fantastic time and learnt so much along the way. The things that I have learnt will be invaluable to my future career forever. Thankyou IPS Academy Indore!!!

My sincere appreciation & gratitude to all the staff of IPS Academy. I got placed in HDB Financial Services & ICICI Bank. I am blissful to have such a college for supporting and providing us with the opportunities to learn. I owe it to the institute for putting forward the best opportunities to learn and grow for the students.



**Shivendra Singh (MBA)**  
HDB Financial Services (2022)



**Shriya Vijayvargiya**  
BFA, MFA (SOFA) (2021)

I'm very thankful to all the IPSA family ( specially the faculty members of SOFA) for their continuous efforts and support for shaping my career. IPSA has provided me with a wonderful environment and opportunity to learn and grow. The knowledge that I got from here will stay with me forever. Whatever I'm today is because of this wonderful family. Currently I'm an Art Curator and In-house artist at Art Culture Festival, New Delhi.

I still remember the first day of my college . My eyes were full of dreams, to become an illustrator. IPS Academy was my first choice to start my new phase of life, hence proving to me that I made the right choice. Here I am painting a new world of my own dreams, aiding my company to get a visual identity. Thanks to SOFA , IPS Academy ,Indore and the faculty for guiding me throughout the journey. I will always be indebted to you for helping me realize my potential.



**Suchita Pandey**  
Marketing Designer  
Supersourcing



**Srishti Khanna,**  
Design Lead Supersourcing  
(Formerly known as Engineer Babu)

I have completed my graduation and post graduation from School of Fine Arts, IPS Academy Indore. It's a place where you get new learning every day. The annual fest/exhibitions - 'Stuti' & 'Vayaam' conducted by the institute is prominent all over the district. The college provides all those essential and important life skills along with core knowledge which not just secures the future but also puts you at a respectable place in the future to face the society , which makes me say, "I am proud to be a part of School of Fine Arts, IPS Academy."

"IMAGINE with all your mind. BELIEVE with all your heart. ACHIEVE with all your might and live your life in such a way that even after the curtains fall down the applause doesn't stop." Performance always comes from passion and not from pressure. Be passionate, love what you do and do what you love because success in life means when your signature becomes your autograph.



# Radio IPSA 91.2 FM

Voice of People

Radio IPSA is a Community Radio, it is an initiative by IPS Academy Indore, Madhya Pradesh. It has been started in the year 2022 with an objective to explore the community with the motto "Learn with Fun". It is a radio service, offering a third model of radio broadcasting in addition to commercial and public broadcasting. IPSA will provide the radio educational program which is full of educational content with innovative practices. Radio IPSA 91.2 FM has a vision to be the most heard radio station in Indore. Soon, It will become the most innovative Community radio station which will offers clutter free advertising and unique branding curative's that makes any brand stand different from competition. The main Objective of Radio IPSA is to promote awareness and education amongst the listener and to keep the listener updated with the current issues with a dose of edutainment. It is a Highly innovative community radio station which will gradually bring high engagement of the listeners.

Radio IPSA is voice of the local people and a place where local people produce and broadcast their own programs and participate in operating the station. We offer community space for people to meet and collaborate. It is extraordinarily fun and often life-changing. It typically leads to individual creativity and self-empowerment. Participants find it extraordinarily satisfying, not just to make radio in this unique fashion, but to also help transform community life.

**Dilip Awasthi**  
CEO





## Ph.D. Awardees for the session 2020-21 and 2021-22

RESEARCH SCHOLARS	TOPIC	UNIVERSITY	STREAM
Dr. Barkha Agrawal	Impact of Cause Related Marketing Initiatives on Consumer Behavior with Special Reference to FMCG Companies	DAVV, INDORE	Management
Dr. Nidhi Jhavar	An Evaluation of Effective Digital Services Offered by Government of Madhya Pradesh	DAVV, INDORE	Management
Dr. Amit Chandak	Impact of Supply Chain Strategy and Flexibility on Supply Chain Performance in Indian Automobile Industry	SGVU, JAIPUR	Mechanical Engineering
Dr. Jolly Sushma	A Strategic Study of Pricing Models in derivative Marketing	DAVV, INDORE	Management
Dr. Pallabi Mukherjee	Trade Liberalization and its Impact on Indian Economy	DAVV, INDORE	Management
Dr. Gagan Prakash	Customer Retention Strategy in Hotel Industry	DAVV, INDORE	Management
Dr. Naziya Hussain	Design and Development of Mobility Models Based Attack Resilient and Efficient Protocol for vehicular ad-hoc network	RTU, Bhopal	Computer Science & Engineering
Dr. Prateek Nahar	Study of Soft Computing Techniques for Biometric Authentication	DAVV, INDORE	Computer Science & Engineering
Dr. Ashish Nim	Development of Sustainable Walling Materials Using Iron and Steel Industry	OU, INDORE	Civil Engineering
Dr. Neeraj Shrivastava	Efficient Selection Methods for Seeded Region Growing on Various Data Sets	MANIT, BHOPAL	Computer Science & Engineering
Dr. Shamal Sen	Treatment of textile dyeing effluent using electro coagulation followed by adsorption	NIT, RAIPUR	Chemical Engineering Department
Dr. Ranjana Choudhary	A DFT-assistance mechanics of few reactions	DAVV, INDORE	Chemistry
Dr. Preeti Vyas	Hindi Yatra Vritant ki Pampara Aur Aacharya kaka kalelkar	DAVV, INDORE	Humanities
Dr. Nitin Kumar Jain	Energy Efficient Relay Selection Scheme for Cooperative Wireless Sensor Network using Soft Computing Techniques	D.A.V.V, INDORE	Electronics & Instrumentation
Dr. Ritu Mishra	"A Study of Effect of Social Intelligence and Emotional Intelligence on the work place behaviour	DAVV, INDORE	Management
Dr. Priyanka Yadav	A Study of Green Marketing and its Impact on Sales of goods in Indore	DAVV, INDORE	Management
Dr. Neha Shrivastava	Effect of Currency on Foreign Direct Investment	DAVV, INDORE	Management
Dr. Manita Saxena	Policy Framework for social transformation of Peri Urban Areas: A study of Indore	MANIT, BHOPAL	Department of Architecture
Dr. Upendra Bhadoriya	Design, Synthesis, Characterization & Biological Evaluation of Some New Pyrazoline Derivatives as Potential Cox Inhibitor."	RGPV, BHOPAL	Pharmaceutical Sciences.
Dr. Manish Sahajwani	Performance Analysis of Cooperative Communication in Nakagami-m Channel	RGPV, BHOPAL	Electrical and Electronics Engineering
Dr. Rachana Bairagi	Cinematographic Transformation of Select Literary Works: A Critical Study" (With Special Reference to Select Novels and Plays in Early 21st Century From 2000-2009)	DAVV, INDORE	Humanities
Dr. Nihit Jaiswal	Impact Of Electronic Word Of Mouth (ewom) On Purchase Decision Making: A Comparative Study Of High And Low Involvement Product With Special Reference To Electronic Goods In Indore Division	APJAKU, INDORE	Management
Dr. Mayank Sharma	Studies in X-Ray Absorption Fine Structure Spectra of Compounds & Complexes of Copper, Cobalt, Zirconium and Cadmium.	DAVV, INDORE	Department of Physics, ISR
Dr. Akansha Tripathi	A study of Information and Communication Technology on Women Empowerment of Rural areas of Indore District	DAVV, INDORE	MSW, ISR
Dr. Dilip Agore	Indore zile main vayda bazar ka ek vishleshan atmak adhyan (N.B.O.T. Indore ke vishesh sandarbh main.)	DAVV, INDORE	Commerce

# Placements Highlights

## IPS ACADEMY

### THE LEADER OF CAMPUS PLACEMENT

Central Placement Cell provides a launchpad for students to make it to the best organizations in their respective fields. The Biggest names in the corporate world visit the campus regularly, with enviable compensation offers.



#### KEY HIGHLIGHTS

HIGHEST PACKAGE ENGINEERING: 36.5 LPA

HIGHEST PACKAGE MBA: 21.8 LPA

HIGHEST PACKAGE UG: 12 LPA

AVERAGE SALARY PACKAGE 7.41 LPA

450 + Regular Recruiters Every year from various sectors like Engineering, Pharmacy, Petrochemical, IT, ITeS, Banking, FMCG, Edutech, Manufacturing, Insurance, Financial, Services, Hospitality, Consulting, Logistics, Telecommunication, Infrastructure, Retail, Oil & Gas and many more.

#### MAJOR BULK RECRUITERS

ICICI BANK 202

CAPGEMINI 84

WIPRO 96

TCS 78

HEXAWARE 76

ICICI SECURITIES 65

**360**  
Degree  
Industry  
Exposure

Mentoring  
Students  
in Shaping  
their  
Careers

#### NUMBER OF COMPANIES FROM VARIOUS SECTORS:

PSU-12 Pharma - Brands - 14 - Blue Chip - 132  
IT/ITeS - 115 - Bank - 13 - MNC - 52 - Core - 59  
NBFC - 32 - Service Industry - 59 - Consulting - 15

# Courses Offered at IPSA

**School of Architecture : B. Arch** (Affiliated to RGPV), **M. Arch**

**College of Commerce : B.Com** (with Elective Subjects)  
Economics/Computer Application/ Taxation/Foreign Trade

**B.Com** (Honors) - 4 Yrs.,

**M.Com** Accounting /Marketing Mgmt/ Taxation/ Financial Analysis & Control

**School of Computers : BCA, MCA, Integrated MCA**

**Institute of Economics & Research : BA** (Economics Hons.),  
**BBA** (FT), **Ph.D** (Economics),

**School of Education : B.Ed.** (2yrs-DAVV)

**Institute of Engineering & Science : B.Tech** (Chemical Engineering/ Civil Engineering/ Computer Science & Engineering/ Computer Science & Engineering (Data Science)/ Computer Science & Engineering (IOT)/ Computer Science & Engineering (Regional Language)/ Computer Science & Information Technology/ Computer Science & Engineering (Artificial Intelligence and Machine Learning)/ Electrical & Electronics Engineering/ Electronics and Communication Engineering/ Fire Technology & Safety Engineering/ Mechanical Engineering/ Agriculture Engineering/ Computer Science & Engineering (Internet of Things & Cyber Security Including Block Chain Technology), **ME/M.Tech** Chemical Engineering/ Construction Planning & Management/ Digital Communication Industrial Safety Engineering/ Power Electronics/ Robotics/ Structural Engg./ Data Science

**Institute of Fashion Technology :**

**B.Design** (Fashion Design) (4 Yrs. Degree), **P.G. Diploma In Fashion Designing & Marketing**

**College of Law : B.A.LL.B** (Hons.) (5 YDC), **B.B.A.LL.B** (Hons.) (5YDC)

**LL.B** (Hons.) (3YDC), **LL.M**

**Institute of Hotel Management : BHM & CT** (4Yrs.),  
**BBA** (Hotel Management)

**Institute of Business Management & Research : BBA**  
(Plain/Hospital Administration), **MBA** (Core/IB/FA/MM)  
**Ph.D.** (Management)

**College of Pharmacy : B.Pharm.**

**M.Pharm.** (Pharmaceutics/ Pharmacology/  
Quality Assurance)

**School of Fine Arts : BFA, MFA**

**School of Performing Art : BPA** (Vocal,  
Instrumental & Dance), **MPA**

**Institute of Science & Research : \*B.Sc.**  
(3Yrs.) - (Biotech, Chem., Comp. Sc.), (Life  
Sc. Chemistry, Biotech), (Comp. Sc, Physics,  
Maths), (Electronics, Physics, Maths),  
(Physics, Chem., Maths), (Horticulture,  
Botany, Seed Tech.)

**B.Lib.** (1yr), **\*As per NEP 2020 Students may opt following subjects as Major/ Minor**  
: Biotechnology/ Botany/ Chemistry/ Computer  
Science/ Horticulture/ Life Science/  
Mathematics/ Physics/ Seed Tech., **M.Sc.**  
(Physics/Maths), **M.Sc.**  
(Biotechnology/Microbiology), **M.Sc.**  
(Chemistry/Pharmaceutical Chemistry), **Ph.D.**  
**Programmes** (Physics, Chemistry, Biotech)

**School of Arts, Travel and Tourism : B.A.**  
(Tourism)

**School of Journalism & Mass  
Communication :**

**B.A./M.A.**(Mass Communication)

**B.Sc.**(Electronic Media)

**School of Social Science : M.S.W.**

## **IPS Academy, Sanwer**

(Mentor Inst. IPSA Indore)

- ▶ **BBA** (Plain / Foreign Trade),
- ▶ **MBA** (Core / Financial Administration/Marketing Management)
- ▶ **B.Com** (with Elective Subjects) Economics/ Comp. Appl./ Taxation
- ▶ **B.Com** (Honors) - 4 Yrs.,

**Institute of Business Management & Research, Sanwer  
Campus**, Ujjain-Indore Road, Barodiya Khan, Sanwer, MP  
453551, Call : +91 62626 04161, 62626 14161

## **IPS Academy, Jhabua**

(Mentor Inst. IPSA Indore)

- ▶ **BBA** (Plain), ▶ **BCA**, ▶ **B.Com** (with Elective Subjects) Economics / Comp. Appl., ▶ **B.Com** (Honors) - 4 Yrs.,
  - ▶ **B.Sc.\*** (PCM/ Comp. Sc./ Biology/ Biotechnology/Horticulture)
- \*As per NEP 2020 Students may opt following subjects as Major / Minor** : Biotechnology/ Botany/ Chemistry/  
Computer Science/ Horticulture/ Mathematics/ Physics/ Seed  
Technology

Bilidoz, Ranapur Road, Jhabua (M.P.) 457661, Call: 99263  
61161, 91110 94161, 91110 52161



# ACKNOWLEDGEMENT

We wish to express our heartfelt gratitude to the Management members of IPSA for their immense help and support in the task of giving MANTHAN 2022 a concrete shape.

Our special thanks to Rajesh Sir for his support and guidance at every step in the process of publication of the college magazine. We would like to thank the Directors Principals and Heads of various institutes of IPSA for their support and suggestions. Our special thanks to Dr. Sanjay Nagar, Registrar IPSA and Mr. Arun Mogre, HR IPSA without their support it would be difficult to complete this task.

We would be failing in our duty if we do not thank all the teaching & non-teaching staff. All of them helped in a number of ways to complete this work. Also no college magazine can be completed if students do not enrich it by their articles, poems, write ups etc.

We are grateful for all contributions. We have put in our best effort in the publication of this magazine; however, in case there are some errors we apologize for the same and request our esteemed readers to bring these mistakes to our notice for further improvement.

**Dr. Shalini Mathur**  
Advisor, College Magazine &  
Team - Manthan - 2022



# IPS ACADEMY

THE ALL TIME LEADER OF CAMPUS PLACEMENT

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